



# COVID Guidelines & Expectations for Fall 2020 Participants

- Players will be assigned to pods in which they will practice and scrimmage for the entirety of the fall season. Our goal is to organize the pods by school and age. Some pods may be co-ed, and some may have multiple age groups based on registration.
- All pods will be limited to 25 players, per updated State of Illinois guidelines announced on August 11<sup>th</sup>.
- Practices and scrimmages will be one hour in length with schedule TBD.
- All practices and scrimmages will take place at the Breen South Field Complex with the parking lot at the bus compound being used for all pickups and drop offs.
- The far east end of the parking lot at the bus compound will be used to pick up players finishing practices and/or scrimmages.
- The far west end of the parking lot at the bus compound will be used to drop off players.
- Players cannot be dropped off any sooner than five (5) minutes before their scheduled practice or scrimmage time.
- Volunteer coaches will be used to assist during practice and scrimmages within the pod.
- Coaches (refers to volunteer and professional from here on out in this note) will keep an accurate attendance for all players, coaches, and spectators that come to and participate in practices and/or scrimmages.
- Facial coverings will be worn by all coaches, families and their guests at all practices and scrimmages
- Spectators must always remain at least thirty (30) feet from the sideline, and will wear facial coverings while at the complex
- Coaches should always maintain six feet of distance between themselves and players
- Player masks are encouraged, but not required, while practicing and scrimmaging
- Participants should wear face covering whenever not actively participating in practices or scrimmages and be socially distanced on the sideline.
- Coaches will be given sanitizer. Players should sanitize hands before entering the field of play and when coming off the field at practice or scrimmages.
- All equipment should be sanitized prior to and at completion of practice and scrimmages. This includes but is not limited to goals, balls, cones, etc.
- Each player will use his or her own soccer ball during practices.
- Goalie must wear gloves
- During scrimmages, two soccer balls should be used. Exchanging the ball every ten (10) minutes and sanitizing is required.
- All ball retrieval by ANY individual should be with the foot...NO HANDS!



- If a player tests positive for Covid-19, his or her pod will be shut down for a minimum of fourteen (14) days. Pro-rated refunds or account credits will be issued for all players in the pod.
- If a player is exposed to Covid-19 outside of the pod, he or she must not practice or scrimmage for a period of seven (7) days without exhibiting symptoms of Covid-19. Pro-rated credits only will be issued for this player.
- Parents will notify the league office if a player tests positive at any time for COVID-19. Identity can be protected, but notification that a player has tested positive is expected if you become aware.
- No post-scrimmage handshake or celebrations
- No after scrimmage snacks/drinks



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