

Lesson 3: Body Language

CCSS

SL.9-10.1, SL.9-10.2

TEKS

110.31.(b)(12), 110.31.(b)(24)-(26)

Objective

What this lesson will achieve: Students will be able to practice giving and receiving feedback while using good body language.

Goals

You'll know this lesson is successful if students can give and receive feedback using good body language. They will demonstrate good body language by:

- Making eye contact.
- Speaking slowly and clearly.
- Speaking at the appropriate volume.
- Sitting or standing up straight.
- Avoiding fidgeting or moving excessively.
- Not crossing their arms.

Key Ideas

- People use body language to communicate nonverbally.
- The way we “speak” with our body is as important as the words we say.
- Having good body language helps build confidence and self-awareness.

Vocabulary

Body language, pace, tone

Lesson 3 Steps:

1. **Pre-teach** lesson vocabulary by having students work independently, in pairs, or as a group, to complete the vocabulary activity in the Student Workbook.
2. **Introduce** the lesson content on body language in ONEder Academy.
3. **Informally** assess students using the informal assessment in ONEder Academy.
4. **Review** the *Giving and Receiving Feedback Using Body Language* activity in ONEder Academy and to the scripts that are in their Student Workbook. Have them participate in the activity.
5. **Review** the *Body Language Checklist* in the Student Workbook.
6. **Wrap Up** the lesson by having students review what they learned and then introduce them to the next lesson.
7. **Optional:** If it is relevant for any of your students, have them complete the *Making Eye Contact for the Visually Impaired* activity.



Differentiation Strategies

Allow nonverbal students to **write out** or **create a visual display** to demonstrate mastery of content.

Model role-playing for students before having them practice with their peers.

Refer students to the **checklists**, **sentence starters**, and **sentence frames** that are found in the Student Workbook.

Lesson 3: Body Language

In this lesson, you'll learn about **body language**, or the ways we communicate without speaking.

Before you get started, let's review the *Words You Need to Know* for this lesson! Read each of the words in the box out loud and put a check next to the ones that you already know. Then, use the glossary at the back of this book to find the definition for each word. Finally, write the word, its definition, and a sentence using the word, in the space provided below.

Words You Need to Know

- Body Language Tone
 Pace

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

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Giving and Receiving Feedback Using Body Language Graphic Organizer

In this activity, you and a partner will practice using body language when giving and receiving feedback.

Step 1: Pick a partner. Write your partner's name here _____.
Decide who will be Partner A and who will be Partner B.

Step 2: Review the script.

Scenario 1	
Role-Play	Script
Partner A gives feedback	_____(insert Partner B's name), it really bothers me when you take my school supplies without asking. Yesterday, I didn't have a pencil all day because you took mine during homeroom.
Partner B responds	I'm really sorry about that, _____(insert Partner A's name). Sometimes I don't even realize that I'm taking stuff. Please let me know next time I do that.

Scenario 2	
Role-Play	Script
Partner B gives feedback	I don't know if you realize this _____(insert Partner A's name), but you always interrupt me when I talk.
Partner A responds	I'm sorry _____(insert Partner B's name). I thought I was helping you to get some ideas out. I won't do it anymore.

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Step 3: Review the Body Language and Giving Feedback Checklists.

Body Language Checklist	Giving Feedback Checklist
<p>Did you:</p> <ul style="list-style-type: none"><input type="radio"/> Make eye contact?<input type="radio"/> Speak slowly and clearly?<input type="radio"/> Speak at the appropriate volume?<input type="radio"/> Sit or stand straight up?<input type="radio"/> Avoid fidgeting or moving excessively?<input type="radio"/> Avoid crossing your arms?	<p>Is your feedback:</p> <ul style="list-style-type: none"><input type="radio"/> Honest?<input type="radio"/> Timely?<input type="radio"/> Clear?<input type="radio"/> Specific<input type="radio"/> Given with the intention of helping?

Step 4: Using the scripts, practice giving feedback to your partner.

Step 5: Ask your partner for feedback on how your body language and feedback could be better.

How can I improve the way I give feedback?

One thing you can do differently is...

Step 6: Switch roles!

Step 5: Repeat as time allows.

