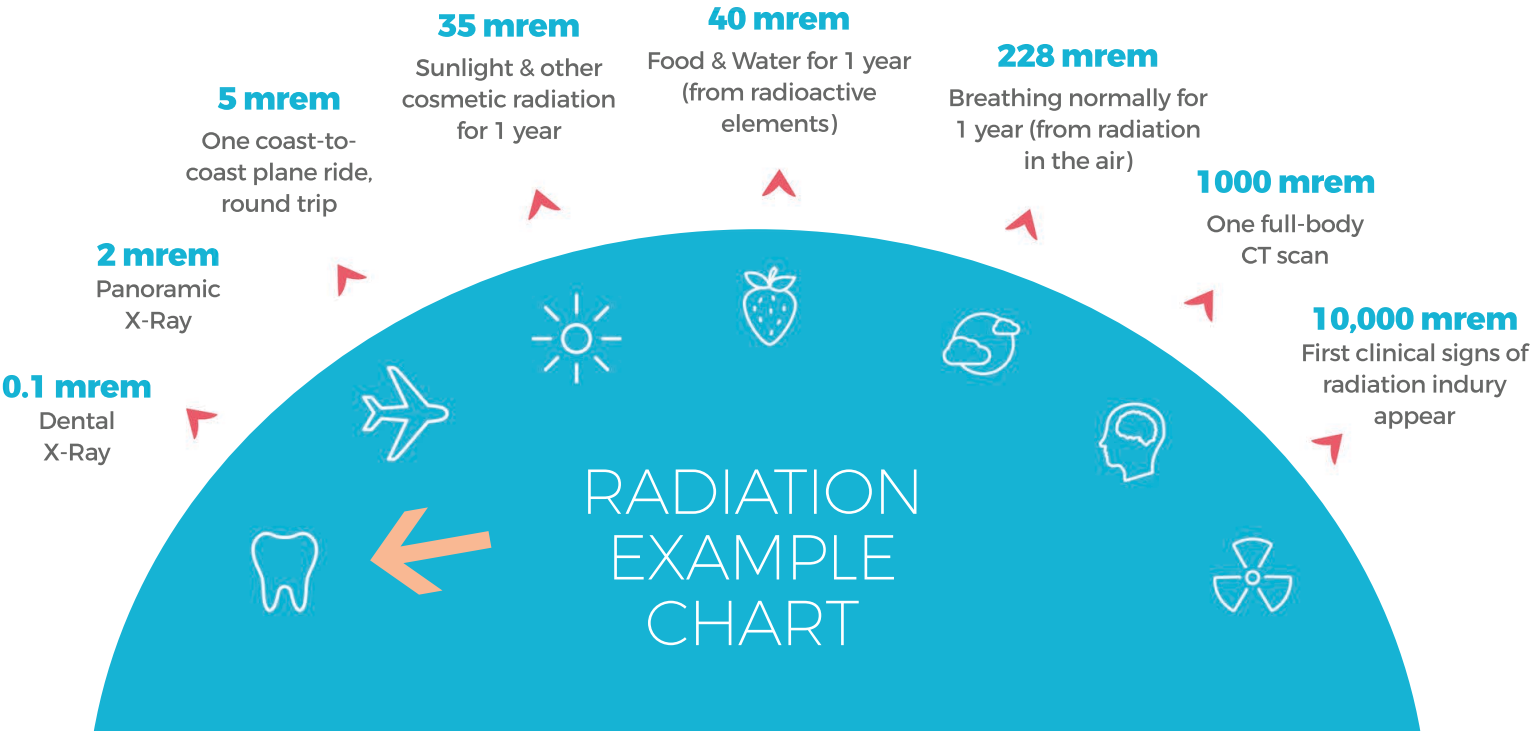
TEMECULA
PEDIATRIC DENTISTRY

# How Much Radiation Do I Get From Dental X-Rays?

Each year, the average person receives about 620 mrem of radiation from all natural and man-made sources combined.

## 0.1 MREM

This is the amount of radiation from a single digital bitewing (x-ray)