

Grilled Chicken & Salad



10 min.



1 serving



PER SERVING
355 CAL
FAT: 12.9g
CARB: 2.5g
PROTEIN: 53.7g

E4L

INGREDIENTS

- 6 oz Chicken Breast, grilled
- ½ tbsp Apple Cider Vinegar
- ¼ cup Cherry Tomatoes
- ½ tbsp Olive Oil
- 1 cup Spring Mix

DIRECTIONS

1. Prepare salad with lettuce blend, tomatoes, olive oil and vinegar.
2. Slice grilled chicken and combine with salad.
3. Enjoy!

