

ANNE-MARIE LOCKMYER



AWARD-WINNING AUTHOR
SPEAKER
GRIEF & LOSS SPECIALIST



WWW.GRIEFANDTRAUMAHEALING.COM

DEDICATED TO USING HER STORY AND EXPERTISE TO
BRING HOPE AND HEALING TO THE BROKENHEARTED.

ABOUT ANNE-MARIE

- + Advanced Certified Grief Recovery Specialist
- + Certified in Critical Incident Stress Debriefing
- + Certified Trauma-Informed Practitioner
- + Award-Winning Author of *When Their World Stops: The Essential Guide to Truly Helping Anyone in Grief*
- + Founder of the **Grief and Trauma Healing Network**.

As a widow herself, Anne-Marie knows the pain and devastation that accompany grief and loss. She is living proof that you can go from surviving to thriving. She serves as an educational catalyst to bring hope and healing through:

- + Individual & group grief recovery programs
- + Educational workshops for communities and organizations
- + Conference & retreat speaking .
- + Grief and crisis support and consulting.

Through her authentic and humorous approach, Anne-Marie forms deep connections which make for an impactful and empowering seminar.

www.griefandtraumahealing.com
help@griefandtraumahealing.com
Phone: 714-400-2496

AS SEEN ON:

billboard

RollingStone

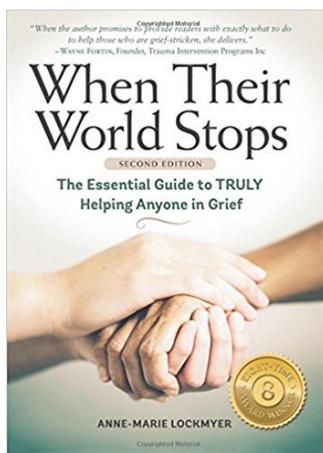
Los Angeles
WAVE
NEWSPAPERS

considerable.

sheknows

UP JOURNEY

HER BOOK:



SPEAKING TOPICS

When Change Hurts: How Loss Impacts Our Lives
Grief and loss impact us all. There are over 40 life losses, and death is just one of them. This eye-opening presentation reveals the truth and myths about grief and loss and the impact they may be having on your life without you even realizing it.

Grief 101: Equipping Support Professionals
Everything you need to know about interacting with and understanding those suffering from grief. Learn the truths and myths about grief and loss, the different life losses that cause grief, and how to support with the right words and actions. Go from awkward to confident. Participants leave informed and empowered. **(therapists, social workers, first responders, teachers, medical staff, coaches, volunteers, and anyone else who would like to learn more about grief)**

The Impact of Loss and Change on Children
We cannot protect children from sad, painful or negative experiences. Learn how to help them cope with the inevitable losses they will face and how to guide them effectively in dealing with all the changes in their lives. This is one of the greatest gifts we can give a child. **(parents, guardians, educators, school counselors, children's leaders)**

The Hidden Cost of Grief on Your Business
The impact of grief in the workplace costs businesses millions annually in lost productivity. This workshop equips your company to recognize, respond and support employees through losses caused by divorce, family crisis, financial loss, death of a loved one, major lifestyle alteration, loss of a pet, infertility... **(human resources, business owners, managers)**

Custom presentations or workshops can be designed specific to your audience.

WHAT PEOPLE ARE SAYING

"...one of the most powerful, engaging speakers I've met. She is a wealth of information, personable, just an all-around down-to-earth wonderful person."

Roxanne Le Sene, Executive Vice President,
Internal Empowerment Coaching

"Anne-Marie was able to connect with the audience immediately and deeply; she had them crying but also, at times, laughing. Her down-to-earth demeanor and genuine concern, along with her educational content, had a powerful impact."

Les Triché, Principal, El Prado Adult School, and College Programs,
California Institution for Women