

ASSESS YOUR ABILITIES

ACROSS

5. same as response, return; chemical
6. the third step in the **CRAFT** process
7. the opposite of dangerous
9. to object to something; engage in a contest
11. opposite of continue
12. Chess, Tic-Tac-Toe, Battleship are these games
13. anger, anxiety, fear, happy, sadness are these
14. to recognize what something is
15. to think carefully; show in a mirror

DOWN

1. able to control and be in charge of our feelings
2. a context that you may find yourself in
5. able to understand someone else's feelings
6. ask a silly _____ get a silly answer
8. the act or process of reaching a conclusion
10. the way you act towards yourself and others

