

European Society for the Study of Tourette Syndrome

# 13<sup>th</sup> European Conference on Tourette Syndrome & tic disorders

ESSTS Virtual Meeting II

1-2 October 2021

## PROGRAMME

Friday, 1 October 2021  
10.00-13.00 CEST (parallel sessions)

**Behavioural Therapy Workshops (II) see separate programmes**

I. Workshop for **beginner** participants:  
[Per Andrén](#) and [Ewgeni Jakubovski](#)

II. Workshop for **advanced** participants: [Tara Murphy](#), [Charlotte Sanderson](#), [Zsanett Tárnok](#),  
[Jolande van de Griendt](#) and [Cara Verdellen](#)

(Alphabetical order)

14.00-16.00 CEST

**Plenary session on behavioural interventions for tics**

Moderated by [Cara Verdellen](#)

- Presentation of results of a randomized observer blind clinical trial to demonstrate the efficacy and safety of internet-delivered behavioural treatment for adults with tic disorders (ONLINE-TICS)

[Martina Haas](#), [Kirsten R. Müller-Vahl](#)

- Presentation of preliminary results of the ORBIT Trial

[Chris Hollis](#), [Charlotte Hall](#)

- Applying an established Exposure Response Prevention protocol for Young People with Tourette's syndrome in an intensive, group format: a UK feasibility study

[Maria Hadji-Michael](#), [Jane Gilmour](#), [Sophie Allen](#)

-Development of a Self-help Digital Intervention for Young People with Tourette Syndrome  
[Camilla Babbage](#)

- Discussion, Q & A

16.15-18.15 CEST

Patient associations meeting; Tics and Tourette Across the Globe (TTAG)


Saturday, 2 October 2021  
10.00-13.00 CEST


## Plenary session on functional, “Tourette-like” behaviours exacerbated by COVID-19 pandemic

Moderated by [Andrea Cavanna](#)

Introduction on this globally observed phenomenon  
by **Andrea Cavanna**

### Part I

 Compilation of FTB patients' clips diffused over social networks  
Prepared by **Natalia Szejko**

 ESSTS **survey** results  
“Evaluating frequency and clinical variability of functional tics and Tourette-like behaviours in Europe and all around the globe”  
Presented by **Natalia Szejko**

## Part II

### Case reports and discussion about underlying pathophysiology

**Tamara Pringsheim & Davide Martino (CANADA)** - Rapid onset of functional tic like behaviours in adults during the COVID-19 pandemic

**Seonaid Anderson (BELGIUM)** - Tics on TV - Tourette syndrome and the media: lived experiences

**Priya Devi Chakraborty (UK)** - Functional Presentations in a Tic Disorder Clinic

**Morvwen Duncan (UK)** - Mixed methods follow-up of children and young people following a diagnosis of functional tics: a prospective study

**Tammy Hedderly (UK)** - Atypical tic-like presentations during the COVID19 pandemic

**Nanette Mol Debes (DENMARK)** - Functional tics - experiences from Denmark

**Tara Murphy (UK)** - Tics in a remote setting

**Peter Nagy (HUNGARY)** - Atypical Tic Cases

**Theresa Paulus (GERMANY)** - Pandemic tic-like behaviours following social media consumption

**Kirsten R. Müller-Vahl (GERMANY)** - Stop that! It's not Tourette's but a new type of mass sociogenic illness

13.30-14.00 CEST

## Cannabis-based treatment in Tourette-Syndrome

Moderated by [Natalia Szejko](#)

- Results of the randomized double-blind placebo-controlled trial to demonstrate the efficacy and safety of nabiximols (Sativex®) in the treatment of adults with chronic tic disorders (CANNA-TICS)

[Kirsten R. Müller-Vahl](#)

14.00-14.30 CEST

## Epidemiological studies in Tourette syndrome

Moderated by [Danielle Cath](#)

Expert : [Lorena Fernández de la Cruz](#)

14.30-15.30 CEST

## Oral presentations from selected abstracts

### SESSION I

Moderated by [Nanette Mol Debes](#)

**-Essing Jana/ Ewgeni Jakubovski**

Premonitory urges reconsidered: urge location corresponds to tic location in patients with primary tic disorders

**-Brandt Valerie**

The relationship between premonitory urges and tics, comorbidities, quality of life, and treatment

**-Schubert Lina**

Inter-individual differences in urge-tic associations in Tourette syndrome

**-Houlgreave Mairi**

Detecting the functional anatomy of the urge-to-blink

**-Friedrich Julia**

Somatosensory perception-action binding in Tourette syndrome

**-Morand-Beaulieu Simon**

Brain mechanisms of cognitive control in youth with Tourette syndrome and attention deficit hyperactivity disorder: an EEG study

**-Loewenstern Yocheved**

Objective quantification of tic expression in Tourette syndrome patients

16.00-16.45 CEST

## EMTICS: Results from the large European Multicentre Tics in Children Study

Moderated by [Davide Martino](#)

Expert : [Pieter Hoekstra](#)

16.45-17.45 CEST

### Oral presentations from selected abstracts SESSION II

Moderated by [Renata Rizzo](#)

**-Szejko Natalia**

There is nothing Tourettic about the New York City subways” - representation of tics and Tourette syndrome in literature, cinema, and theatre.

**-Møller Agerbek Stina**

Sex Differences in Tourette Syndrome

**-Taylor Evangeline**

Pain and Pain Management in Tics and Tourette Syndrome

**-Keenan Lisa**

Tics and sleep: Qualitative insights from parents of children with Tourette syndrome

**-Beljaars Diana & Bervoets Jo**

An innovative person-centred research approach for Tourette's

**-Szejko Natalia**

Self-Injurious Behavior in Patients with Chronic Tic Disorders – new Insights and preliminary Validation of the Self-injurious Behaviour Scale (SIBS)

17.45-18.45 CEST

### Best papers on tics and TS 2020

Moderated by [Andreas Hartmann](#)

Expert : [Kevin Black](#)