

Ψ WSPP

Wisconsin School of Professional Psychology

About WSPP

The Wisconsin School of Professional Psychology is the only private, non-profit Masters and Doctoral program in clinical psychology in Wisconsin. WSPP is accredited by both the North Central Association-Higher Learning Commission of Colleges and by the American Psychological Association. WSPP is listed as a Designated School by the Joint Designation Committee of the National Register of Health Service Providers in Psychology and by the Association of the State and Provincial Psychology Boards.

Online Platform (Zoom)

After registration has been received for the workshop, WSPP administrative staff will email each attendee an invitation link via email.

Zoom requires audio and visual capabilities, such as those available on a smart phone, tablet, or computer. Participants are expected to be visible on the screen, aside from break, for the majority of the workshop to receive credit.

*Inclusion Committee
&
Mary Anne Siderits
Speakers Series on
Cultural Diversity*

Present

Clinical Needs of LGBTQ+

**Friday
March 19, 2021
Via Zoom**

featuring

**Alison Cerezo, Ph.D.
Kim Skerven, Ph.D.
Lucas Marabito, M.S.
Kimberly Balsam, Ph.D.**



WSPP is approved by the American Psychological Association to sponsor continuing education for psychologists. WSPP maintains responsibility for the program and its content. This program earns 6 CE credits for those who complete the program in its entirety.

«First_Name» «Last_Name»,

«Designation»

«Address_1»

«City» «State» «Zip»

Clinical Needs of LGBTQ+
Friday, March 19, 2021 9:00 A.M. - 4:00 P.M.

Audience: Psychologists, students, mental health professionals
Intermediate Instructional Level

Dr. Alison Cerezo is an Assistant Professor in the Counseling, Clinical and School Psychology combined doctoral program at the University of California, Santa Barbara (UCSB). She is also the director of the Social and Health Equity Lab (S.H.E.) at UCSB, carrying out research that examines the links between stigma, discrimination, mental health and alcohol-health disparities in diverse LGBTQ+ communities. She has published over 25 works, earning early career awards from Divisions 44 and 45 of the American Psychological Association and the National Latinx Psychological Association. Dr. Cerezo edited a special issue on LGBTQ+ research in the *Journal of Latinx Psychology*--a journal of the American Psychological Association. It was the first-ever peer-reviewed collection of LGBTQ+ Latinx research. She is also a licensed psychologist in the state of California and a member of the Los Angeles County Lesbian, Bisexual & Queer Women's Health Collaborative.

Dr. Kim Skerven is a Licensed Psychologist and a DBT-Linehan Board of Certification, Certified DBT Clinician. She has worked extensively with clinical issues such as suicidality and self-harm behaviors. Another area of clinical focus for Dr. Skerven is working with sexual and gender minorities, including the competent use of evidence-based psychotherapies with this population. She has published in this area, as well, specifically in contextualizing DBT to address self-stigma and other issues related to minority stress for LGBTQ+ clients.

Lucas Marabito is a current graduate student in the Marquette University clinical psychology PhD program. His research focuses on understanding how minority stress in LGBTQ populations contributes to higher rates of mental health disorders and, more specifically, higher rates of substance use. He is also interested in applying knowledge about how minority stress impacts substance use to build tailored clinical interventions. Clinically, Lucas enjoys working with clients that have severe emotional and behavioral dysregulation, as well as clients struggling with identity concerns and LGBTQ clients more broadly.

Dr. Kimberly F. Balsam is Department Chair and Professor in the Psychology Department at Palo Alto University, where she is the Director of the Center for LGBTQ Evidence-Based Applied Research. She has a 20-year history of clinical practice and has been conducting innovative research in the area of LGBTQ+ psychology since the 1990s. She is currently the Principal Investigator for the LGBTQ+ Clinical Academy, a project to develop and test a 40-hour cultural competence training for behavioral health providers.

Educational Objectives:

At the completion of this workshop, participants will be able to:

- Identify risk factors for suicidality and self-harm behaviors for LGBTQ+ clients.
- Describe how minority stress theory relates to these risk factors.
- Explain how minority stress theory can be used to generate theoretically-grounded intervention strategies for LGBTQ+ clients at risk for suicide and/or self-harm.
- Identify three key elements of affirmative psychotherapy with LGBTQ+ populations.
- Describe the framework for providing evidence-based psychotherapy with LGBTQ+ populations.
- Identify challenges that placed many LGBTQ+ individuals in precarious positions during COVID pandemic.
- List cultural considerations at the intersection of gender, ethnicity and race within the larger LGBTQ+ community.
- Describe how mental health professionals can build their capacity to better support and foster resilience of LGBTQ individuals.

Schedule:

8:45-9:00	Log into Zoom
9:00-9:15	Opening Remarks
9:15-10:45	Working with LGBTQ+ People: Suicide and Self-Harm <i>Dr. Kim Skerven & Lucas Marabito</i>
10:45-11:00	Break
11:00-12:30	Evidence-based Psychotherapy with LGBTQ+ Populations: A Framework for Psychological Practice <i>Dr. Kimberly Balsam</i>
12:30-1:00	Lunch (on your own)
1:00-2:30	Understanding Key Challenges and Fostering Resilience among LGBTQ+ Individuals during COVID-19 <i>Dr. Alison Cerezo</i>
2:30-2:45	Break
2:45-3:45	Discussion
3:45-4:00	Conclusion and Wrap-Up

Register and Pay Online at:

<https://wspp-web.webflow.io/events>

OR Complete the following registration form:

Payment and registration must be received by March 15th. Your check will serve as receipt. Confirmation of registration will be sent via email. Please **PRINT** all information below.

Space is limited to 80 participants

____ \$10 WSPP, MATC & All Other Students
____ \$50 WSPP & MATC Faculty; WSPP Alums
____ \$75 Professionals

(Please make check payable to WSPP)

Name: _____

Degree: _____

Profession: _____

Address: _____

City, State, Zip: _____

Email: _____

Telephone: _____

Special needs (specify): _____

Mail to: Hydiza Hassan @ WSPP
9120 W Hampton Ave, #212
Milwaukee, WI 53225

Call 414-464-9777 for additional information or special accommodations

Refund/Cancellation Policy:

WSPP must be notified at least 3 business days prior to the workshop to qualify for a refund, less a \$20.00 fee.