BE OUTBOUND READY

WITH OUR

LEVEL 2 BASECAMP PROGRAMME.

You'll make new friends and maybe meet old friends while engaging in teamwork and fun activities MTB Bike Trip and Basic Rockclimbing.

SURVIVAL SKILLS

ROPE CRAFT

FIELD TRIP

INTRO TO ROCKCLIMBING

WHO IS IT FOR?

Junior Outbounders
Aged 8-13 years of age

UPCOMING DATES:

Spring Holidays (Mon-Fri)
22nd -24th Sept 2021 (Please turn over)

TIME:

9am - 5.00pm

COST:

$80/Child/Day

BOOK YOUR SPOT NOW
(ONLY 9 SPOTS AVAILABLE PER DAY)

BROUGHT TO YOU BY

NOT OUTBOUND LOST
FIND YOURSELF
IN THE MIDDLE OF NOWHERE

FOR MORE INFORMATION
WWW.PROJECTOUTBOUND.COM.AU/programmes/basecamp

OUTBOUND READY
HOLIDAY PROGRAMME

THE IMPORTANT STUFF

About Project Outbound

Project Outbound is passionate about working together to equip our younger generation and their families to *"Find themselves in the middle of nowhere"* - armed with skills and experiences that will create a lifelong passion for the outdoors.

Project Outbound recognises and supports the increasing demands for stringent risk management when working with minors in outdoor environments. Safety has and always will be our number one priority when developing and running any programmes. We adhere to ratios and guidelines as set by the ***Australian Adventure Activity Standards***. Our leaders are fully trained and experienced in first aid and outdoor education, with current Working With Children Checks.

What To Bring

All learning resources, gear and equipment are supplied. However, each participant will need to bring:

CHECKLIST:

- ☐ Bicycle (with Helmet, front and rear lights)
- ☐ Warm clothing and rain jacket (just in case of wet weather)
- ☐ Lunch, snack and water
- ☐ Hat, Sunscreen & Hand Sanitiser
- ☐ Day pack to put all their belongings - clearly labeled
- ☐ Big sense of adventure and discovery

Schedule

TIME	ACTIVITY
9:00 am	**Arrival & Check-in**
9:15 am	Level 1 Knot Review
9:30 am	Knot Skills
10:30 am	**Break**
11:00 am	MTB Bike Training
12:00 pm	**Lunch Break**
1:00 pm	Field Trip Bike Ride
3:00 pm	**Afternoon Tea**
4:00 pm	Basic Rock Climbing Training
4:30 pm	Rock Climbing
5:00 pm	Pick Up Time

AGE SPECIFIC DATES

We will be running age specific dates to make it a better experience for all participants and we will taylor the programme to each age group:

23rd September - 8-10 Year Olds
24th September - 11-13 Year Olds

Location

Drop off and Pick up will be at ***36 Bennett Avenue, Mount Waverley VIC 3149*** but we will also be using local parks within walking distance for our activities and games sessions.

Registration

Registration of interest can be done online at **www.projectoutbound.com.au** or you can send us an email to **letsgo@projectoutbound.com.au** with your contact details and we will get in touch with you within 24 hours.

COVID-19 UPDATE:

To maintain with strict health standards, we have restricted a daily maximum number of 6 participants to ensure we can abide by the social distancing measures as well as hygiene protocols set by the Victorian government. If your child is not feeling well on the registered day, please let us know and we will be happy to provide a full refund or enrol him/her in future programmes, subject to availability.