

## Connect Lifegroup Study- Sunday 14<sup>th</sup> March, 2021

There is an ancient tradition to perform a foot washing ceremony on Maundy Thursday. It is seen as a mandate from Jesus and, therefore is remembered by many churches in a ceremony the day before Good Friday.

Have you ever attended a foot washing ceremony? If so, what was the most powerful memory of the ceremony?

If not, what do you imagine such a ceremony would involve/ what emotions and encouragement do you imagine it would evoke?

### **Read John 13:1-17 together**

V3-5 Jesus knew who he was and what he was about.

See John 1:3-4 and Phil 2:6-8.

How does understanding who Jesus is, make this scene all the more powerful?

Vanessa suggested that it was precisely "because" Jesus knew who he was, that he was able to humble himself (both if foot washing and as he went to the cross).

Do you agree? Why? Why not?

Jesus, the King of Heaven, humbled himself to die on a cross because he believes you are worth it. How do you respond to that?

If we have such great value, what limits/prevents us from serving others as Jesus did?

What might that service look like?

Maybe, as a life group, you might choose to wash one another's feet or maybe you might plan to meet on Maundy Thursday to have a meal and wash one another's feet?

Finish by reading John 13:34-35 together.

Pray for one another.