

List of allergens

	Gluten	Lactose	Nuts	Fish	Egg	Shellfish	Celery	Mustard	Soy	Alcohol	Sesame	Garlic	Chili	Mushrooms	Vegan	Gluten free	Lactose free
Standard Bowls																	
Salmon Poké	X		X	X	X					X	X						X
Tuna Poké	X			X	X				X	X	X	X	X				X
Shrimp Poké	X	X		X	X	X	X	X	X	X	X	X					X
Duck Poké	X		X		X				X	X	X						X
Bulgogi Poké	X				X				X	X	X	X	X				X
Chicken Poké	X		X		X			X	X	X	X						X
Veggie Poké	X							X	X		X	X	X		X		X
Tofu Poké								X			X	X		X	X	X	X
Acai Bowl	X		X					X			X				X		X
Moringa Bowl	X		X					X			X				X		X
Exotic Bowl	X		X					X			X				X		X
Choko-Banana Bowl	X		X					X			X				X		X
Individual Components																	
White Rice	X														X		X
Brown Rice	X														X		X
Cauliflower-Carrot Rice															X	X	X
Veggie Mix															X	X	X
Sesame Mayo	X				X				X		X	X					X
Teriyaki Mayo	X				X				X								X
Chili Mayo	X				X				X		X	X					X
Goma Dressing	X		X		X												X
Mint-Lime Dressing															X	X	X
Chili Dressing	X								X		X		X		X		X
Mustard Vinaigrette								X				X			X	X	X
Sweet Ponzu	X			X													X
Pulled Duck																X	X
Beef Bulgogi	X										X	X	X				X
Chicken Meatballs								X			X	X				X	X
Salmon				X												X	X
Tuna				X												X	X
Shrimp						X										X	X
Tofu									X						X	X	X
Pickled Red Onion															X	X	X
Pickled Ginger															X	X	X
Seaweed Salad	X								X		X		X		X		X
Surimi Salad	X	X			X	X	X	X									
Kimchi	X											X	X				X
Soya (To-Go)	X								X						X		X
Soya (In House)	X								X						X		X
Rice Vinegar	X														X		X
Wonton	X				X										X		X
Soya Milk (Vanilla Calcium)									X						X	X	X
Granola	X		X												X		X