



Bethel Estates

4647 Southwestern Blvd.
Hamburg, NY 14075
(716) 648-6444

www.bethelstatesonline.com

December 2022

IMPORTANT NUMBERS

Maintenance Emerg. 648-6444
Leasing Office 648-6444
CSC Laundry 1-800 622-4729
Hair Salon (Vicky) 941-5574
HAMBURG POLICE 648-5111
Hamburg Senior Van 646-1666
Post Office 649-1631

OFFICE HOURS

Mon.-Fri. 11 a.m.-4:30 p.m.
Phone 716-648-6444
Fax 716-648-1460

Welcome New Residents

#431

Marc



SNOW REMOVAL

When vehicles need to be moved for snow removal we will inform you by phone with our one call service. If you do not hear from us you do not need to move your vehicle for snow removal.

When staff is doing snow removal **PLEASE DO NOT APPROACH** them asking them to clear your spot. This is very dangerous and could cause an injury.

It's the Thought That Counts

Gift-giving should be done graciously, say etiquette experts. That means it's OK if gifts exchanged between two people don't match in value, or if somebody unexpectedly hands you a present and you have nothing in return. Trying to "price match" a gift can easily blow your budget, so a sincere thank-you is all that's needed.

A Word From Your Community Manager, Cheryl

I would like to ask everyone to be mindful of the noise you create in the common hallways. When you are waiting for the elevator or walking through the halls, please be considerate. We never know what someone else's schedule or health may be. Quiet hours are from 10pm to 8am. Let's be kind to one another.



A Reminder From Debbie Our Account Manager

Rent checks are deposited after the 5th of the month. Depending on the day the 6th of the month falls will determine when your check will clear your account.

Bethel Estates Resident Holiday Lunch

On Thursday, December 15, 2022, from 12pm - 2pm we will be having a resident holiday lunch. This event is for residents only and you will need to sign up for it in advance. Sign up by 12/9/22, sheet is located on the credenza in the foyer.

SAM'S CORNER

Save money on your electric bill by closing your windows tightly. If you have a draft coming in your windows, call the office & put in a work order. Maintenance will stop by and check to make sure your windows are closed tightly. This will help keep the cold out and your electric bill down.

IMPORTANT NOTICE

Recently we installed a new phone line for the intercom in the vestibule. Your caller ID will still display the number (716) 648-1460 however it will show the call is coming from "Renewal Housing".



Trivia Whiz

Preserving the Everglades

At the southern tip of Florida sits a complex system of wetlands, teeming with subtropical wildlife. Everglades National Park was established on Dec. 6, 1947, to protect this marshy wilderness.

At 1.5 million acres, it is one of the largest national parks in the U.S.

It was the first park founded to preserve plants and animals rather than geological features.

The American crocodile, Florida panther and West Indian manatee are among the park's 20-plus threatened or endangered animal species.

The park is the only place in the world where alligators and crocodiles coexist in the wild.

From December to April, the dry season, birds from all over the world migrate to nest in the Everglades.

History of the Music Box

Hearing the term "music box" may bring forth fond memories. Such small and seemingly simple devices are a source of joy for people of any age.

The exact inventor of the music box is unknown, but historians agree that they originated in Switzerland in the 1700s. A revolving cylinder sits inside the box, connected to a knob or crank. Rotating the cylinder to pluck metal prongs, called teeth, creates the box's tinkling, magical-sounding music.

These early musical mechanisms were generally contained in carved wooden boxes, some as large and elaborate as a grandfather clock, but some were small enough to set into a pocket watch! The first boxes could usually play one simple song, but by 1840, boxes could play up to 12 tunes per cylinder. Selections varied from classical waltzes to holiday music to childhood rhymes.

Music boxes were very popular in their time, hitting their peak in the late 1800s. They were often seen as a status symbol since they could be made of expensive materials. Mahogany and oak woods tended to dampen the music quality; thus the most desired boxes were made of rosewood and walnut. Their inner pieces were primarily made of zinc, brass or mother-of-pearl.



Pretty Poinsettias

With vivid red blooms and a festive appearance, the poinsettia is a popular plant during December. Native to Mexico and Central America, poinsettias were introduced to the United States by Joel Roberts Poinsett, a botanist, physician and the first U.S. ambassador to Mexico. The plant is named after him.

The poinsettia is a perennial flowering shrub that grows wild in both tropical and dry forests. In their native

habitat, they can grow to be more than 10 feet tall. The colored petals that resemble a flower are actually modified upper leaves called bracts. The poinsettia's true flower is its tiny yellow center.

The Aztecs used poinsettia bracts to make a reddish purple dye for fabrics. They also used the sap from the leaves to control fevers.

The poinsettia is the bestselling potted plant in the U.S. and Canada. Red remains the most popular color of poinsettias, but there are more than 100 varieties, including pink, white, yellow, purple and multicolored versions.

As one of the birth flowers of December, along with narcissus, the poinsettia is a symbol of good cheer and success.

Celebrate the Scottish Way

For many in the U.S., New Year's Eve is celebrated with a countdown at midnight and by watching the ball drop in New York's Times Square. But in Scotland, it's a bright and cheerful party known as Hogmanay.

The holiday is rooted in winter solstice festivals brought to the region by the Vikings in the eighth or ninth century. The origin of the word Hogmanay is unknown, but one popular theory suggests that it's a rough translation of the French words for "a New Year's gift."

Hogmanay preparations can begin a few days before Dec. 31, and the revelry often lasts through Jan. 2. Scotland's capital, Edinburgh, hosts a world-famous Hogmanay street party that includes a torchlight procession, Viking costumes, concerts, dancing and a fireworks show at midnight.

In people's homes, efforts are made to clean the hearth and pay all debts before the bells ring at midnight, ensuring a fresh start in the new year. After the clock strikes 12, folks head to their loved ones' homes to take place in "first footing." The first person to cross a home's threshold will set the tone for the whole year.

The biggest Hogmanay tradition that has spread worldwide is the singing of "Auld Lang Syne" at midnight. With lyrics by beloved Scottish poet Robert Burns, the song celebrates friendships and memories from the year gone by.

Subscription Box Surprises

What's better than opening gifts during the holidays? How about getting a box of goodies delivered to your door every month! Subscription boxes cater to all kinds of interests and are popular pick-me-ups throughout the year. Peruse these topics to find a box that fits you or someone on your gift list:

Books. The original Book of the Month Club, founded in 1926, is still going strong! You can find reading subscriptions organized by genre or boxes that include themed products relating to that month's book pick.

Food and drink. Gifts you can eat are always a hit. Try different snacks from around the world, reminisce with old-fashioned candies, get cozy with coffee- and tea-themed boxes, or awaken your taste buds with jerky or hot sauce clubs.

Self-care. Open a box of bliss every month with subscriptions to bath and beauty products or scented goodies. Also available are boxes filled with fidget items used for sensory therapy, journaling materials and more.

Travel. Beach bums will find serenity in one of the many available sea-inspired subscriptions. Other travel boxes choose a new destination with every season, selecting handmade goods and treats to help you feel like you're there.

Arts and crafts. Stretch your creative muscles with boxes that provide the materials for a different craft project every month. You can also get subscriptions for knitting and crocheting, beading and jewelry making, and painting and drawing.



Wit & Wisdom

"In the right light, at the right time, everything is extraordinary."
—Aaron Rose

"People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within."
—Elisabeth Kübler-Ross

"How beautiful the leaves grow old. How full of light and color are their last days."
—John Burroughs

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."
—Martin Luther King Jr.

"There are two ways of spreading light: to be the candle or the mirror that reflects it."
—Edith Wharton

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 4em; margin: 0;">DECEMBER</h1>						
4	5	6	7	8	9	10
Services 9:00 a.m. Agape Catholic Fellowship 11:00 a.m. HOPE Fellowship	BIBLE STUDY 7 p.m. Happy Birthday #326 Beverly #404 Diane	Shopping Bus TOP's Market 10:30 a.m. Chair Exercise Community Room 1-1:45 p.m.	Gentle Senior YOGA 10-11 a.m. Holiday Happiness Give Away 2pm Coloring Night 6-8 p.m.	Shopping Bus TOP's Market 10:30 a.m. BINGO 6:30 p.m.		Chair Exercise Community Room 1-1:45 p.m. Happy Birthday #413 Susan
11	12	13	14	15	16	17
Services 9:00 a.m. Agape Catholic Fellowship 11:00 a.m. HOPE Fellowship Hope & Agape Fellowship Christmas Dinner 1pm	BIBLE STUDY 7 p.m.	Shopping Bus Wegmans 10:30 a.m. Chair Exercise Community Room 1-1:45 p.m. Lyle the Entertainer 2pm Happy Birthday #359 Elizabeth	Gentle Senior YOGA 10-11 a.m. Coloring Night 6-8 p.m. Happy Birthday #335 Helen #341 Mary #348 Nancy #418 Gail	Shopping Bus Wegmans 10:30 a.m. Bethel Holiday Lunch 12pm-2pm KETO Support Group 2pm - 3pm BINGO 6:30pm Happy Birthday #334 Delfina	St. Francis Families Caroling 7pm Happy Birthday #407 Christine	Chair Exercise Community Room 1-1:45 p.m.
18	19	20	21	22	23	24
Services 9:00 a.m. Agape Catholic Fellowship 11:00 a.m. HOPE Fellowship Karaoke 6:30	BIBLE STUDY 7 p.m.	Shopping Bus Town Hall Plaza 10:30 a.m. Chair Exercise Community Room 1-1:45 p.m. Pudding Party 6pm Red White & Blue Band 7pm Happy Birthday #445 Kathryn	Gentle Senior YOGA 10-11 a.m. Old Time Baptist Students Caroling - 12 Noon Coloring Night 6-8 p.m. Happy Birthday #113 Christine	Shopping Bus Town Hall Plaza 10:30 a.m. KETO Support Group 2pm-3pm BINGO 6:30 p.m.	Office Closing 12 Noon	Happy Birthday #318 Leroy Brian - Maintenance
25	26	27	28	29	30	31
Christmas Services 9:00 a.m. Agape Catholic Fellowship 11:00 a.m. HOPE Fellowship Happy Birthday #306 Darlene	Christmas (Observed) CHRISTMAS DAY OBSERVANCE OFFICE CLOSED	Shopping Bus Wal-Mart 10:30 a.m. Chair Exercise Community Room 1-1:45 p.m.	Gentle Senior YOGA 10-11 a.m. Coloring Night 6-8 p.m. Happy Birthday #238 Anna	Shopping Bus Wal-Mart 10:30 a.m. KETO Support Group 2pm - 3pm BINGO 6:30 pm Happy Birthday #302 Maria	Happy Birthday #316 Valerie	Resident New Year's Dinner Party Happy Birthday #432 Richard