

**Te Kōhao Health Ltd**



# Tamariki Ora

## WELL CHILD SERVICES



**“Kia Whakatinanatia ko te ihi, ko te wehi,  
ko te wana me te hauoranga o te whānau”**

“Living our Tino Rangatiratanga through strong,  
healthy, vibrant and prosperous whānau”

# TAMARIKI ORA

## WELL CHILD SERVICES

### WE PROVIDE:

A series of health visits and whānau support that is free to all tamariki from 6 weeks to 5 years of age.

### FREE TAMARIKI ORA CHECKS

- 4-6 weeks
- 8-10 weeks
- 3-4 months
- 5-7 months
- 9-12 months
- 15-17 months
- 2-3 years

### EDUCATION, PROMOTION & ASSESSMENTS

- Breastfeeding
- Nutrition
- Immunisation
- Safe Sleeping
- Smokefree Promotion
- Oral Health
- Referrals & Resources
- Child safety/injury
- Behaviour & Parenting advice
- Advocacy
- Early Childhood
- Education
- Eye sight & hearing checks
- Health & Development
- Enrolment support
- B4 School Checks
- Health Education Growth & prevention development assessments
- Child illnesses



*"Whaia tau e hiahia ai, kia eke ai ki te taumata"*

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