



**TRIGG JUNIOR BOARDRIDERS & DAMON HAYES SURF ACADEMY TRAINING SESSIONS
TERM 1 2020**

ABOUT DAMON HAYES SURF ACADEMY

Damon Hayes is a qualified Surfing Australia Level 2 Coach, Level 2 Judge, Western Australia State Junior Team Coach and the Surfing WA Perth Metropolitan Coach.

EACH LESSON TO HAVE A MAXIMUM OF 8 KIDS Each week a new lesson plan and a variety of coaching techniques will be implemented with the aim to help improve TJBR members surfing, competition skills & general surfing knowledge.

TRAINING DATES & TIMES

GROUP 1 (MONDAY MORNING A.M)

Monday February 10 from 6.00 - 7.00am
Monday February 17 from 6.00 - 7.00am
Monday February 24 from 6.00 - 7.00am
Monday March 2 from 6.00 - 7.00am
Monday March 9 from 6.00 - 7.00am
Monday March 16 from 6.00 - 7.00am
Monday March 23 from 6.00 - 7.00am
Monday March 30 from 6.00 - 7.00am

GROUP 2 (TUESDAY'S AFTERNOON P.M)

Tuesday February 11 from 4.15 – 5.15PM
Tuesday February 18 from 4.15 – 5.15PM
Tuesday February 25 from 4.15 – 5.15PM
Tuesday March 3 from 4.15 – 5.15PM

Tuesday March 10 from 4.15 – 5.15PM
Tuesday March 17 from 4.15 – 5.15PM
Tuesday March 24 from 4.15 – 5.15PM
Tuesday March 31 from 4.15 – 5.15PM

ARRIVAL TIME FOR TRAINING: Please make sure you arrive at least ten (10) minutes before training is to commence, to minimise disruption.

DUTY OF CARE: Children are **NOT** to be dropped off / left at the beach alone. The duty of care for your child / children rests completely with you. Safety and insurance demand the parent be present at all times whilst your child/children are involved in and out of all our club activities, be it competing, training or free surfing. Please note club members who are being pushed onto waves or are still developing their confidence will need to have a parent or guardian in the water with them as water safety.

All must sign & return the attached indemnity form.

PREREGISTRATION: IT IS ABSOLUTLY VITAL THAT ALL TJBR MEMBERS MUST HAVE PRE-REGISTERED FOR THEIR SESSIONS, AND FEES HAVE BEEN PRE-PAID Failure to preregister will see you not being able to participate in the training, so please preregister.

CONTACT & INFORMATION

Please contact Damon direct to book in lessons & payment details

Damon Hayes - Director

0403 251 031

info@damonhayessurfacademy.com

damonhayessurfacademy.com