

Banana Egg Pancakes



15 min.



1 serving



PER SERVING
248 CAL
FAT: 10g
CARB: 28g
PROTEIN: 14g

E4L

INGREDIENTS

- 1 medium Banana
- 2 large Eggs

DIRECTIONS

1. Mash the ripe banana.
2. Beat the eggs and stir in the banana.
3. Pour into lightly oiled frying pan. Flip when bubbles. You can usually make 2 small pancakes using 2 eggs/1 banana.



EAT THIS MUCH

Original Recipe: <https://www.eatthismuch.com/recipe/view/banana-egg-pancakes,254997/>