



WHISTLER GYMNASTICS- Pemberton 'Spring 2020' SCHEDULE

Session (10 weeks): Tues, April 7th to Thurs, June 11th, 2020

Our organization works within the recommendations of the Canadian Sport for life Institute's Long Term Athlete Development stages "LTAD" <http://sportforlife.ca/qualitysport/stages/>

As part of a recreational gymnastics class, children of all ages and abilities have fun learning challenging skills; playing on interesting equipment; doing routines; or performing in a demonstration. Gymnastics is about "how the body moves", it is recognized by the International Olympic Committee as a "foundation sport" for all physical activity and sports. By PLAYing in gymnastics, babies, toddlers, children, youth and adults learn skills that prepare them to participate in almost every other sport.

CLASSES	AGE/ GRADE	DAY	TIME	Registration: February 18th 9:00am
ACTIVE START AGES 1 – 6				
PARENT AND TOT -must be able to walk age 1.5-3	Born in 2018-2017	Tuesday or Thursday	9:15-10:00	\$121
SPINNERS KK3	Born in Jan-Apr 2017*must have taken Parent n tot class Born in 2016	Tuesday or Thursday	10:15-11:00	\$121
TWISTERS KK4	Born in 2015	Tuesday or Thursday	11:15-12:00	\$121
Kinderkids KK4	Born 2015	Tuesday	2:00-2:45	\$121
SuperTwisters KK4	Born in 2015 Must have been enrolled in the fall.	Thursday	1:15-2:45	\$208
FUNDamentals AGES (5)6 - 13 Grades K-7				
HIGHFLYERS - working on gymnastics Fundamentals movement skills to develop physical literacy	Grade Kindergarten girls and boys	Tuesdays	3:30-4:30	\$140
SUPERFLYERS	Grade K-1	Tuesdays	2:50-3:50	\$140
SPRINGERS - working on gymnastics Fundamentals movement skills to develop physical literacy	Grade 1-3 girls	Thursdays	3:30-4:45	\$174
PAD - Performance and Development - more skill less play but skill having FUN!	Grade 1-2 girls with experience	Tuesdays	4:30-6:00	\$208
REBOUNDERS -Gymnastics skills, fun, fitness, fundamentals	Grade 3-7 girls	Thursdays	4:45-6:15	\$208
NINJAs -gymnastics basic with a ninja-free running twist	Grade 1-3 Grade 1/2 boys Grade 3/4 boys	Thursdays	2:50-3:50 3:30-4:30 4:45-5:45	\$140
GymKour -parkour-style gymnastics training	Grade 5-7- boys	Thursdays	5:45-6:45	\$140
Learn to Train				
INTERCLUB Performance Program is also offered at this facility for those interested in a year long commitment, includes attending, performing at 3 gymnastics events in the spring. This program starts in September. Please ask if you are interested to start in the Fall. For grade 2+.				
ACTIVE FOR LIFE				
Tumble and Gym	Email for more info			

* All training days/times are based on registration, subject to change with notice by WGC, and only if deemed necessary for benefit of program needs.

IF A CLASS IS FULL, PLEASE SIGN UP TO THE WAIT LIST. WE TRY TO GET EVERYONE ON THE WAITLISTS IN!

***VOLUNTEER LEVY: 5% WILL BE INCLUDED IN YOUR PROGRAM PRICE.**

YOU CAN EARN THIS BACK BY SUBMITTING YOUR VOLUNTEER HOURS EACH SESSION.

Whistler Gymnastics-Pemberton pemberton@whistlerymnastics.com | 604-902-3547 |
Classes held at Pemberton and District Community Centre