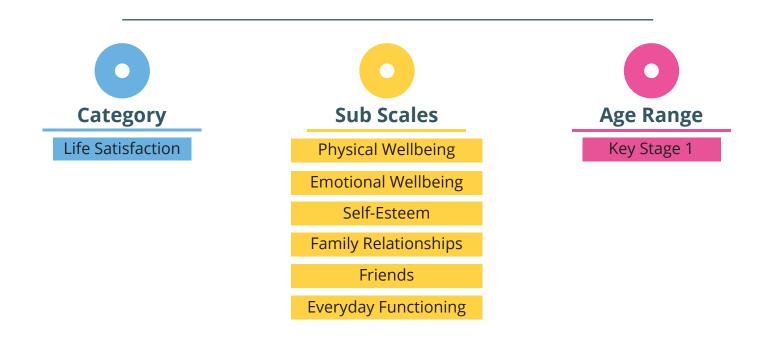
MBounceTogether



■ KINDL is a psychometrically acceptable method of measuring quality of life in children. The KINDL consists of six dimensions; Physical wellbeing, emotional wellbeing, self-esteem, family, friends and everyday functioning. This questionnaire was developed with the aim of producing a set of flexible questions which could be answered by children of varying age groups; with this particular version targeting children in key stage 1.

Created by University Medical Center Hamburg-Eppendorf



Interested in running this survey online, with instant reports? Contact...



Name:	
Class:	
Year:	

KINDL (kiddy)

We would like to know how you have been feeling during the past week, so we have worked out a few questions which we would like you to answer. Please read each question carefully and think about how things have been for you over the past week. Put a tick in the box underneath the answer which best describes your feelings. There are no right or wrong answers; its what you think that matters!

Statements	Never	Sometimes	Very Often
'During the past week'			
l felt ill			
l had a headache or tummy-ache.			
I had fun and laughed a lot.			
I was bored			
l was proud of myself.			
I felt pleased with myself.			
I got on well with my parents.			
I felt fine at home.			
l played with friends.			
I got along well with my friends.			
I coped well with the assignments set in nursery school / kindergarten.			
I had lots of good ideas.			

Thank you for completing this survey and for your honesty!