

### Stirling Children's Wellbeing Scale

In this survey, statements or descriptions about how you might have been feeling or thinking in the last couple of weeks are shown. For each statement, please put a tick in the box underneath the answer which best describes your thoughts or feelings. There are no right or wrong answers!

Statements:	Never	Not much of the time	Some of the time	Quite a lot of the time	All of the time
I think good things will happen in my life.					
I have always told the truth.					
I've been able to make choices easily.					
I can find lots of fun things to do.					
I feel that I am good at some things.					
I think lots of people care about me.					
I like everyone I have met.					
I think there are many things I can be proud of.					
I've been feeling calm.					
I've been in a good mood.					
I enjoy what each new day brings.					
I've been getting on well with people.					
I always share my sweets.					
I've been feeling cheerful about things.					
I've been feeling relaxed.					

Thank you for completing this survey and for your honesty!