

European Society for the Study of Tourette Syndrome

13th European Conference on Tourette Syndrome & tic disorders

ESSTS Virtual Meeting II

1-2 October 2021

Friday, 1 October 2021

10.00-13.00

Behavioural Therapy Workshop for **advanced** participants

(Alphabetical order)

[Tara Murphy](#), [Charlotte Sanderson](#), [Zsanett Tárnok](#), [Jolande van de Griendt](#) and [Cara Verdellen](#)

In this **advanced** behaviour therapy workshop, we will update you on the soon-to-be-published new European Guidelines. We will explore a range of other topics which the more experienced practitioner may come across, such as adapting tic treatment for individuals with commonly co-occurring comorbidities. In addition, we also focus on functional tics- their presentation and treatment options.

Previous experience in the delivery of behavioural therapy for tics is necessary to profit the most from this advanced workshop.

(programme continues below)



Workshop programme

Opening by the board & in memoriam of Kieron O'Connor

Summary of the 2021 ESSTS Guidelines for psychological interventions (pre-recorded)

Ewgeni Jakubovski (Germany) and Per Andrén (Sweden)

10:30-11:30 Comorbidities/ complex cases

- Introduction - Charlotte Sanderson (UK)
- ADHD - Zsanett Tárnok (Hungary)
- OCD - Jolande van de Griendt (The Netherlands)
- ASD - Charlotte Sanderson & Tara Murphy (UK)

11:30-11:40 Break

11:40-13.00 Functional Tics

- Diagnostics - Cara Verdellen (The Netherlands)
- Group Work - Tara Murphy (UK)
- Treatment by hypnosis - Cara Verdellen (the Netherlands)
- Treatment by catalepsy - Jolande van de Griendt (the Netherlands)