“High-risk” indicators for Posttraumatic Stress Disorder (PTSD)

Reprinted from Comprehensive Acute Traumatic Stress Management™
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• prior exposure to severe adverse life events (e.g., combat)
• prior victimization (e.g., childhood sexual and physical abuse)
• significant losses
• exposure to a severe event
• close proximity to the event
• extended exposure to danger
• pre-trauma anxiety and depression
• chronic medical condition
• substance involvement
• history of trouble with authority (e.g., stealing, vandalism, etc.)
• mental illness
• lack of familial/social support
• having no opportunity to vent (i.e., unable to tell one’s story)
• strong emotional reactions upon exposure to the event
• physically injured by event, etc.