

# PEPPER

&

# ONION MELTS

**SERVES 4 ADULTS**

## METHOD

1. Preheat the grill. Arrange the peppers on a baking sheet with the red onion. Sprinkle with olive oil, then grill until soft and lightly browned (about 6-8 mins).
2. Toast the slices of bread and share the pepper mixture between them. Arrange the mozzarella cheese on top, then return to the grill for 1-2 mins, until cheese begins to melt.
3. Serve with mixed salad leaves.



## INGREDIENTS

2 peppers (any colour) halved and sliced  
1 small red onion cut into thin wedges  
4 slices of wholemeal bread  
125g light mozzarella cheese sliced

2 tsp olive oil  
1 pinch ground black pepper  
1 handful of mixed salad leaves