



# GAME GROWERS FILM DISCUSSION GUIDE





## FILM DISCUSSION GUIDE

Nike Game Growers offers 8th grade girls an opportunity to share their ideas on how to encourage more girls to play sports. This film showcases the journey of Season One Game Growers. Seventy-two girls with a common goal impacted and inspired over 2,500 girls nationwide.

**Estimated Time:** 40 - 45 mins total (including film, discussion and one activity)

**Discussion Considerations:** Create a safe and welcoming space. Include the full class, club, or team.

## DISCUSSION QUESTIONS

Below are suggested questions to guide the discussion after the film:

1. What is one thing you learned from the film?
2. What are your thoughts on the following quote?  
*“I wanted to be part of the generation that changed basketball for Gigi and her teammates; where being born female didn’t mean being born behind. Where greatness wasn’t divided by gender.”*  
– Sabrina Ionescu, New York Liberty
3. What are the benefits of playing sports for all people, and for girls in particular?
4. “By age 14, girls drop out of sports at twice the rate of boys.” Why do you think that is?
5. What are some of the barriers that deter girls from being active and playing sports?
6. What can you do to create an inclusive and supportive environment for girls in sports?
7. Are there other areas in which we (as a class/club/team) can support girls?

# ACTIVITIES

Below are suggested activities that can be done in-person or virtually with your class, club, or team.

## GAME GROWERS: CHALLENGE - SOLVED

**Materials:** paper, writing utensils, markers

**Directions:** Students will divide their paper in half, vertically. On the left side of the paper, students will draw a specific challenge that girls face in sports. On the right side of the paper, students will draw what that challenge looks like solved. Have students share their drawings with the group, and their reasoning behind choosing that specific challenge.

## GAME GROWERS: MADE TO PLAY

**Materials:** none

**Directions:** Students will work in pairs to create a two-minute movement activity that the whole group can participate in and requires no equipment. Each pair will lead their group in their movement activity. Examples of a movement activity include a workout, a dance, or game.

## GAME GROWERS: INSPIRATION BOARD

**Materials:** PowerPoint slide (or poster board)

**Directions:** Students will research and find inspiring quotes for females, from males or females. Students will add their quote to the PowerPoint slide to create an Inspiration Board. The PowerPoint slide can be saved, downloaded, and shared.

### Do more:

Go to [GameGrowers.com](http://GameGrowers.com); Share the film and discussion guide with other educators.

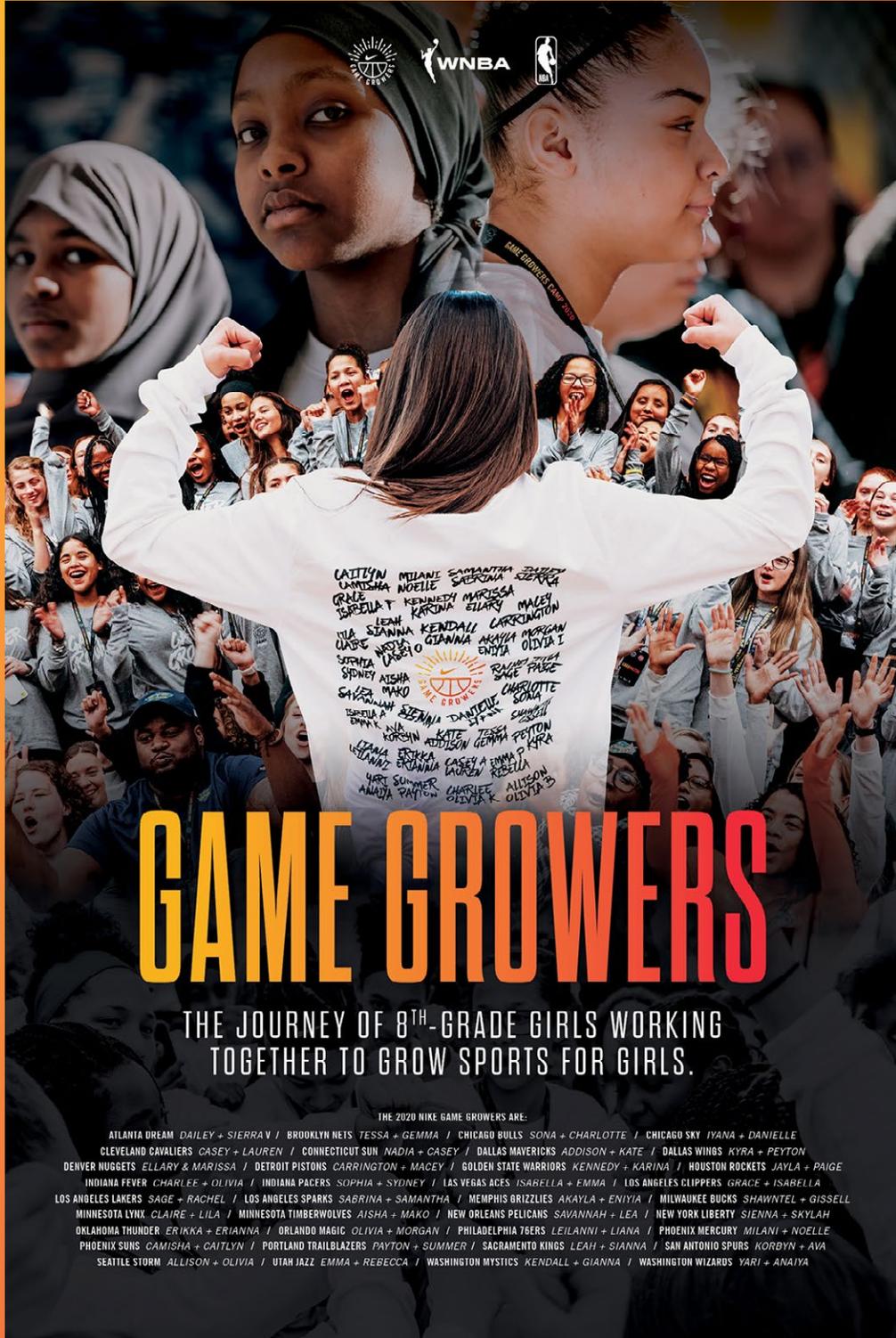
### Additional Resources:

[Coaching Girls Guide from Nike](https://www.nike.com/made-to-play): <https://www.nike.com/made-to-play>

[How to Coach Kids Resources](https://howtocoachkids.org): <https://howtocoachkids.org>

GIRLS WHO MOVE THE WORLD





# GAME GROWERS

THE JOURNEY OF 8<sup>TH</sup>-GRADE GIRLS WORKING TOGETHER TO GROW SPORTS FOR GIRLS.

THE 2020 NIKE GAME GROWERS ARE:

ATLANTA DREAM DAILEY + SIERRA V / BROOKLYN NETS TESSA + GEMMA / CHICAGO BULLS SONA + CHARLOTTE / CHICAGO SKY IYANA + DANIELLE  
 CLEVELAND CAVALIERS CASEY + LAUREN / CONNECTICUT SUN NADIA + CASEY / DALLAS MAVERICKS ADDISON + KATE / DALLAS WINGS KYRA + PEYTON  
 DENVER NUGGETS ELLARY + MARISSA / DETROIT PISTONS CARRINGTON + MACEY / GOLDEN STATE WARRIORS KENNEDY + KARINA / HOUSTON ROCKETS JAYLA + PAIGE  
 INDIANA FEVER CHARLEE + OLIVIA / INDIANA PACERS SOPHIA + SYDNEY / LAS VEGAS ACES ISABELLA + EMMA / LOS ANGELES CLIPPERS GRACE + ISABELLA  
 LOS ANGELES LAKERS SAGE + RACHEL / LOS ANGELES SPARKS SABRINA + SAMANTHA / MEMPHIS GRIZZLIES AKAYLA + ENIYA / MILWAUKEE BUCKS SHAWNTEL + GISSSELL  
 MINNESOTA LYNX CLAIRE + LILA / MINNESOTA TIMBERWOLVES AISHA + MAKO / NEW ORLEANS PELICANS SAVANNAH + LEA / NEW YORK LIBERTY SIENNA + SKYLAH  
 OKLAHOMA THUNDER ERIKKA + ERIANNA / ORLANDO MAGIC OLIVIA + MORGAN / PHILADELPHIA 76ERS LEILANNI + LIANA / PHOENIX MERCURY MILANI + NOELLE  
 PHOENIX SUNS CAMISHA + CAITLYN / PORTLAND TRAILBLAZERS PAYTON + SUMMER / SACRAMENTO KINGS LEAH + SIANNA / SAN ANTONIO SPURS KORBYN + AVA  
 SEATTLE STORM ALLISON + OLIVIA / UTAH JAZZ EMMA + REBECCA / WASHINGTON MYSTICS KENDALL + GIANNA / WASHINGTON WIZARDS YARI + ANAIYA