



Trait Emotional Intelligence Questionnaire – Child Short Form

// Based on the Trait Emotional Intelligence Theory, the Trait Emotional Intelligence Questionnaire is a significant part of research in emotional intelligence (EI). This questionnaire measures Emotional Intelligence (mixed and trait), Perceptions of Self, Social and Emotional Competence.

Imperial College London and University College London



Category

Emotional Intelligence



Sub Scales

- Adaptability
- Emotion Perception
- Self-Esteem / Motivation
- Low Impulsivity
- Peer Support
- Affected Disposition



Age Range

- Key Stage 2
- Key Stage 3

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Please answer the following questions as honestly as you can. Work as quickly as you can and do not think too much about the questions. Please put a tick in the box underneath the answer which you believe describes you best. There are no right or wrong answers!

Statements	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
I always try to be in a good mood.					
I like meeting new people.					
I find it hard to get used to a new school year.					
I feel great about myself.					
When I feel sad, I try to do something to change my mood.					
I often feel sad.					
If I'm happy with someone, I will tell them.					
I often feel angry.					
The kids at school like playing with me.					
When I'm in a new place, I get used to it quickly					
Often, I'm not happy with myself.					
Many times, I don't think before I do something.					
I'm very good at understanding how other people feel.					

Name : _____

Class : _____

Year : _____

Statements	Completely disagree	Disagree	Neither agree nor disagree	Agree	Completely agree
I don't like trying hard for something.					
It's easy for me to understand how I feel.					
I get angry very easily.					
I try to do my homework as					
It's easy for me to talk about					
I don't like waiting to get what					
I'm a very happy kid.					
I don't like studying hard.					
I think I may be sad when I grow up.					
Most people like me.					
I think very carefully before I do something.					
I'm not good at controlling the way I feel.					
I get used to new people very quickly.					
I can't find the right words to tell others how I feel.					
I don't like trying out new things.					
I like being with other people.					
I know how to show to others how much I care about them.					
I'm often confused about the way I feel.					
I find it difficult to understand what others are feeling.					
If I don't do something well, I don't like trying again.					
Usually, I think very carefully before I talk.					

😊 **Thank you for completing this survey and for your honesty!** 😊