



RIVERSTONE
YOGA

200-HOUR TEACHER TRAINING APPLICATION

Introduction:

Thank you for your interest in the Riverstone Yoga Virtual Teacher Training Program! Here are detailed instructions on how to apply. We recommend that applicants have at six months consistent asana practice. If you do not meet the criteria, please provide us with an explanation as to what other experience you may have that might qualify you for teacher training. We are happy to discuss this option with you. In order for the application process to be finalized you will need to come in for a personal interview with the program director.

How to Apply:

To reserve a place in the training you must send your completed application, along with a \$600 non-refundable deposit. Enrollment is limited; we may accept last minute applications if there is space in the program. Fee for the course is \$3595. Our early bird and Covid 19 discount registration is \$800.00 through June 15th. Your application and down payment must be received prior to June 15, 2020. After June 15, 2020, the registration fee is \$3,595. Payment plans are available - 5 equal installment every 15 days beginning with the application fee will be followed by four additional payments in the amount of \$560. (includes administration fee). This rate is based on the early bird/covid discount.

You are applying for a training that is held at a Riverstone Yoga Studio. **Unlimited virtual yoga is included** in your tuition for the duration of the training beginning June 1, 2020 (or the payment of your deposit, whichever is later) and upon acceptance into the program. Enrolled students may also apply for additional discounted unlimited membership for classes prior to June 1, please inquire for further details.

A complete application consists of the following three documents:

- Application
- Payment
- Teacher Training Participation Agreement

How to Submit your Application

You can email, drop off, or mail your Teacher Training application to Riverstone Yoga.

info@riverstoneyoga.com

Riverstone Yoga Teacher Training
2 Hudson View Way,
Tarrytown, NY 10591
914 332 YOGA (9642)



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UPDATE 5/20/2020: Our Teacher Training is now virtual with live calls to ensure we connect as a supportive and motivating group and one personal 30 minute check in session available. These live calls happen on Zoom – an online, interactive video-sharing platform. We request that YTT students do their best to be on all of the live even though replays are always provided.

Personal Information

Name:	
Address:	
City:	
State:	Zip:
Home Phone:	
Mobile:	
Email Address:	
Emergency Contact:	

Referral

Did someone refer you? Please list their name below .

I was referred by:			
Teacher	Friend	Family	Other:

If not referred, how did you hear about the Riverstone Yoga Teacher Training?

- Riverstone Yoga in studio Signage
- Riverstone Yoga Email
- Riverstone Yoga Postcards in the community
- Google Search
- Yoga Journal Advertisement
- Other _____

Training Information

Start Date of Training	July 1, 2020
Program Format:	Location: Via Live Stream & Video
Opening 8 Day-All Day Intensive, Nights & Weekend (See full schedule under our Information Sheet)	Riverstone Yoga Studio

Safety Please note that safety is very important to us and that, at any time your instructor(s) may ask you to leave if you are not at the physical and/or health level to fully and safely participate, or if you are affecting the safety and learning of others. All Covid 19 safety requirements as set forth by the NYS Dept of Health and other governing bodies will be required during in person meetings, if any.

TELL US ABOUT YOU

1. Tell us a little about yourself and why you want to participate in our yoga teacher training.

2. Please let us know if you have any situations that may affect your ability to fully participate in the training.

3 . Describe your dream job, teaching environment or yoga future 2 years from now.

4. What do you hope to achieve at the completion of the program?

5. Why do you want to take a Riverstone Yoga Teacher Training program?

6. What are your expectations for this training?

TELL US ABOUT YOUR PRACTICE

To better serve you, it is important that we have a general picture of your yoga practice and history. Please be as honest and as clear as possible. It is fine to answer no.

How long have you been practicing yoga?	
Average number of days per week you practice?	
What styles of yoga do you practice the most?	
What areas of yoga challenge you the most?	
What studios do you currently practice at?	
Do you have one primary teacher(s)? please name	
Do you have one type of yoga or style that you want to learn about?	

Please confirm that you have attached a letter of recommendation from that teacher.	Yes	No
Do you have a home practice?	Yes	No
Please confirm that you are fit enough for our yoga training and you have your doctor's permission.	Yes	No
Do you want to become a yoga teacher or deepen your yoga practice.	Deepend Practice	I want to teach
Do you practice meditation?	Yes	No
Do you practice pranayama?	Yes	No
Do you practice inversions?	Yes	No
Do you practice Surya Namaskar (Sun Salutation) A & B?	Yes	No
Do you practice chaturanga?	Yes	No
Is this your first yoga teacher training?	Yes	No
Are you currently teaching?	Yes	No
If you are teaching currently please tell us where and how often.		

PAYMENT INFORMATION

\$600 non-refundable deposit is due with your application. Full payment is required no later than July 1, 2020.

I am paying by check.

Please include the check with your application to the appropriate address on the first page of this application. Please include driver's license number, state and expiration date on the front of your check.

I am paying by credit card. Credit Card - please call or visit the studio with your card number: - there is a 3% fee for all credit card transactions.

Name as it appears on the card:

Is your billing information the same as your mailing address?

Yes

No

I hereby authorize payment:

Signature:

Date:



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TEACHER TRAINING PROGRAM AGREEMENT

I understand that paying for the virtual yoga teacher training program and completing the hours alone does not mean I will pass the program, however, if I am paid in full and fulfill all the requirements of the Riverstone Yoga Teacher Training, including in-class hours, homework, and passing both the written and in-class final exams, I will receive a letter of completion, which can be submitted to a prospective employer as evidence that I have completed Riverstone Yoga, a Yoga Alliance Certified 200-hour Teacher Training program. Riverstone Yoga reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or violates the Yoga Alliance ethical guidelines. Under such circumstances I understand my tuition will not be refunded.

Riverstone Yoga reserves the right at any time to ask me to leave the training if it appears that my health or physical practice are not at the level to fully participate in the training. Under such circumstances I understand I will be given a prorated credit on my account to be used towards a future training based on the amount of time attended. If private instruction is requested, additional fees may apply.

I understand that if I miss over 15 hours or I am perpetually tardy or leave early, I will be considered non-passing and may be asked to leave the training. I understand I may be given the opportunity to retake the program at a discounted rate, subject to availability. I understand that if I am unable to complete my assigned task within the assigned times any additional contact hours with instructors will be charged at \$150-\$185 an hour for any portion of the hour with a one hour minimum. Any additional time required with program administrator will be charged at \$110 an hour for any portion of the hour with a one hour minimum. All coursework is required to be turned in no later than August 30, 2020 (you have been provided a grace period after the program end date in order to complete your course and class assignments, however, should you require any additional time with an instructor or staff member after August 30, will incur a late fee charges.

All teacher trainees are permitted to take free virtual classes in order to fulfill 20 hours of additional training time required. No teacher trainer shall be permitted to take free classes once your training hours are completed, or after August 30, 2020, whichever is sooner. Upon completion of your training hours, Riverstone offers an ongoing alumni discount off the cost of yoga classes at the studio.

Once the program begins, tuition is non-refundable and non-transferable. In the event of unforeseen circumstances, Riverstone reserves the right to cancel or postpone this training and issue a refund.

I understand that all Riverstone Yoga Teacher Training materials are protected and cannot be reproduced by me without the permission of the author.

I have read and accept the above terms and requirements:	Yes _____ No _____ Please Initial:
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SIGNATURE :

DATE:
