



## MEADOWLARK RETREAT

For Mothers Grieving the Loss of a Child

September 18-19-20, 2020  
Sebastopol, CA

This weekend residential retreat was conceived by two mothers (and a few dear friends) who sought a safe setting and extended time for mothers to focus on grieving the loss of a child. The retreat is designed for mothers who have lost a child. Meadowlark was created to give grieving mothers a place to share their stories and feelings with others who had been through the same kind of loss. Healing emerges powerfully from this. Here is what some mothers have said....

*“To simply say ‘Thank You’ would never come close to the overwhelming gratitude I have for all of you who have allowed us mothers to gather in a beautiful, safe place to continue our very difficult journey of losing our children.” ~ Meadowlark Retreat mother*

*“Being with other mothers who have experienced the same loss was an incredible experience, I felt ‘heard’ and understood and taken care of – thank you.” ~ Meadowlark Retreat mother*

The Retreat is professionally facilitated. It will be held in a private home that offers an oasis with gardens and a pool – space to reflect, walk, and rest. Meadowlark Retreat will offer its seven attendees community, compassion, understanding and tender loving care.

Interested mothers should contact either Stacey or Lisa. Please provide name and telephone:

Stacey Redman (President, Tim Griffith Foundation) – [SRedman@timgriffithfoundation.org](mailto:SRedman@timgriffithfoundation.org)  
650-483-9912

Or Lisa Perry – (BOD Member) – [Lperry@TimGriffithfoundation.org](mailto:Lperry@TimGriffithfoundation.org)  
650-521-6241

Participant Cost for Weekend Retreat: **\$450\*\***

*\*\*Note: Although retreat expenses per participant are \$1400, a donation from the Tim Griffith Foundation is underwriting the majority of retreat expenses to ensure costs do not prohibit mothers from attending. There are also sponsorships available for those that may need additional assistance.*

Meadowlark Retreat is offered by the Tim Griffith Foundation [www.timgriffithfoundation.org](http://www.timgriffithfoundation.org).



**TIM GRIFFITH**  
FOUNDATION

Transforming lives affected by addiction, violence and loss