

TRENDZ

GASTRO PUB

SHAREABLES

Items for the table

TRENDZ FRIES	\$9
(DILL SEASONED CRISPY FRIES W/ CHIPOTLE BBQ AIOLI)	
BBQ BEEF BRISKET NACHOS	\$16
(BLACK BEANS, CORN SALSA, JALAPENO, CHIPOTLE S.C)	
ONION RING TOWER	\$12
(HAND BREADED, W/ HONEY MUSTARD & RED-PEPPER AIOLI)	
TRENDZ HAND ROLLED SPRING ROLLS	\$15
(PORK, CARROTS, ONION, SPICE, HAND ROLLED WRAP)	
DOUBLE DUSTED CHICKEN WINGS	\$15
(MILD, HOT, CHIPOLTE BBQ, HONEY GARLIC, HONEY HOT, THAI)	
DUSTED CRISPY BAR CHIPS	\$10
(HAND CUT, SEASONED POTATOES W/ SPICY SOUR CREAM)	
BUFFALO CHICKEN BACON RANCH DIP	\$14
(BUFFALO CHICKEN, BACON, RANCH, CHEDDAR, GRILLED PITA)	

HAND HELDS

Served with a side

BBQ BEEF BRISKET SANDWICH	\$15
(HOUSEMADE SLAW, CHIPOTLE BBQ, PRETZEL BUN)	
BUFFALO CHICKEN SANDWICH	\$15
(BREADED, BACON, CHEESE, RANCH, LETTUCE & TOMATO)	
CHICKEN PARMESAN SANDWICH	\$15
(BREADED, SEASONED, PARMESAN, MOZZA, CHUTNEY, MARINARA)	
CHICKEN-AVOCADO CLUB SANDWICH	\$16
(BLACKENED, CANDIED BACON, ROASTED RED PEPPER MAYO)	
BACON CHIPOTLE SMOKEHOUSE BURGER	\$16
(BACON JAM, SEASONED CURLY FRIES, JALAPENO CHIPOTLE MAYO)	
CLASSIC DINER BURGER	\$14
(KETCHUP, MUSTARD, RELISH, CHEDDAR, PICKLE, LETTUCE & TOMATO)	
CRISPY CHICKEN TACOS	\$15
(CUCUMBER SLAW, CHEDDAR, CHIPOLTE, NACHO CHIPS)	
SPICY FISH TACOS	\$15
(MANGO CHUTNEY, CHIPOTLE, FLOUR TORTILLA)	

COMFORT FOOD

Served with a side

TRENDZ FISH & CHIPS	\$15
(2PCS HADDOCK, HAND CUT SEASONED FRIES, HOUSE TARTAR)	
STEAK FRITES	\$21
(6OZ STRIPLOIN, HANDCUT FRIES)	
TRENDZ BUTTERMILK CHICKEN FINGERS	\$15
(HAND BREADED, 4 PC, CHOICE OF SAUCE, W/ FRIES)	
SEAFOOD LINGUINE	\$22
(SCALLOPS, SHRIMP, MUSSELS, LOBSTER, CREAM, W/ TOAST)	
CHICKEN PARMESAN LINGUINE	\$19
(HAND BREADED, TOMATO CHUTNEY, BUTTER SAUCE W/ TOAST)	

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FLAT BREADS

PROSCIUTTO & ARUGULA	\$14
GARDEN VEGGIE	\$13
PEAR & GOAT CHEESE	\$14
NOVA SCOTIA STYLE GARLIC FINGERS	\$13

BOWLS & SALADS

AVOCADO & RICE POWER BOWL (BASMATI, AVOCADO, CARROT, CORN SALSA, BLACK BEANS, CHEDDAR)	\$12
THAI PEANUT BUTTER CHICKEN BOWL (PAD THAI STYLE BOWL ON RICE NOODLES)	\$17
STAYCATION SPRING SALAD (MIXED GREENS, FRUIT, NUTS, TOMATO, VINAIGRETTE)	\$11
KALE CAESAR SALAD (KALE, BACON, CROUTONS, PINE NUTS, HOUSE DRESSING)	\$11
N.S SEAFOOD CHOWDER (SCALLOPS, SHRIMP, LOBSTER, HADDOCK, MUSSELS, CREAM)	\$15
SOUP OF THE DAY (ASK YOUR SERVER FOR DAILY CHOICE)	\$8

CHEESY GOODNESS

CANDIED BRISKET MAC & CHEESE (CANDIED BEEF, CHEDDAR, PANKO, GREEN ONION)	\$16
LOBSTER MAC & CHEESE (LOBSTER, CHEDDAR, CREAM, CHIVES, PANKO)	\$18
BEEF BRISKET POUTINE (BRAISED BEEF, GARRISON BEER GRAVY, FRESH CURDS)	\$14
LOBSTER POUTINE (LOBSTER, CREAMY GRAVY, FRESH CURDS)	\$16

SWEET TOOTH

SHAREABLE
\$10

TRENDZ STICKY
TOFFEE PUDDING
TRIPLE CHOCOLATE
CHEESECAKE
WARM CARROT CAKE

DRINKS

PEPSI PRODUCTS \$2
TEA \$3
COFFEE \$3
MILK/JUICE \$3