

McNary High School
Personal Data/Request for Recommendation

This form should be completed by the student and presented to the person being asked to write the recommendation. The person writing the recommendation needs at least two weeks advance notice. Please include a stamped addressed legal-size envelope if recommendation is to be mailed.

Student Name:

Due Date:

Address:

City:

State:

Zip:

Home Phone:

Cell Phone:

Birth date:

Age:

Birthplace:

Number of brothers and sisters and ages:

GPA:

Class Rank:

(Please include dates or grades)

Education:

School Activities:

Community Activities/Service:

Awards/Honors:

Work Experience:

Please list all honors and AP classes taken:

Future Plans:

Answer four or five of the following questions. Your response will assist the person writing the recommendation. Type your answers using your best writing skills. Attach extra pages as needed.

1. List two or three extracurricular activities in which you have participated that you have found to be most meaningful. Explain why each has been important to you.
2. Describe some of your educational, career, or personal goals.
3. List your three distinguishing, most admirable qualities. Explain each with several sentences. (Think about what aspects of yourself you would like to have stressed to colleges.)
4. What type of student are you? What academic settings or assignments make you thrive? What interests you most?
5. Please describe the single academic accomplishment (major paper, science project or experiment, artistic project or accomplishment) of which you are most proud, and tell why you take special pride in it.
6. Is there anything unusual about your family/cultural background, shared interest activities, travel, family size, crisis, etc. that has had a significant impact on your life.
7. Are there specific areas of information you would wish emphasized in the recommendation?