



## Be BearWise OUTDOORS

# Six Outdoor BearWise Basics



### Stay Alert & Stay Together

Pay attention to your surroundings and stay together. Walk, hike, jog, or cycle with others when possible. Keep kids within sight and close by. Leave earbuds at home and make noise periodically so bears can avoid you.



### Leave No Trash or Food Scraps

Double bag your food when hiking and pack out all food and trash. Don't burn food scraps or trash in your fire ring or grill. *Leaving scraps, wrappers, or even "harmless" items like apple cores teaches bears to associate trails and campsites with food.*



### Keep Dogs Leashed

Letting dogs chase or bark at bears is asking for trouble; don't force a bear to defend itself. Keep your dogs leashed at all times or leave them at home.



### Camp Safely

Set up camp away from dense cover and natural food sources. Cook as far from your tent as possible. **Do not store food, trash, clothes worn when cooking, or toiletries in your tent.** *Store in approved bear-resistant containers OR out of sight in locked vehicle OR suspended at least 10 feet above the ground and 10 feet from any part of the tree. Local regulations vary.*



### Know What To Do If You See a Black Bear

**If you see a bear before it notices you**, don't approach. Stand still, enjoy, then quietly move away. **If a bear sees you**, back away slowly. Never run; running may trigger a chase response. **If a bear approaches**, hold your ground, wave your arms and yell "Hey Bear" until it leaves. Stay with your group. **If it keeps approaching**, use bear spray. **If a black bear makes contact with you**, do NOT play dead; fight back aggressively.



### Carry Bear Spray & Know How To Use It

Bear spray is proven to be the easiest and most effective way to deter a bear that threatens you. It doesn't work like bug repellent, so **never** spray your tent, campsite or belongings.

Learn More:  
**BearWise.org**

Helping People Live Responsibly with Black Bears

BearWise® CREATED BY BEAR BIOLOGISTS, SUPPORTED BY STATE WILDLIFE AGENCIES



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