



Process for barber to announce, describe & enroll clients in his new Live Chair blood pressure (BP) screening service

- Barber briefly describes and invites his client to participate in new BP screening process, while greeting the client when he enters the barbershop
- Barber gives client a handout with additional details about the program, and asks the client to go to *Livechairhealth.com* (shown on the handout) to access several videos and supporting materials
- Client watches videos while sitting in waiting chair, and then indicates to barber whether or not he agrees to be screened
- If client agrees to be screened, barber comes over to client in waiting chair and puts BP cuff on client's wrist
- BP cuff takes blood pressure and heart rate readings
- Barber comes back to view BP readings with client:
 - if BP is normal, barber records readings on BP chart and removes cuff;
 - if BP is high, barber takes 2nd reading (after waiting 2 minutes), then records the average readings on BP chart and removes cuff.
- Barber draws client's attention to the BP category in which his BP reading falls:
 - if BP is in "hypertensive crisis" category, barber recommends client get immediate medical care;

- if BP is in elevated or high categories, barber recommends client get diagnosis from doctor, and participate in a high blood pressure class to be arranged by Live Chair in the barbershop

- Barber has client step on scale, then records weight reading on BP chart

- Barber proceeds with the appointment, inviting the client to sit in the barber chair and get his haircut

- Barber asks client to enter his BP, heart rate and weight readings into webform on *Livechairhealth.com*, while getting his haircut

- Barber asks client, after entering those readings, to respond to health questionnaire in webform on *Livechairhealth.com*

- Client checks that he has read the disclosures and consents on *Livechairhealth.com* and submits his information