MEADOWLARK FATHERS' RETREAT

A Meaningful Weekend for Grieving Fathers

October 9-10-11, 2020
Spirit Hill Farm
Sebastopol, CA

The weekend retreat is designed specifically for fathers who have suffered the death of a child. It provides participants a safe place to share their stories, experiences, emotions, and learned wisdom with other bereaved dads. It offers an opportunity for healing, respite, compassion, support and community with other fathers on a similar journey.

I've just attended the first Retreat for Grieving Fathers a few weeks ago and it was transformational, supportive, difficult, challenging and spiritual – all at the same time. Finding peers who were willing to discuss the depths of the sorrow and grief encountered in the loss of a child, and finding so much common ground in the methods and mechanisms we tried successfully and unsuccessfully to make sense of it all was invaluable. ~ Retreat Father

The retreat is professionally facilitated by Kara* grief counselors, with help from Foundation staff and volunteers attending to meals.

Interested fathers should contact Stacey Redman (Founder & President, Tim Griffith Foundation).
Please provide name and telephone number to: Sredman@timgriffithfoundation.org or call 650-483-9912. *Please inquire early – the registration process for the weekend will be completed by September 14th.*

Participant Cost for Weekend Retreat: **$450****

Meadowlark was conceived by two mothers and a few dear friends, and created to give grieving parents a place to share their stories and feelings with others who have been through the same kind of loss. Meadowlark Retreats are presented by the Tim Griffith Foundation.

 *Kara is a nonprofit agency with the mission of providing grief support for children, teens, families and adults.

**Although actual retreat expenses per participant are $1,400, the Tim Griffith Foundation underwrites the majority of retreat expenses to ensure costs do not prohibit fathers from attending.   There are also sponsorships available for those that may need additional assistance.