

Lesson 3: Overcoming Challenges, Part 1

(Strengths and Limitations, Disability Awareness, and Involvement in the Special Education Process)

CCSS

RI.9-10.4, RI.9-10.7, L.9-10.1, L.9-10.4,
SL.9-10.1, SL.9-10.2

TEKS

110.31.(b)(1)(A), 110.31.(b)(9),
110.31.(b)(17), 110.31.(b)(1)(B) and (E),
110.31.(b)(24)-(26), 110.31.(b)(12)

Note to teacher: This is the first of three lessons on overcoming challenges.

Objective

What this lesson will achieve: Students will identify their own challenges and identify strategies to overcome those challenges.

Goals

You'll know this lesson is successful if students can:

- Understand and define the personal challenges on the transition assessment.
- Identify and analyze their own challenges.
- Identify strategies to overcome those challenges.

Key Ideas

- The transition assessments evaluates your strengths and needs in eight areas.
- Everyone has challenges and we can always work to improve the areas that we aren't strong in.
- Understanding our challenges can help us to identify strategies to help overcome them.

Vocabulary

Disability awareness, involvement, limitations

Lesson 3 Steps:

1. **Pre-teach** lesson vocabulary by having students work independently, in pairs, or as a group, to complete the vocabulary activity in the *Student Workbook*.
2. **Build** background knowledge about personal challenges by viewing the video.
3. **Introduce** lesson content using the *ONEder Academy* activity.
4. **Check for Understanding** using the informal assessment.
5. **Review** and complete the *Overcoming Challenges Graphic Organizer* with students in the *Student Workbook*.
6. **Wrap Up** the lesson by having students review what they have learned and get an intro to the next lesson.



Differentiation Strategies

For struggling readers, encourage them to use the **highlighted text** or **read-aloud** functions.

Review the *Character Strengths Graphic Organizer* with students using the **gradual release of responsibility instructional method**. Provide a sample for students to view in Lesson 3, then, in Lesson 4, work on one together. Finally, in Lesson 5, give your students the freedom to work on the organizer on their own.

After the first **Check for Understanding**, review each student's scores. Reteach any content students struggle with before progressing to the next part of the lesson.

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In this lesson, you'll learn ways to **overcome challenges**.

Before you get started, let's review the *Words You Need to Know* for this lesson! Read each of the words in the box out loud and put a check next to the ones that you already know. Then, use the glossary at the back of this book to find the definition for each word. Finally, write the word, its definition, and a sentence using the word, in the space provided below.

Words You Need to Know

- Disability awareness Limitations
 Involvement

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

Lesson 3: Overcoming Challenges, Part 1

Overcoming Challenges Graphic Organizer

Disability Awareness	Involvement in the Special Education Process	Strength and Limitations
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Challenges I've Encountered:	Challenges I've Overcome: