



# Welcome

## **Second Sunday Before Lent**

Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life: look with compassion on the anguish of the world, and by your healing power make whole both men and nations; through our Lord and Saviour Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God, now and forever. Amen.

## **Scripture Readings**

**First Reading:** Galatians 5:16-26

**Gospel Reading:** John 15:1-8

## **Today's Sermon**

Being Spirit-Filled: Growing in the Fruit of the Spirit  
by Yee Peng-Ponniah

## **New to St Paul's Church?**

We hope you will feel at home and be refreshed and renewed by the worship and teaching. If you have any questions or prayer needs, please let us know by filling out the Visitor's Card in the Welcome Pack and dropping it off with our ushers at the back. Come join us at the Parish Hall at the Newcomer's Corner after the service. We're looking forward to connecting with you!

## **Thank you for your donations**

Breakfast by Anonymous Donor

Flowers by The William Family (In memory of Alex William)



**How do we  
grow in the  
fruit of the  
Spirit?**

**T**he growth of any living thing is a long-drawn process. Many baby animals are mobile soon after they are born but human babies have to go through stages of crawling, waddling and falling before they can walk and run confidently. Nevertheless, we can gauge our growth by how we progress through milestones such as walking, eating, speaking and many others. If our children do not pass these milestones by a certain time, we know that something may not be right and seek the appropriate care and therapy.

Our spiritual lives mirror our physical lives. After we receive Jesus Christ as our personal Saviour and Lord, He blesses us with the indwelling of the Holy Spirit to guide us to Christ-like living.

The fruit of the Spirit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Gal 5: 22-23) – are a good spiritual barometer.

In Gal 5: 19-21, we see the characteristics of a life that is carnal or lived according to our passions – sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, division, envy, drunkenness, orgies, and things like those.

Through the juxtaposition of these opposing characters, Paul shows us that as we display more and more of the fruit of the Spirit in our lives, so the intensity and desire to display the fruit of carnal living will dissipate until Christ has His full hold on our lives and the fruit of the Spirit become second nature.

Just as Jesus went to the Cross to take the sins of the world upon Himself and pay the ransom for our sins, so we who belong to Christ have actively crucified our carnal lifestyle and strive to follow the Christ-like life that is shown by the fruit of the Spirit in our lives (Gal 5: 29).

Showing the fruit of the Spirit is an ongoing and painful process. We will stumble and fall along the way but do not be discouraged – get back up, dust off the dirt and grime and soldier on. Our King has won the Victory for us and so we only need to press on to the prize we will definitely receive at the end of our earthly life (2 Tim 4: 7-8).

For growth in the fruit of the Spirit to be effective, each of us would do well to avail of the following steps:

### **1. Dig deeply into the Word**

Delve, meditate and digest the Word of God regularly and make it your source of truth and guidance (Ps 119: 105). You will find priceless treasures to equip you for effective Christian living.

### **2. Seek community**

Join a community of believers who also yearn to live the Spirit-filled life and display the fruit of the Spirit. Just as you are directly influenced by the five people you most frequently hang out with, so the spiritual community you are with also affects your walk with God. This is why the cell group ministry in every church is crucial.

### **3. Seek and accept genuine criticism**

This is hard for many, including myself, but it is necessary. True friends who cherish your welfare will not be afraid to tell you the unpleasant truths. So look for and listen to them as their feedback will help you to grow in your spiritual walk.

### **4. Seek an accountability partner**

Find a good friend with whom you can share your struggles and triumphs and hold each other accountable for your spiritual journey. Keep in touch with each other regularly to find out how you are growing, where you stumbled, how to get back on track, pray and celebrate every victory.(Eccl 4: 12).

*By Arulnathan John*

## APPEAL FOR VOLUNTEERS

In light of the ongoing Coronavirus (COVID-19) infection and our prevention management protocol, we are appealing for able bodied volunteers to assist us in cleaning the pews immediately after Service. Kindly contact Joanna Solomon at 8161 0926.

## SOUL OF AGING RETREAT: CANCELLED

The above retreat has been cancelled due to the DORSCON Orange status. We apologise for the inconvenience caused. Joanna Solomon will pass you the refund.

## ASH WEDNESDAY SERVICE

26 FEBRUARY  
7.30 TO 9.00PM  
MAIN SANCTUARY

GUEST SPEAKER:  
REV DINO V. THANGAMANY

In view of this, there will be NO Prayer & Praise this month



## SPC 5 PILLARS BOOKMARK

We have given out a set of bookmarks to each member, free of charge promoting the Vision and Mission of SPC called the "5 Pillars". For those of you who have not received them, kindly proceed to the Parish Hall after service and collect it from Arul and Jimmy. If you would like additional sets, they can be purchased at \$5 a pack. The proceeds would go to the Mission Fund.

# Church Camp 2020

11-14 JUNE/TROVE, JB



ONLINE  
REGISTRATION  
IS NOW  
AVAILABLE!

Dear Members,

Kevin Nutter was called home to the Lord on Thursday, 13 February 2020. Our heartfelt condolences to the family during this time. Please keep them in your prayers.

Funeral service for will be at Mandai Service Hall 1 at 3.30pm, TODAY, 16 Feb. Encoffining will be at 2.15pm and the cortege will leave at 2.30pm for Mandai.

Address: Blk 330 Serangoon Ave 1  
S(550330)



## *Sermon Notes*

“Being Spirit-Filled: Growing in the Fruit of the Spirit”  
Galations 5:16-26

# questions

For individual reflection, family devotion or  
cell group discussion

1. What are the three ways of living life as highlighted by Galatians 5:16-18? What does each way look like in today's context?

2. Take a look at Paul's lists of "work of the flesh" versus "fruit of the Spirit". How do you link these 2 lists?

3. If you draw a line, with "flesh" on one side, and "Spirit" on the other, where are you (on the line) in terms of how you are leading your life?

## **Next Sunday's Sermon**

Being Spirit-Filled: An Empowered & United Community

By Pastor Shalini

Acts 4:31-37, John 20:19-23

# SUNDAY SERVICES

## ENGLISH

9.00am  
Main Sanctuary

Holy Communion  
(Weekly except 5th  
Sundays)

## MANDARIN

9.00am  
Second Sanctuary

Holy Communion  
(1st & 3rd Sundays)

## MANDARIN/ ENGLISH

11.15am  
Second Sanctuary

Holy Communion  
(1st & 3rd Sundays)

## TAMIL

11.30am  
Main Sanctuary

Holy Communion  
(1st & 3rd Sundays)

# CHILDREN MINISTRY

## ENGLISH

Toddlers  
3 & 4 years old  
9.00am  
Mount Hermon  
Room

## ENGLISH

K1 & K2  
5 & 6 years old  
9.00am  
Kindness Room

## ENGLISH

P1 & P2  
7 & 8 years old  
9.00am  
Church Office

## ENGLISH

P3 & P4  
9 & 10 years old  
9.00am  
Mount Olivet Room

## ENGLISH

P5 & P6  
11 & 12 years old  
9.00am  
Church Office

## MANDARIN

3-12 years old  
9.30am & 12.00pm  
Check with respec-  
tive ushers on  
venue

## TAMIL

3-12 years old  
12.00pm  
New Life Room

# YOUTH & YOUNG ADULTS MINISTRY

## ENGLISH

Youth Group  
13-18 years old  
Saturdays, weekly  
3-5pm  
Youth Hub

## ENGLISH

Young Adults Group  
19 & above  
Saturdays, weekly  
3-5pm  
Youth Hub

## MANDARIN

13-25 years old  
Check with respec-  
tive congregation  
on time & venue

## TAMIL

13-25 years old  
Check with respec-  
tive congregation  
on time & venue

St Paul's Church  
The Diocese of Singapore

843 Upper Serangoon Road  
Singapore 534683

6285 1500

[contact@stpaulschurch.org.sg](mailto:contact@stpaulschurch.org.sg)

[www.stpaulschurch.org.sg](http://www.stpaulschurch.org.sg)