DEAF, Inc.’s mission is to inspire people to achieve personal and professional goals through accessible programs and services. We build bridges across communities by increasing communication access and awareness.

Learn How to Send Pictures or Letters Through Email

Presented by Chi Kwong-Sito, IL Specialist

July 29, 2020. 2:00 - 3:00 PM meeting through Zoom
RSVP: Contact us at frontdesk@deafinconline.org or 617-505-4823. Zoom ID will be sent.

We suggest using a separate laptop, computer or tablet during this workshop.
Open for appointments on Tuesdays + Thursdays!

- Boston Office
- Lawrence Office
- New Bedford Office (starting August 4, 2020)
- Salem Office (starting August 4, 2020)

*If you receive IL services in Taunton, you can go to New Bedford for an appointment. Contact your staff.*

**Appointment REQUIRED.**

Sorry, no walk-in/frog services.

**Masks REQUIRED before Entering**

All staff continue to provide IL services remotely Mon-Fri.

Want more information? Contact your IL staff.

Check out our vlog on Facebook.
Vote by Mail 2020

If you are registered to vote, you will receive a Vote by Mail form (see picture). Fill out the form and send it back!

You will not get the form if you…
• Are not registered to vote
• Recently moved

What to do?
First, register to vote.
How?
1. Go to www.sec.state.ma.us/ovr
2. Click on “Register or Pre-register”
3. Fill out information.

After you register to vote, get your Vote by Mail application.
How?
1. Go to www.sec.state.ma.us/ele/eleev/early-voting-by-mail.htm
2. Download the application.
3. Fill it out.
4. Mail it in.

Voter Registration Deadlines:
• Presidential Primary: Aug 12, 2020
• MA General Election: Oct 14, 2020

Hurry! Don’t wait!
Federal Stimulus Debit Cards

Looking for your Stimulus payment?
If the IRS did not have your direct deposit bank account information, you will get a paper check OR a pre-paid debit card. This debit card will be in a plain envelope from “Money Network Cardholder Services.” It will be a Visa debit card with “MetaBank” on the back. See picture above.

Before you use it, you MUST:
1. Activate your card (via phone or online) AND
2. Create a PIN

To avoid fees:
- Make purchases where Visa is accepted (online or in store)
- Use in-network ATMs (list of ATMs here: https://www.eipcard.com/locator/)
- Transfer the money to your personal bank account
- Check your card balance online, mobile app, phone

Free Tours of World Famous Places From Home

<table>
<thead>
<tr>
<th>Location</th>
<th>Description</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cincinnati Zoo</td>
<td>See different animals every day at 3pm</td>
<td><a href="http://www.facebook.com/cincinnatizoo/">www.facebook.com/cincinnatizoo/</a></td>
</tr>
<tr>
<td>Smithsonian Museum of</td>
<td>Take a virtual tour of exhibits</td>
<td><a href="https://naturalhistory.si.edu/visit/virtual-">https://naturalhistory.si.edu/visit/virtual-</a></td>
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<tr>
<td>Natural History</td>
<td></td>
<td>tour</td>
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<tr>
<td>Georgia Aquarium</td>
<td>Watch a livefeed of Beluga whales</td>
<td><a href="http://www.georgiaaquarium.org/webcam/beluga-whale-">www.georgiaaquarium.org/webcam/beluga-whale-</a></td>
</tr>
<tr>
<td>Google Earth: National</td>
<td>See national parks in 3D</td>
<td><a href="https://earth.app.goo.gl/UNj41c">https://earth.app.goo.gl/UNj41c</a></td>
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<tr>
<td>Parks</td>
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<tr>
<td>Smithsonian National Zoo</td>
<td>Watch a live feed of different animals</td>
<td><a href="https://nationalzoo.si.edu/webcams">https://nationalzoo.si.edu/webcams</a></td>
</tr>
<tr>
<td>Louvre</td>
<td>Take a virtual tour of different art exhibits</td>
<td><a href="http://www.louvre.fr/en/visites-en-ligne">www.louvre.fr/en/visites-en-ligne</a></td>
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</tbody>
</table>
SURVEY: Pregnancy questionnaire for Women Who Are Deaf or Hard of Hearing

If you’re a Deaf or Hard of Hearing (DHH) woman who has given birth in the last 10 years, please take our survey!

We want to learn how we can make health care better for Deaf and Hard of Hearing women.

Can I participate?
You must...
- Be 21 years old, or older
- Be Deaf or Hard of Hearing
- Have given birth in the last 10 years
- Be willing to complete a survey that takes about 30-40 minutes. Questions will ask you about what it was like when you were pregnant and had your baby.

As a thank-you, you will be entered into a drawing to receive a $50 gift card!

Remember, it is ALWAYS your choice to be involved in research. You do not have to participate; nothing bad will happen if you choose not to participate.

How do I join?
Sign up online to take the survey here: http://sardiprogram.com/DeafPregnancyOutcomes. Our survey is available in ASL, English, and Spanish.

Questions?
Contact Margarita M. Cooley, MA, CRC, CI
Research Program Coordinator
Email: comargar@med.umich.edu
Phone: 585-371-8109
Chances of Transmission of COVID-19

<table>
<thead>
<tr>
<th>Chance of Transmission</th>
<th>Asymptomatic COVID-19 Carrier</th>
<th>Uninfected Person</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>VERY HIGH</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
</tr>
<tr>
<td><strong>HIGH</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
</tr>
<tr>
<td><strong>MEDIUM</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
</tr>
<tr>
<td><strong>LOW</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
</tr>
<tr>
<td><strong>VERY LOW</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
</tr>
<tr>
<td><strong>VIRTUALLY NONE</strong></td>
<td>![emoji]</td>
<td>![emoji]</td>
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</table>

If both people do not wear a mask, spreading COVID is **VERY HIGH**

If an uninfected person wears a mask and an infected person does not, the risk of spreading COVID is **HIGH**.

If the infected person wears a mask and the uninfected person does not, the risk is **MEDIUM**

If both people are wearing a mask, the risk of spreading COVID is **LOW**

If both people are wearing a mask and social distancing, the risk is **VERY LOW**

If both people stay home, there is **ALMOST NO RISK!**

COVID-19 Dashboards

Click links below for updated information

Boston: **COVID-19 cases in Boston**

Massachusetts: **COVID-19 cases in Mass.**

All over the US: **COVID-19 cases all over the US**
SNAP Online Purchasing Program

www.mass.gov/snap-online-purchasing-program

Buy Food Online Using SNAP

Attention MA residents: You can now use SNAP benefits to buy food online at Amazon and Walmart

How It Works

1. Add your SNAP EBT card to your Amazon and/or Walmart account
2. Shop online for SNAP authorized foods
3. Look for “SNAP EBT eligible” on Amazon
4. Checkout using your EBT PIN:
   - You cannot use cash benefits on an EBT card to pay
   - SNAP benefits cannot be used to pay for shipping or delivery fees
   - Available with Amazon and some Walmart locations

To learn more or apply for Supplemental Nutrition Assistance Program (SNAP):
www.Mass.gov/SNAPonline

SNAP EBT cards can be used to order food delivery from Amazon and food pick up from Walmart.
# DEAF, Inc. Contact Information

<table>
<thead>
<tr>
<th>Boston</th>
<th>Lawrence</th>
<th>New Bedford, Taunton, Hyannis</th>
<th>Salem</th>
<th>DBCAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Front Desk&lt;br&gt;<a href="mailto:frontdesk@deafinconline.org">frontdesk@deafinconline.org</a>&lt;br&gt;VP 617.505.4823&lt;br&gt;V 617.520.4433</td>
<td>Marie Desrosiers&lt;br&gt;<a href="mailto:mdesrosiers@deafinconline.org">mdesrosiers@deafinconline.org</a>&lt;br&gt;VP/V 978.208.4591</td>
<td>Catarina Lima&lt;br&gt;<a href="mailto:clima@deafinconline.org">clima@deafinconline.org</a>&lt;br&gt;VP/V 508.717.8809</td>
<td>Matthew Castiglione&lt;br&gt;<a href="mailto:mcastiglione@deafinconline.org">mcastiglione@deafinconline.org</a>&lt;br&gt;VP/V 978.910.0041</td>
<td>Elaine Ducharme&lt;br&gt;<a href="mailto:Educharme@deafinconline.org">Educharme@deafinconline.org</a>&lt;br&gt;Jean Healy&lt;br&gt;<a href="mailto:jhealy@deafinconline.org">jhealy@deafinconline.org</a>&lt;br&gt;VP 617.586.2505</td>
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# State and Federal Contact Information

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<tbody>
<tr>
<td>Dept. of Transitional Assistance (DTA)</td>
<td>(877) 382-2363 / <a href="http://www.DTAconnect.com">www.DTAconnect.com</a></td>
</tr>
<tr>
<td>Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH)</td>
<td></td>
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</tbody>
</table>
| Massachusetts Rehabilitation Commission (MRC) | 617-204-3600<br>www.mass.gov/orgs/ma-
     ssachusetts-rehabilitation-commission |
| Social Security Offices<br>(SSI, SSA, SSDI) | 1-800-772-1213 / 1-800-325-0778 (TTY)<br>www.socialsecurity.gov |
| Department of Unemployment Assistance (DUA) | www.mass.gov/service-details/check-eligibility-for-unemployment-benefits |

### General COVID-19 Info
Call 211<br>https://mass211.org/<br>Chat live online

### Sign up for statewide COVID-19 text alerts:
Text COVIDMA to 888-777 to start receiving alerts<br>www.mass.gov/covid19

### Sign up for COVID-19 alerts from City of Boston
Text BOSCOVID to 99411 to start receiving alerts
Text To 911 Now Available

State 911 Department Says “Call if you can, text if you can’t”

Emergency call 911

Contact Tracing

Receive a call from “MA COVID-19 Team”? Answer it! You may have been in contact with coronavirus.

ENJOY THE SPECIAL EDITION NEWSLETTER!

Text To 911

U.S. Census 2020—ASL
https://youtu.be/1qMSl6b1sbXw
https://youtu.be/jfEQvQ_O4b8

REMINDER
Not fill out census form? Census will come to your door.

Office Locations: Allston • Hyannis • Lawrence • New Bedford • Salem • Taunton