

Mette Charis Buchman

Member-at-Large, Executive Committee (2021-2024)

Mette joined the New York Center in 2020. She is a freelance consultant with many years of experience in organizations through major transitions across technology, products and services, client behavior, and work culture. Mette has a passion for enabling people, teams, and organizations to manage uncertainties, to thrive and create meaning in new opportunities, and to build a rewarding and creative work environment where people have the best possibilities to deliver their function responsibilities effectively. The primary foundation of her practice is organizational psychology with a systems-psychodynamic lens. She avidly keeps abreast of all the latest developments and learning opportunities in exploring how to apply the methodology to address complex, real challenges. Mette holds master's degrees in Organizational Psychology, in Women's Studies, and in Media and Cultural Studies. Besides her membership at The New York Center, Mette is also a member of A.K. Rice Institute for the Study of Social Systems, NAPS0 (Network for Applied Psychodynamic and Systems Theory Organizational Psychology, Denmark), a co-creator member of *Group Relations International*, and of an on-going, bi-weekly online Small Study Group.