



To our dear clients and gymnasts,

Following the approval of the lockdown legislation in Parliament today we have received further clarification on these restrictions from British Gymnastics. We regret to inform you that from tomorrow, 5th November 2020, gymnastics clubs in England must cease in-person training until 2nd December 2020.

Anna's Gymnastics Academy will temporarily suspend in-person training and switch to an online-based class format for the duration of the lockdown.

As per our Terms and Conditions, if you choose not to pursue online classes, a written notification must be sent to the Club's email address coaches@annasgymnastics.com within 48 hours. On this occasion the Club will freeze membership fees. No monetary refund will be provided, however, the remaining pro-rata amount can be applied to the next available Session post resumption of face-to-face activities.

Please note that membership fees cannot be frozen if the Parent fails to send an email within 48 hours of this announcement. On this occasion, a 30-day class termination notice period will still apply for future Sessions (online or in-person). If notification is not received within 48 hours, your membership will remain active and you will be automatically moved to our online format until in-person classes are able to resume.

Upon our return to in-person training and depending on the circumstances (including updated guidance regarding social distancing) priority for our classes will be given to those gymnasts whose memberships and classes have remained active during the lockdown period. Spaces will then be allocated based on availability to those whose memberships were previously frozen.

While we are disappointed that we are not able to continue our training in-person, it is vital that we continue to prioritise physical and mental well-being of our gymnasts. I therefore encourage all of you to get involved in the online class format and continue to train during this period. Our online model will maintain our gymnasts' physical and technical preparation to support their continuous progression in the sport and sustain their general fitness during this period.

As part of our online training you will have access to the following features:

- Online classes with live coach feedback
- Skill tracking through the Parent Portal to monitor progress
- A list of online resources to help supplement training

We will keep you updated on any developments via emails and our social media channels.

Thank you for your continuous support during these strange times.

Stay well, be safe and we hope to see you soon!

Monika Vedrichkova

Founder and Head Coach, Anna's Gymnastics Academy