

# Brussels Sprout Slaw



10 min.



2 servings



PER SERVING  
109 CAL  
FAT: 7g  
CARB: 10g  
PROTEIN: 4g

## INGREDIENTS

- ½ lb Brussels Sprouts Slaw
- 2 tsp Lemon Juice
- 1 tbsp Olive Oil
- ¼ tsp Salt

## DIRECTIONS

1. Keeping the stems intact, trim any loose or yellow leaves on the Brussels sprouts.
2. Holding each sprout by the stem end, finely shred them with a slicer.
3. Drizzle the slaw with olive oil, lemon juice, and salt and toss well.



EAT THIS MUCH