

Lesson 4: Social Cues and Emotional Space

CCSS

RI.9-10.1, SL.9-10.1, SL.9-10.2, W.9-10.10

TEKS

110.31.(b)(6), 110.31.(b)(24)-(26),
110.31.(b)(12), 110.31.(b)(13)

Approximate Time

One hour

Objective

You'll know this lesson is successful if students can: Think about social cues and emotional space and be able to create and use a script to articulate discomfort.

Key Ideas

- Social cues are signals that people send to others through their body.
- Emotional space is the way we deal with emotions.
- Learning to tell others when you are uncomfortable can be difficult but, it will get easier.

Vocabulary

Emotional space, social cues

Lesson 4 Steps:

1. **Give** students five minutes to complete the *Do Now* in their Student Workbook. At the end of the five minutes, ask student volunteers to share their responses.
2. **Build** SEL language by having students complete the *SEL Word Power!* activity in the Student Workbook.
3. **Introduce** the lesson to students by showing the background building video and then continue the lesson in ONEder Academy.
4. **Check for Understanding** by having students complete the formative assessment in ONEder Academy.
5. **Continue** exploring ways to say yes and no politely. Then, have students complete the *Emotions Log* in the Student Workbook.
6. **In pairs**, have students complete the role-play *Partner Power!* activity in the Student Workbook.
7. **Reflect** on learning using the *End of Lesson Journal* activity in the Student Workbook.
8. **Wrap Up** the lesson by having students review what they learned and get an introduction to the next unit.



Differentiation Strategies

For struggling readers, encourage use of the **highlighted text** or **read aloud** function.

Build background knowledge on this topic by viewing the background building video.

Think aloud about a time that you had to say no to a friend or colleague and how it made you feel.



Educator Reflection

How have you handled a situation where you felt your emotional space was being compromised?



Unit Wrap-Up

- **Evaluate** students using the *End of Unit Assessment* in ONEder Academy.
- **Reflect** on the unit learnings using the *End of Unit Reflection* in the Student Workbook.

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DO NOW:

What are some examples of social cues that you use? When do you use them?

SEL WORD POWER!

EMOTIONAL SPACE...

SOCIAL CUES...

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PARTNER POWER!

 Emotional Space Role-Play Activity

Step 1: Pick a partner. Write your partner's name here: _____

Step 2: Review the scenarios.

<p>You see your best friend in the hallway at school. She looks really upset, but her body language is telling you that she doesn't want to talk about it right now.</p>	<p>Your co-worker is usually happy and always makes jokes. Today, he looks mad and has barely made eye contact with you all day.</p>	<p>You get home from school and your mom looks really sad. You know there's some stuff going on at work but you aren't sure why she's upset.</p>	<p>Your brother is being even meaner to you than usual. It's obvious that something is wrong but he's never really been big on talking about stuff.</p>
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Step 3: Choose one and write a script for giving emotional space support.

 PHRASES TO USE	
<p><i>What do you need?</i></p>	<p><i>Do you just want someone to listen?</i></p>
<p><i>How can I help?</i></p>	<p><i>Do you want help solving the issue?</i></p>

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Step 4: Practice the role-play with your partner.

Step 5: Ask your partner for feedback.

One thing you did well is...

One thing you can do differently is...

Step 6: Switch roles.

Step 7: Repeat as time allows.

END OF LESSON JOURNAL...

After this lesson, how do you think you can provide emotional space support to a friend or family member better?



LESSON 4 CHECKLIST

Did you:

- Complete the *Do Now* in your Student Workbook?
- Finish the ONEder Academy online activities?
- Complete the *Emotions Log*?
- Collaborate on the *Partner Power!* activity?
- Write in your *End of Lesson Journal*?

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END OF UNIT REFLECTION

In this unit you learned about perspective. How will you use what you've learned to improve your social awareness?
