

**“Do Not
Suffer
In Silence”**



Postpartum Support Group San Pedro

**Have you been feeling anxious, overwhelmed, depressed or fatigued
with the challenges of pregnancy or motherhood?**

**If So, Please Attend a Drop-In Support Group
A FREE COMMUNITY SERVICE**

**Sponsored by
Recovery NOW, Inc. & Positive Counseling Center**

**LOCATION: San Pedro -916 North Western Avenue
Suite #210
San Pedro, CA 90732**

Please visit

www.RecoveryNowLA.com

Or

www.PositiveCounselingPsychology.com

To register and inquire about days and times of Postpartum Support group

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