GAME GROWERS CLASS OF 2020
NIKE GAME GROWERS IS AN EXCLUSIVE OPPORTUNITY FOR EIGHTH-GRADE GIRLS TO SHARE THEIR IDEAS ON HOW TO ENCOURAGE MORE GIRLS TO PLAY SPORTS. TWO GIRLS WERE SELECTED BY EACH PARTICIPATING WNBA OR NBA TEAM TO DEVELOP A SOLUTION THAT COULD GROW GIRLS SPORTS PARTICIPATION.
Game Growers projects embodied five key themes, each of which creates an environment that can enable girls to grow and come together as they learn.

**BRAVE, NOT PERFECT**
Build and instill confidence by learning the fundamentals of the game through compassion, creativity and risk-taking.

**CREATE CONNECTION**
Promote teamwork, community and skill-building through sport without the need for a “winner”.

**GIRL CHECK**
Empower girls to get involved through programs that focus on female mentorship and girls-only camps.

**LET HER COMPETE**
Create diverse opportunities including multi-sport clinics, co-ed and mixed-age group events that empower girls to free their competitive drive.

**PROGRESS, NOT OUTCOMES**
Support girls as they find ways to access resources and break down barriers.
THE PROBLEM
For girls wanting to play sports, there is a lack of resources, confidence and a lack of exposure.

OUR SOLUTION
Our game plan promotes and advertises girls participation in sports on social media. We will also host sports clinics for girls of all ages.

TAKEAWAY
We realized that posting to multiple social media platforms is actually a job for girls juggling academics, sports, orchestra and family obligations. However, we took full advantage to advertise at basketball events across greater Atlanta area. For example, we participated in the Atlanta Dream National Women’s Day clinic where over 75 girls participated. We interacted not only with the girls but also their parents. This was a great opportunity to promote our social media platforms.

THE FUTURE
Through these experiences, we know that we must network and expand our brand in order to touch even more girls. We actually met individuals who have sport podcasts, and nonprofit organizations that we can partner with that already focus on the athletic possibilities for girls.
THE PROBLEM
Girls often feel a lack of confidence when playing sports.

OUR SOLUTION
We designed a sports-themed social media app called ‘Tip-off’. It will offer the same fundamentals of many other social platforms, inclusive of video, photo and message posts. There will also be a map feature that directs people to nearby sports facilities to increase their game play. Our app will provide a positive environment for users and will connect them through sports.

TAKEAWAY
During Game Growers Camp we worked on finalizing our idea with our Brooklyn Nets mentor and Nike representative. During this process, they helped us find good alternatives to our original idea. Through this assignment, we learned how to test our results on a smaller scale to give us the information we needed to move forward with our ideas.

THE FUTURE
Moving forward we will tell others about our journey and encourage them to try and help make a change.
HEAD START BASKETBALL CLINIC (HSBC)

THE PROBLEM
A lot of girls don’t get excited about sports because of the lack of female representation in sports, which impacts confidence.

OUR SOLUTION
Our game plan invites seventh and eighth-grade girls to a clinic to teach them basketball drills, sportsmanship and leadership, while getting elementary schoolers excited, inspired, and included in sports. We know that younger kids look up to older kids, so it would be a fun opportunity for some of our trusted middle school girls to step up to a leadership role, teaching fun basketball activities to the younger kids.

TAKEAWAY
We learned about how to adapt to challenges and obstacles, which has been a huge help in these past weeks because of how COVID-19 affected our game plan.

THE FUTURE
We will work with both seventh and eighth grade girls because we would like this years seventh graders to help next years seventh graders become teachers.
IYANA & DANIELLE’S GAME PLAN

PROJECT CONFIDENCE

THE PROBLEM
Girls don’t feel comfortable playing sports due to lack of skills, confidence in body image, and other factors. We want to help them build confidence.

OUR SOLUTION
Our goal is to get more girls in our community to play sports and we will host an event where girls get the opportunity to try a lot of different sports to see if they’re interested. We hope to build girls’ confidence and show girls that they can be themselves.

TAKEAWAY
We learned to be confident and positive about ourselves and our ideas. We also learned a lot by being around and talking to the other girls.

THE FUTURE
We will help our friends practice their sports to build their skills.

THEME(S)
- Brave, Not Perfect
- Create Connection
- Girl Check
- Let Her Compete
- Progress, Not Outcomes
THE PROBLEM
There is a lack of confidence and negative stigma around starting sports at an older age.

OUR SOLUTION
Our game plan has three main focus areas: Ignite, Compassionate, Play. The game plan consists of a three-session camp run by girls.

TAKEAWAY
We learned that it would be more effective to target girls from elementary to middle school levels.

THE FUTURE
Aside from our camp, we want to be sure girls feel comfortable in what they do. Also, we want to spread positivity, boost girl’s confidence and encourage them to join sports. With our support, we hope we can grow the game.
THE PROBLEM
Girls have a lack of confidence because they either don't believe in themselves or they think other girls are going to judge them.

OUR SOLUTION
Our game plan offers a 6-week basketball clinic that features high school coaches and high school girls. The clinic will include a curriculum to help build leadership and confidence, and girls will take part in group discussions. An hour of each clinic will be used to work on the fundamentals and skills needed to become a better basketball player.

TAKEAWAY
One thing we learned is that lack of confidence and feeling judged are the biggest things that prevent girls from playing sports.

THE FUTURE
Moving forward we will be holding these clinics in order to boost confidence and keep girls engaged in sports.
THE PROBLEM
A lack of confidence for girls, not knowing how special they are and how good they can become.

OUR SOLUTION
Our game plan is focused on creating the G-Force app, which would give girls a safe community, training, and inspiration to keep playing sports. We started with an Instagram page to test our idea and we plan on continuing it until the app is created.

TAKEAWAY
We found that there is not enough girl-led content to post, so we learned that we need to create or find better sources. Also, we learned that girls are more engaged in a comfortable/familiar environment, which we will try to build through the G-Force app.

THE FUTURE
In our communities, we will encourage and lead girls into sports by working with youth sports leagues. We will also inspire girls on our Instagram page and eventually the G-Force app.
THE PROBLEM
The problem is lack of confidence and also lack of support.

OUR SOLUTION
We plan to visit girls in our community and speak to them about the importance of sport. We will also include data on why girls quit, and the positive impact sports can have on girls like us. Afterwards, we plan on demonstrating and playing a few games, as well as giving them shoes and shirts to show our appreciation for their time.

TAKEAWAY
We learned that time is valuable, and that we have no reason to be nervous because our audience is our peers. Understanding this helped us move ahead more confidently with our game plan.

THE FUTURE
We will let others know the benefits of sports and how it builds your character. Also, we will continue to help when and where it’s needed, so that our peers do not feel discouraged.
WE GOT YOU

MARISSA & ELLARY’S GAME PLAN

THE PROBLEM
The problem is a lack of resources, especially for travel and gear.

OUR SOLUTION
We plan to host a basketball camp for girls who don’t have the resources to play sports. This camp would include whatever equipment the girls would need to play, and would likely be free depending on their needs.

TAKEAWAY
One thing we learned that helped us finalize our game plan was that there are a lot of reasons that play into why girls don’t play sports. We were able to address these reasons after we got the results of the survey we sent out.

THE FUTURE
We plan on continuing this camp annually, as long as we have the funding.
THE PROBLEM
A lack of resources (such as equipment and funding) and the perception that we need the perfect body in order to play sports.

OUR SOLUTION
We created Girls Got Game 4 Life, G³4L, a 10-week summer program that allows girls to choose a sport to play during the school year. During the school year, we will cover registration fees for their sport, provide transportation to practices and games, and provide tutoring for girls who need it.

TAKEAWAY
There was a girl that came to my test-pilot, and she didn’t know how to play basketball. We helped her learn how to shoot and taught her how to play the game. At the end of our test-pilot she was out there playing basketball with all the girls. When we saw that we could help her, it made us have the confidence to know that we could help more girls.

THE FUTURE
We will run G³4L, even if it’s not this year because of the coronavirus, but we will definitely do it next year.
THE PROBLEM
A lack of confidence and the lack of resources.

OUR SOLUTION
We will hold a sports seminar in local elementary schools, where local high school and college level athletes will speak to the 5th graders about the benefits of being active through sports. They will also promote our 2-3 day summer camp that will teach the basics of basketball and spark interest to the point that girls will feel confident and excited to try out for their middle school team.

TAKEAWAY
We learned that our seminar would interest girls so we decided to stick with that. We also got responses to our survey that told us that a week might be too long and intimidating for girls trying a new sport. At camp we learned a lot about planning and how you have to be thoughtful about every individual detail. This helped us to plan the length of the camp, and think about who we needed to get in communication with.

THE FUTURE
We will both continue to play sports, and we will encourage our younger female family members and friends to tryout for sports. In the future we would also like to make this camp an annual event. When our fellow Game Growers come out with their websites/apps we will support them by using their platform and promoting it on social media.
THE PROBLEM
A lack of resources and support.

OUR SOLUTION
We will create female sports mentorships. We will choose female sports mentors to teach girls the foundation of different sports, and teach us how to build a sisterhood.

TAKEAWAY
During the Game Growers journey I learned how to make a game plan by strategizing, listening to other people’s opinions, and working together as a team.

THE FUTURE
Encouraging other girls to try out for the sports even when they think they won’t make the team.
THE PROBLEM
A lack of confidence and not having the same opportunities as boys.

OUR SOLUTION
We plan to have ten two-day camps in the summer. These camps will focus on the fundamentals of sports, as well as making sure girls are having fun.

TAKEAWAY
One thing that helped us was the surveys. This helped us get feedback from girls and find out what they like.

THE FUTURE
We are going to keep being positive and encouraging girls. We will also still keep doing our camps.
THE PROBLEM
A lack of confidence and the fear of judgment.

OUR SOLUTION
We plan to hold after school sports sessions where girls can play sports that they are interested in. This will be a judgement-free zone so no girls feel down.

TAKEAWAY
We learned ways to motivate and persuade girls to join our sports session, by offering a variety of sports and prizes.

THE FUTURE
We’re going to keep motivating and make girls feel welcome. We don’t want to end everything after this program, we want to keep going.
THE PROBLEM
A lack of resources for girls to use, to play the sports they love.

OUR SOLUTION
We created a website called Sports Around The Block, which has three main parts. Our goal is to provide resources for girls to get involved in sports by providing locations for pick up games. There is a mentor page which allows girls to leave/ask advice, and lastly, a donation page for gently used sportswear and/or equipment.

TAKEAWAY
Ask for feedback! We received a lot of feedback on the donation and mentor page on our website. We also conducted a survey that provided positive results and proved that our idea was solid and well thought out.

THE FUTURE
We are going to work on our website, so we can have sports available, and continue to participate and encourage others too as well. We will stay positive and encourage others to not give up. Also, we will serve as a mentor and example to our younger siblings and students.
THE PROBLEM
A lack of confidence coming from a fear of failure, fear of getting judged and fear of being told that girls would not be as good as boys.

OUR SOLUTION
We plan to get more girls involved in sports through the website we created. Our website will provide a community for girls that are sharing the same experience with sports.

TAKEAWAY
One thing that we learned is to make sure our pillars are known and constantly used throughout our website. The pillars are our priority.

THE FUTURE
Moving forward we are going to help support getting more girls in sports by releasing our game plan soon. After which we would hope to get more girls involved with sports using our website as a community.

THEME(S)
- BRAVE, NOT PERFECT
- CREATE CONNECTION
- GIRL CHECK
- LET HER COMPETE
THE PROBLEM
A lack of confidence and fear of embarrassment.

OUR SOLUTION
The Caterpillar Course, a two hour girls-only program, allows girls to get to know each other, learn the basics of a sport, and play in a fun game at the end. For girls new to sports, it provides the knowledge of a new skill and the opportunity to get better at something.

TAKEAWAY
We learned from our pilot program that a sport can be a lot of fun if you are successfully able to eliminate any intimidation and embarrassment. We also learned from Game Growers Camp how to act more like adults and that allowed us to have productive conversations with other working adults to put together a successful pilot program.

THE FUTURE
Moving forward to help support more girls in sports we will continue implementing our Caterpillar Courses after things go back to normal with the Coronavirus. We want to showcase a variety of sports to give multiple beginner levels for older girls.
THE PROBLEM
A lack of confidence, thinking they are not as good as boys.

OUR SOLUTION
We plan to create a year round multi-sport camp for girls. We want to introduce sports to girls at an early age to show them the many choices in their future.

TAKEAWAY
At Game Growers Camp, we learned that we were more social with everybody because our parents weren’t there watching us. During our test from assignment 2, the parents watched their child for a few sports, but when they left, the girls reacted differently. They communicated more with each other and moved more freely. We learned that parents can get in the way of their children opening up.

THE FUTURE
We plan on encouraging young girls to play sports and to teach them the benefits it can provide for their future. We want to help them get noticed by the world and prove that girls can do it too. All the things boys do can also be done by girls.
THE PROBLEM
Girls not having the ambition, the will, and the sparks to change sport for girls in their community and around the world.

OUR SOLUTION
We plan to create a safe space for girls to try their best, fail, and still have the opportunity to play without being judged. Girls will be able to gain more information on different sports. Also, girls will have a support system from other girls, and will feel comfortable doing the sports they dream of doing.

TAKEAWAY
Listening to other teams present their ideas and how they were going to carry out their plans, gave us ideas for our plan.

THE FUTURE
We are going to make a website that can help girls get into sports and also have a support system.
THE PROBLEM
Fear of rejection, fear of judgment and lack of a support system.

OUR SOLUTION
We plan to host an event at one of our local parks where we invite a variety of different sports teams and clubs to talk to girls about their sport. This will introduce girls to new sports and give them the necessary resources to get involved.

TAKEAWAY
We learned that by getting involved in our community, we were able to obtain a deeper understanding of what girls our age need.

THE FUTURE
To help support girls and get them to move forward in sports, we are planning to spread positive messages and encourage girls through social media.

THEME(S)
- BRAVE, NOT PERFECT
- CREATE CONNECTION
- GIRL CHECK
- LET HER COMPETE
- PROGRESS, NOT OUTCOMES
LILA & CLAIRE’S GAME PLAN

MINNESOTA GIRLS’ SPORT SUMMIT

THE PROBLEM
A lack of confidence causing girls to drop out of sports.

OUR SOLUTION
We plan to host a state-wide event called the Minnesota Girls Sports Summit, where 200 girls in grade 6-8 learn about confidence, healthy lifestyle, leadership and community. This event will feature a panel of Lynx players, and will include many fun and inspirational activities.

TAKEAWAY
Through assignment two (we did a survey), we learned a lot about the activities that girls wanted to do, and the time of year they thought would be best for the event (summer). Through the Game Growers Camp, we experienced many fun activities that we would like to incorporate into our event, that would not only be fun but also teach the girls important lessons.

THE FUTURE
Our topics of confidence, leadership, community, and healthy lifestyle will help get more girls in sports because it will teach them the many values and advantages to playing sports and how these can help them throughout their lives. The speakers will share the positive impact sports has made in their lives, inspiring girls to follow their lead and stay in sports. Once these girls are leaders in their sports and are fully enjoying it, they will use the skills we taught them to inspire others to stay in sports, causing a domino effect.

THEME(S)
- BRAVE, NOT PERFECT
- CREATE CONNECTION
- GIRL CHECK
- LET HER COMPETE
- PROGRESS, NOT OUTCOMES

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THE PROBLEM
A lack of confidence, support, and resources. There are also not enough East African female role models for the girls in our community to look up to.

OUR SOLUTION
We plan to host clinics and camps for the whole community. At the event, we would give out free sports gear and watch basketball games together because the people in our community don’t currently have that opportunity.

TAKEAWAY
One thing that helped us finalize the game plan was our organization throughout the process. We used online resources, the binder given to us at Camp and also reached out to our coaches, Weber & Muna to help us.

THE FUTURE
We are trying to implement our Game Plan as an annual event that allows young girls to come together, have fun and act as hosts. We would also like to host a girls-only open gym. We feel like we should always have something the girls look forward to every year.
THE PROBLEM
A lack of confidence, which impacts their willingness to play sports.

OUR SOLUTION
We plan to create a children’s book to show the benefits of participating in sports. Our target issue is lack of confidence and the will to play. Most girls who continue with sports begin to play at a young age, which is why this is important to us.

TAKEAWAY
We learned that most people who begin sports at a young age and have good experiences when playing, would most likely continue into middle school, high school and even college.

THE FUTURE
We plan to continue to spread our ideas via books and continue to verbally encourage peers to join us in sports. We will read aloud to kids and even distribute books to nearby libraries!
THE PROBLEM
A lack of resources provided to girls within our community.

OUR SOLUTION
We plan to offer a free annual basketball camp to give girls with limited resources access to various aspects of the game. They’ll get to experience what they weren’t able to as a result of the camp.

TAKEAWAY
One thing we learned to help us finalize the camp is that all girls are different. We realized that in order for girls to continue participating in sports, we need to physically and verbally connect with them, not just connect through an app.

THE FUTURE
We want girls to feel that they have someone there for them and to have confidence to do anything they put their minds to. We’re going to speak with girls of different age groups. We’ll encourage them to try out for their school teams and get involved in any community activities.
THE PROBLEM
A lack of mentors/leaders/role models.

OUR SOLUTION
We plan to host sports camps for girls our age. This would provide positive successful mentors to look up to, ideas on how to help grow their game, and future leadership skills.

TAKEAWAY
We learned that if we start small then we can actually impact a vast crowd.

THE FUTURE
We are in the process of creating a website so that girls nationwide can read and sign our pledge online. They will then have a bag tag sent to them so girls everywhere know when people have taken the pledge.
THE PROBLEM
A lack of confidence, lack of resources and lack of positive mindsets towards sports.

OUR SOLUTION
We plan to create an app that encourages girls to get involved and stay involved in sports. We are also going to speak to schools in our area and tell students about our app and how they can help with sports in their community.

TAKEAWAY
After finishing assignment 2, we learned how to work together. We also learned that if we want our app to reach nationwide, we’re going to have to put a lot of work in.

THE FUTURE
Moving forward we are going to help support girls sport by speaking to local newspapers, schools and people in our community. We also plan to reach out to students and female athletes. Reaching out to these people and places will allow us to spread the word about our app.
THE PROBLEM
A lack of confidence and lack of a support system.

OUR SOLUTION
We plan to deliver a mentorship program involving several universities. Female basketball players from universities would act as sports mentors, connecting to girls ages 13-15.

TAKEAWAY
One thing we learned that helped us finalize our game plan is the need of college female mentors. Assignment two allowed us to connect with girls. They are interested in continuing to play the game but feel that there is little to no opportunity for them as they get older.

THE FUTURE
We are going to continue to keep moving with our idea. We will reach out to colleges, players, and anyone who is willing to support our idea. We will recruit teen females who are interested in our idea and help us grow.
THE PROBLEM
A lack of confidence.

OUR SOLUTION
We plan to host an event to teach kids about different sports. We will inform them about the benefits of sports and teach them new things. This will help with self-esteem and confidence.

TAKEAWAY
One thing that helped us finalize our game plan was getting advice and feedback from other people. We even spoke to someone who hosted their own Sports Camps, and she gave us ideas on how we could host ours.

THE FUTURE
To help get more girls in sports, we will continue to cheer girls on and reassure them that it is okay to make mistakes. We will lead by example and act as true teammates to ensure that girls feel accepted.
**THE PROBLEM**
A lack of support and a lack of confidence.

**OUR SOLUTION**
We plan to host free camps in rural areas. This would allow the opportunity to participate in sports and to try something new. The camps would build up players’ self-confidence, making them want to continue their involvement.

**TAKEAWAY**
We learned about the statistics of girls dropping out of sports. That made us more determined and motivated to make a change.

**THE FUTURE**
Our plan moving forward is to continue supporting and motivating girls by continuing to do more camps that feature inspirational speakers. We want girls to realize their full potential.
THE PROBLEM
A lack of opportunities, confidence, and exposure.

OUR SOLUTION
Girls for S.P.O.R.T.S. partners local college and professional athletes with middle school PE programs one Friday a month during the school year. During their off sports season, athletes will team up with PE teachers offering an inspirational PE environment for girls that focuses on confidence, teamwork, and exposure to all sports.

TAKEAWAY
We learned that scheduling athletes for one day a week over several days works better than trying to plan a one week event. When scheduling athletes, we had to take into consideration their college course loads for the week and the demands of their sports team. When we modified our idea to one Friday a month, we had several local colleges like the University of Oregon and Oregon State University express interest in helping with our program.

THE FUTURE
We will move forward with our idea and host more events. We will also meet with middle school personnel to schedule some Girls for S.P.O.R.T.S. dates for the beginning of next school year. Our goal is to keep sharing our passion with others help next years seventh graders become teachers.
THE PROBLEM
A lack of resources and access.

OUR SOLUTION
Nike x Becuzicare aims to fix three aspects of the game for girls by giving them resources, access, and structure. All of which are necessary for them to start, continue and feel supported in playing, pursuing and growing in the game we love, basketball.

TAKEAWAY
In order to fine tune our idea, we decided at Game Growers Camp that it would be better to phase into our girls league with an all-girls camp. Based on our survey results of potential campers and potential mentors, we learned that there are a ton of high school girls in our community that are willing to mentor younger girls in order to grow their game, if given the opportunity. And there are also a significant amount of younger girls who would be more willing to participate if they felt like they were doing so in a safe space, like the one we aim to create.

THE FUTURE
In the future, we are going to continue to lead by example for girls everywhere and encourage our teammates, coaches, families, and friends to do the same. We still plan on holding our all girls camp after the pandemic and hope to have many more camps and leagues like it.

THEME(S)

- BRAVE, NOT PERFECT
- CREATE CONNECTION
- GIRL CHECK
- LET HER COMPETE
- PROGRESS, NOT OUTCOMES
THE PROBLEM
A lack of confidence, education, and the fear of being judged based on looks or skills.

OUR SOLUTION
Hands In is a program that will bring people in the community together, empowering youth females, specifically 7th-9th grade girls, to stay active and in sports through movement, education, leadership building/mentorship, and community outreach.

TAKEAWAY
One thing that we learned is that the more variety of sports you have, the more people will engage in your program.

THE FUTURE
In the future me and my partner would like to try to be role models for the upcoming grades and the younger generations in our community.
OLIVIA & ALLISON’S GAME PLAN

HIT SQUADS: HEROES IN TRAINING

THE PROBLEM
A lack of confidence and lack of resources, also a lack of opportunities for girls to try sports.

OUR SOLUTION
We plan to provide a mentorship program for girls with fewer opportunities, because we know that when you are in the dark, you feel like you’ve been buried. Through this program, we hope the girls will realize that they have not been buried, but planted. We hope to inspire them to grow into beautiful flowers filled with many different colors.

TAKEAWAY
Girls tend to look up to us a lot and this showed us that our actions really matter, because any young girl could be watching. So this made us realize that we really need to be careful and nice when teaching them because we want them to learn how to have great sportsmanship in the game. We also learned that it takes a lot of work to run and plan a clinic. For example you have to get people interested, to sign up, and to really enjoy the activities.

THE FUTURE
We will make a website and send emails to parents of girls joining the H.I.T squad, about sports teams and clubs they can be part of. We were thinking the website could include our message, schedule, and just ways to get more girls playing sports in their free time.
AI (ALL INCLUSIVE) SPORTS CAMP

THE PROBLEM
A lack of confidence and fear of being judged while playing or trying a new sport.

OUR SOLUTION
We plan to deliver a sports camp where girls can go and try different sports over the course of two weeks. The girls would figure out which sport they liked and would want to continue playing. At the end of the two weeks, the camp would help the girls enroll with local sports teams.

TAKEAWAY
Things we learned that brought us to our final game plan were, listening to the other Game Growers ideas, and listening to all the different speakers who were very motivational. We also learned that there are a lot of people who are very open and optimistic about girls playing sports and being given more opportunities.

THE FUTURE
In the future we would want to run more camps, just like our test run, so that we can play with the girls again and keep them involved in sports. We would also just keep encouraging our friends to play with us.
THE PROBLEM
A lack of confidence and lack of resources. We want to make sure all girls no matter their resources or confidence can participate and have fun in sports.

OUR SOLUTION
Game GrowHers strives to give girls free, accessible sports training through an app that matches girls with volunteer coaches/athletes. We want to ensure all girls have the resources and confidence to begin/play a sport.

TAKEAWAY
Knowing the needs of the girls in our own community was extremely important and helpful. We also learned that we want to make sure that our game plan can reach everyone, no matter the restrictions/challenges they may face.

THE FUTURE
We will both continue to act on our game plan and make sure that Game GrowHers is accessible and a resource that all girls can use. We want this to be a source of community and friendship. Girls can be themselves and have fun, bonding over playing sports. Help next year’s seventh graders become teachers.
THE PROBLEM
A lack of opportunities and resources within our communities.

OUR SOLUTION
Ball-Her Vision is a community-run website containing team tryouts, workouts, and other sports activities for girls in your area. It is also a girls program with sports stations that teach fundamentals to help girls find their sport.

TAKEAWAY
One thing we learned was that if we want to be successful, we have to be confident in ourselves and our ideas.

THE FUTURE
Moving forward we are going to continue letting girls know how important it is to be active and how much fun being active can be.