Friday, 1 October 2021

10.00-13.00

Behavioural Therapy Workshop for advanced participants

In this advanced behaviour therapy workshop, we will update you on the soon-to-be-published new European Guidelines. We will explore a range of other topics which the more experienced practitioner may come across, such as adapting tic treatment for individuals with commonly co-occurring comorbidities. In addition, we also focus on functional tics - their presentation and treatment options.

Previous experience in the delivery of behavioural therapy for tics is necessary to profit the most from this advanced workshop.
Opening by the board & in memoriam of Kieron O’Connor

Summary of the 2021 ESSTS Guidelines for psychological interventions (pre-recorded)
Ewgeni Jakubovski (Germany) and Per Andrén (Sweden)

10:30-11:30 Comorbidities/complex cases
- Introduction – Charlotte Sanderson (UK)
- ADHD – Zsanett Tárnok (Hungary)
- OCD – Jolande van de Griendt (The Netherlands)
- ASD – Charlotte Sanderson & Tara Murphy (UK)

11:30-11:40 Break

11:40-13.00 Functional Tics
- Diagnostics – Cara Verdellen (The Netherlands)
- Group Work - Tara Murphy (UK)
- Treatment by hypnosis - Cara Verdellen (the Netherlands)
- Treatment by catalepsy - Jolande van de Griendt (the Netherlands)