DEAF, Inc.’s mission is to inspire people to achieve personal and professional goals through accessible programs and services. We build bridges across communities by increasing communication access and awareness.

DEAF, Inc.

Summer Safety

Do you know what SPF is? Do you know what UVA UVB are? Do you know the difference between Sunblock and Sunscreen? Do you know that overheat can cause heat stroke? Do you know what to do during COVID19 this summer?

Come and learn Summer Safety with us!

July 16, 2020, 2:00pm to 4:00pm

Interested to join this Zoom workshop? Please contact Front Desk at frontdesk@deafinconline.org or 617-505-4823 to get the Zoom ID.

Presentation by Samantha McDonald, IL Health Specialist

Office Locations: Allston • Hyannis • Lawrence • New Bedford • Salem • Taunton
Boston + Lawrence Offices now open on Tuesdays and Thursdays

Appointment REQUIRED
Masks REQUIRED Before Entering

NO walk-in. NO frog services.

All staff will continue to provide services remotely Monday—Friday.

Want more information? Contact your IL staff. Check out our vlog on Facebook.

Real ID
Everyone will need a Real ID by October 1, 2021.

Watch our vlog for more information: https://bit.ly/DEAFIncRealID
ADA Rally! (Virtual)
Wednesday, July 22, 1pm
Hosted by BCIL and the City of Boston Mayor’s Commission on Persons with Disabilities
(more information will come about how to access the event)

Guest speakers:
1. Judy Heumann, longtime disability rights activist
2. Governor Baker
3. Congresswoman Ayanna Pressley
4. Mayor Marty Walsh
5. Attorney General Maura Healey
   and more!

Want get involved? Get your ADA 30 t-shirts and civil rights signs
From: BCIL and the Mayor’s Commission on Persons with Disabilities
Cost: Free
How involve? Take picture of your sign and shirt (with you in it) - You give BCIL and City of Boston permission to show pictures on social media with the hashtag #ADA30Boston.

To have a shirt sent to you (and your family), please fill out the form on this link: https://www.surveymonkey.com/r/ADA30BostonTshirts.
Get your shirt while supplies last.

CART and ASL will be available at the event.
For additional accommodation requests, email disability@boston.gov or contact Jessica Doonan at 617-635-3682.
### Chances of Transmission of COVID-19

<table>
<thead>
<tr>
<th>Chance of Transmission</th>
<th>Asymptomatic COVID-19 Carrier</th>
<th>Uninfected Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>VERY HIGH</td>
<td><img src="image1.png" alt="Image" /></td>
<td><img src="image2.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If both people do not wear a mask, spreading COVID is VERY HIGH</td>
<td></td>
</tr>
<tr>
<td>HIGH</td>
<td><img src="image3.png" alt="Image" /></td>
<td><img src="image4.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If an uninfected person wears a mask and an infected person does not, the risk of spreading COVID is HIGH.</td>
<td></td>
</tr>
<tr>
<td>MEDIUM</td>
<td><img src="image5.png" alt="Image" /></td>
<td><img src="image6.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If the infected person wears a mask and the uninfected person does not, the risk is MEDIUM</td>
<td></td>
</tr>
<tr>
<td>LOW</td>
<td><img src="image7.png" alt="Image" /></td>
<td><img src="image8.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If both people are wearing a mask, the risk of spreading COVID is LOW</td>
<td></td>
</tr>
<tr>
<td>VERY LOW</td>
<td><img src="image9.png" alt="Image" /></td>
<td><img src="image10.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If both people are wearing a mask and social distancing, the risk is VERY LOW</td>
<td></td>
</tr>
<tr>
<td>VIRTUALLY NONE</td>
<td><img src="image11.png" alt="Image" /></td>
<td><img src="image12.png" alt="Image" /></td>
</tr>
<tr>
<td></td>
<td>If both people stay home, there is ALMOST NO RISK!</td>
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</tbody>
</table>

While Massachusetts is opening up through the 4 phases, it is still very important to **continue** to wear a mask and practice social distancing **even** if you have no symptoms.

Following the COVID-19 guidelines helps reduce the number of new infections.

**KEEP UP THE GOOD WORK EVERYONE.**
Use SNAP to Buy Food Online:

Buy Food Online Using SNAP

Attention MA residents: You can now use SNAP benefits to buy food online at Amazon and Walmart

How It Works

1. Add your SNAP EBT card to your Amazon and/or Walmart account
2. Shop online for SNAP authorized foods
3. Check out using your EBT PIN:
   - You cannot use cash benefits on an EBT card to pay
   - SNAP benefits cannot be used to pay for shipping or delivery fees
4. Schedule your delivery
   - Available with Amazon and some Walmart locations

To learn more or apply for Supplemental Nutrition Assistance Program (SNAP):
www.Mass.gov/SNAPonline

May 2020

Massachusetts SNAP Online Purchasing Program
Suggested Social Media Posts

<table>
<thead>
<tr>
<th>Theme</th>
<th>Graphic</th>
<th>Social Copy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coming soon</td>
<td>BUY FOOD ONLINE WITH SNAP</td>
<td>Did you know that you can now use your #SNAP benefits to buy food online? Buy groceries online at Amazon &amp; Walmart! More: mass.gov/SNAPonline.</td>
</tr>
<tr>
<td></td>
<td>Hand holding EBT card with</td>
<td></td>
</tr>
<tr>
<td></td>
<td>phone screen (walmart &amp;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Amazon logos on screen)</td>
<td></td>
</tr>
<tr>
<td>EBT Card Amazon</td>
<td>BUY FOOD ONLINE WITH SNAP</td>
<td>Attn MA residents: you can now buy food online with your #SNAP benefits at Amazon. Spend $35 or more &amp; get free delivery to your home. More: <a href="http://www.mass.gov/SNAPonline">www.mass.gov/SNAPonline</a>.</td>
</tr>
<tr>
<td></td>
<td>Hand holding EBT card with</td>
<td></td>
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<tr>
<td></td>
<td>cell phone/ SNAP Amazon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>logo only (Coming soon)</td>
<td></td>
</tr>
<tr>
<td>SNAP Website</td>
<td>BUY FOOD ONLINE WITH SNAP</td>
<td>Starting May 29, #SNAP recipients can use their benefits to buy groceries online! Looking for more info? Visit mass.gov/SNAPonline to download @DTA_Listen’s FAQ in English and Spanish.</td>
</tr>
<tr>
<td></td>
<td>Food graphic mass.gov/SNAPonline DTA logo (Coming soon)</td>
<td></td>
</tr>
<tr>
<td>EBT Card - Walmart</td>
<td>BUY FOOD ONLINE WITH SNAP</td>
<td>Starting May 29, #SNAP recipients can now use their benefits to buy groceries online at Walmart! Visit mass.gov/SNAPonline for more</td>
</tr>
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<td>Food graphic mass.gov/SNAPonline DTA logo (Coming soon)</td>
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</tbody>
</table>

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COVID-19 Dashboards
For Boston and Massachusetts
Last updated on 6/30/2020
Click link for more up-to-date information

Contact Tracing
Contact tracing is a team of people who are trying to identify who has come in contact with someone with coronavirus.
If you receive a call from (caller ID) “MA COVID-19 Team” answer the call.
You may have been in contact with coronavirus.
DEAF, Inc. Contact Information

State and Federal Contact Information

United States Citizenship and Immigration Services (USCIS)
https://www.uscis.gov/contactcenter
https://www.uscis.gov/coronavirus

Dept. of Transitional Assistance (DTA)
(877) 382-2363 / www.DTAconnect.com

Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH)
Mass.gov/mcdhh
Emergency line: 800-249-9949
Interpreters: https://www.mcdhh.net/request/
Case Management:
VP: 617-326-7546 / Voice: 617-740-1600
V O C A
Text: 857-202-7164
Email: Shannon.Silvestri@mass.gov
Deaf Recovery Coaches
VP: 413-347-4094 / Text: 857-488-5440
Email: Karran.Larson@mass.gov

Massachusetts Rehabilitation Commission (MRC)
617-204-3600
www.mass.gov/orgs/massachusetts-rehabilitation-commission

Social Security Offices
1-800-772-1213 / 1-800-325-0778 (TTY)
www.socialsecurity.gov

Department of Unemployment Assistance (DUA)
www.mass.gov/service-details/check-eligibility-for-unemployment-benefits

General COVID-19 Info
Call 211
https://mass211.org/
Chat live online

Sign up for statewide COVID-19 text alerts:
Text COVIDMA to 888-777
to start receiving alerts
www.mass.gov/covid19

Sign up for COVID-19 alerts from City of Boston
Text BOSCOVid to 99411
to start receiving alerts
Text To 911 Now Available

State 911 Department Says “Call if you can, text if you can’t”

Emergency call 911
1st Best VP, TTY, Voice
2nd Best Text

Contact Tracing

Receive a call from “MA COVID-19 Team”? Answer it!
You may have been in contact with coronavirus.