

TXR Policies

Policy	Minimum Age Policy
Approved Date	13 January 2021
Implementation Date	1 April 2021
Review Date	1 April 2023

Rationale

TXR Runners was established in 2012 as a running club specifically for adults. At the time the minimum age to join was 18. Over time this was lowered and the most recent policy, dating back to 2016, states that the minimum age is 14 years old.

In the years since, there are more and more children attending our sessions, and it is evident that the current policy has not been adhered to.

TXR Runners has reviewed this policy in order to ensure clarity among all members of TXR and also to ensure that from a legal, insurance and compliance point of view that the club has adequate policies, procedures and protections in place to ensure that young people are able to participate in our training sessions in a safe, and supportive environment.

Policy

The Minimum Age policy is that:

1. That membership of TXR, and participation in training is restricted to those who are 12 years old and have commenced secondary school.
2. Members between the ages of 12 and 15 years of age inclusive may participate in TXR training sessions on the provision that they have a responsible adult supervising. This primarily would be the parent or guardian or who they delegate responsibility to. This adult should have a direct line of vision to their child at all times.
 - a. At sessions that are social group runs where the training is not in a fixed location, this may mean that the supervising adult must also participate.
3. Members that are aged 16 or 17 years old may participate in TXR training sessions without active parent or guardian supervision. Prior to the member's first training session, the member and parent should introduce themselves to coach on duty.
4. Coaches or Run Leaders are not to be the primary supervising adult of children.
 - a. The exception is if the children are the Coach or Run Leader's own children.
5. For any members who are currently under the age of 12, they will be grandfathered into the policy and able to participate under the age of 12 on the provision that Point 2 of this policy is adhered to.
6. All coaches and run leaders will be required to obtain a WWCC or legislated alternative.