WHAT’S UP AT DEAF, INC.?
New COVID-19 updates posted weekly with English and Spanish captions!
Nuevas actualizaciones de COVID-19 publicadas semanalmente, con subtítulos en inglés y español.

Aug 28 vlog
Click here for vlog on YouTube
haga clic aquí para video en YouTube

Sept 3 vlog
Click here for vlog on YouTube
haga clic aquí para video en YouTube

All vlogs are also on our Facebook page:
Todos los videos también están en nuestra página de Facebook:
www.facebook.com/DEAFIncMA

Para subtítulos en español
All staff continue to provide IL services remotely Mon-Fri.

VP: Can VP? Make a VP appointment
Email: Can email? Email your staff
Phone: Can phone? Call your staff

Can’t VP? Can’t email? Can’t phone?
Ask staff for appointment. Staff must have approval first.

Open for in-person appointments on Tuesdays & Thursdays!
Appointment & Face Mask Required.
Sorry, no walk-in/frog services.

Boston Office
Lawrence Office
New Bedford Office
Salem Office

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boston</td>
<td>Front Desk: <a href="mailto:frontdesk@deafinconline.org">frontdesk@deafinconline.org</a>, VP 617.505.4823 / V 617.520.4433</td>
</tr>
<tr>
<td>Lawrence</td>
<td>Marie Desrosiers: <a href="mailto:mdesrosiers@deafinconline.org">mdesrosiers@deafinconline.org</a>, VP/V 978.208.4591</td>
</tr>
<tr>
<td>New Bedford &amp; Hyannis</td>
<td>Catarina Lima: <a href="mailto:clima@deafinconline.org">clima@deafinconline.org</a>, VP/V 508.717.8809</td>
</tr>
<tr>
<td>Salem</td>
<td>Matthew Castiglione: <a href="mailto:mcastiglione@deafinconline.org">mcastiglione@deafinconline.org</a>, VP/V 978.910.0041</td>
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<tr>
<td>DBCAN</td>
<td>Elaine Ducharme: <a href="mailto:Educharme@deafinconline.org">Educharme@deafinconline.org</a>, VP 617.586.2505</td>
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<tr>
<td></td>
<td>Jean Healy: <a href="mailto:jhealy@deafinconline.org">jhealy@deafinconline.org</a></td>
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Interested in learning about your ADA Rights?
PART 2: Wed, Sept 9, 1:30-2:30 pm on Zoom
(Part 1 was held on Sept. 2)

Hosted by Matt Kelley, IL Specialist
and
Chi Wai Kwong-Sito, IL Specialist

- Learn how to file a complaint of discrimination.
- ADA Rights when interacting with Law Enforcement.
- ADA Websites and Resources Provided.

Please contact DEAF, Inc. Front Desk for the Zoom ID
(617) 505-4823 VP/V or frontdesk@deafinconline.org
Mastering Face Masks and Hearing Loss: Practical Tips and Strategies

Topics to be discussed:

- Tips for improving communication when masks are worn
- Low cost hearing devices and apps for improving interactions.
- Unique ways to wear a mask with hearing aids to ensure comfort
- How to remove a masks to prevent losing a hearing aid

Guest speaker: Carolyn Stern

Wednesday, September 9, 2020
2:00PM to 3:00PM

This will be on Zoom—join us on your iPhone, smartphone, iPad, tablet or computer/laptop

Please register. Contact the Front Desk to get the Zoom ID.
frontdesk@deafinconline.org or 617-505-4823 Videophone/Voice
Presentation by: Samantha McDonald

Thursday, September 10, 2020
2:00pm to 3:30pm

- How can you make your meals healthier?
- Healthy recipes will be shared
- Bring your own healthy recipes
- Trivia game!

Interested? Please contact Frontdesk@deafinonline.org or call 617-505-4823 to get the Zoom ID number and password
All About Utilities

Presented by Todd Suffreti, Hard of Hearing/Late-Deafened II. Specialist

Tuesday, September 15, 2020
1:15pm—2:30pm

Contact DEAF, Inc. Front Desk to get Zoom information
617-505-4823 or frontdesk@deafinconline.org

• Electric
• Water
• Gas

• Learn how to read your bills
• Learn how you can save money.
• What to do if you are behind on payments
  • How to budget
• Power outage in your area?
• What to do if you smell gas
Want to know about Voting?

Wed, September 16, 2020
3:15pm to 4:30pm

This workshop will be on Zoom. Join us on your iPhone, smartphone, iPad, tablet or computer/laptop

We will present about the voting process and different ways to vote. Voting resources for Deaf/Hard of Hearing community will be shared.

♦ What are the voting methods?
♦ Am I registered to vote? How do I know if I am?
♦ Where do I go to vote?
♦ What info is available in American Sign Language (ASL)?

Please contact your Independent Living Specialist (ILS) if you are interested in learning more about voting. If you need help setting up Zoom, please contact your ILS.

Please contact Front Desk at frontdesk@deainconline.org or 617-505-4823 for Zoom ID and password.
Map of # of New COVID Cases

Current RED towns: Lawrence, Lynn, Everett, Chelsea, Revere, Winthrop, Framingham, and Westhampton

**Your town has a color code!**
Red: 9+ cases per 100k people
Yellow: 4-8 cases per 100k people
Green: 1-3 cases per 100k people
Gray: 4 or fewer reported cases total

Map: Change in # of COVID Cases
Map available at: [www.google.com/maps/d/u/0/viewer?mid=1nHHi_NvHFlcVOZbiL-5zLvJebr_Mvj4R&ll=42.07581656681128%2C-71.70572579999998&z=8](http://www.google.com/maps/d/u/0/viewer?mid=1nHHi_NvHFlcVOZbiL-5zLvJebr_Mvj4R&ll=42.07581656681128%2C-71.70572579999998&z=8)

**Your town has a color code!**
Red Pin: # of COVID cases are increasing
Green Pin: # of COVID cases are decreasing
Yellow Pin: # of COVID cases is the same as last week
As of Sept. 1, 2020, COVID-19 lower-risk states are:

- Colorado
- Connecticut
- Delaware
- Maine
- New Hampshire
- New Jersey
- New York
- Pennsylvania
- Vermont
- West Virginia

Planning to go to a state on the list above? Right after arriving in MA, you must:

1. Complete and submit a **MA Travel form**
2. Quarantine for 14 days **or** get a negative COVID19 test result

*If you do not do #1 and #2 you may be fined $500.*

For more information….

- Massachusetts Travel Form: [www.mass.gov/forms/massachusetts-travel-form](http://www.mass.gov/forms/massachusetts-travel-form)
- Where to get a COVID-19 Test: [https://www.mass.gov/covid-19-testing](https://www.mass.gov/covid-19-testing)
- The Governor's interpreted announcement: [www.youtube.com/watch?v=o1bWAauaWoU&feature=emb_logo](http://www.youtube.com/watch?v=o1bWAauaWoU&feature=emb_logo).
Deaf Services at My Ombudsman
Lori Siedman, Director of Deaf Services

Lori Siedman, Deaf and fluent in ASL, is now Director of Deaf Services for the My Ombudsman program at Disability Policy Consortium.

This is a new position that will provide more opportunities to improve healthcare access. My Ombudsman created this role because of feedback from the Deaf community.

Since July of 2018, Lori has been the Deaf and Hard of Hearing Ombudsman for members of MassHealth plans. This part of her job has not changed. Lori will still work with Deaf, Hard of Hearing, Late-Deafened, and Deafblind people who need help accessing their healthcare benefits and understanding their rights.

As Director of Deaf Services, Lori will do more Deaf community outreach and education. She will also work closely with other healthcare organizations to give feedback and education on issues like Deaf culture and communication access.

A big goal is to give the Deaf community a voice in the healthcare system. Lori will listen to D/deaf and HOH people to understand their experiences and get ideas about how to make healthcare more Deaf-inclusive.

Contact Information
Lori Siedman
Director of Deaf Services, My Ombudsman
11 Dartmouth Street, Suite 301
Malden, MA 02148
339-224-6831 VP/V
617-932-7416 Fax
LSiedman@myombudsman.org
### State and Federal Contact Information

| United States Citizenship and Immigration Services (USCIS) | www.uscis.gov/contactcenter  
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<td><a href="http://www.uscis.gov/coronavirus">www.uscis.gov/coronavirus</a></td>
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<tr>
<td>Dept. of Transitional Assistance (DTA)</td>
<td>(877) 382-2363 / <a href="http://www.DTAconnect.com">www.DTAconnect.com</a></td>
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<tr>
<td>Department of Unemployment Assistance (DUA)</td>
<td><a href="http://www.mass.gov/service-details/check-eligibility-for-unemployment-benefits">www.mass.gov/service-details/check-eligibility-for-unemployment-benefits</a></td>
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</tbody>
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| Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH) | ASL Video: https://youtu.be/vTM5PSZiM3Q  
|                                                           | Emergency line: 800-249-9949                    |
|                                                           | Interpreters: https://www.mcdhh.net/request/    |
|                                                           | Case Management:                               |
|                                                           | VP: 617-326-7546 / Voice: 617-740-1600          |
|                                                           | VOCA—Shannon.Silvestri@mass.gov                |
|                                                           | Text: 857-202-7164                             |
|                                                           | Deaf Recovery Coaches                          |
|                                                           | Karran.Larson@mass.gov                        |
|                                                           | VP: 413-347-4094 / Text: 857-488-5440          |
| Massachusetts Rehabilitation Commission (MRC)            | 617-204-3600                                   |
| Social Security Offices                                  | 1-800-772-1213 / 1-800-325-0778 (TTY)          |

### General COVID-19 Info

| Call 211  
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<td>Chat live online</td>
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### Sign up for statewide COVID-19 text alerts:

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<th>Text COVIDMA to 888-777 to start receiving alerts</th>
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### Sign up for COVID-19 alerts from City of Boston

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<tr>
<th>Text BOSCOVID to 99411 to start receiving alerts</th>
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**OFFICE LOCATIONS:** ALLSTON • HYANNIS • LAWRENCE • NEW BEDFORD • SALEM
ENJOY THE SPECIAL EDITION NEWSLETTER!

Text To 911
Now Available

State 911 Department Says “Call if you can, text if you can’t”

Emergency call 911

REMINDER
Not fill out census form? Census will come to your door.

SAFE SPACE
LGBTQIA

Contact Tracing
Receive a call from “MA COVID-19 Team”?
Answer it!
You may have been in contact with coronavirus.