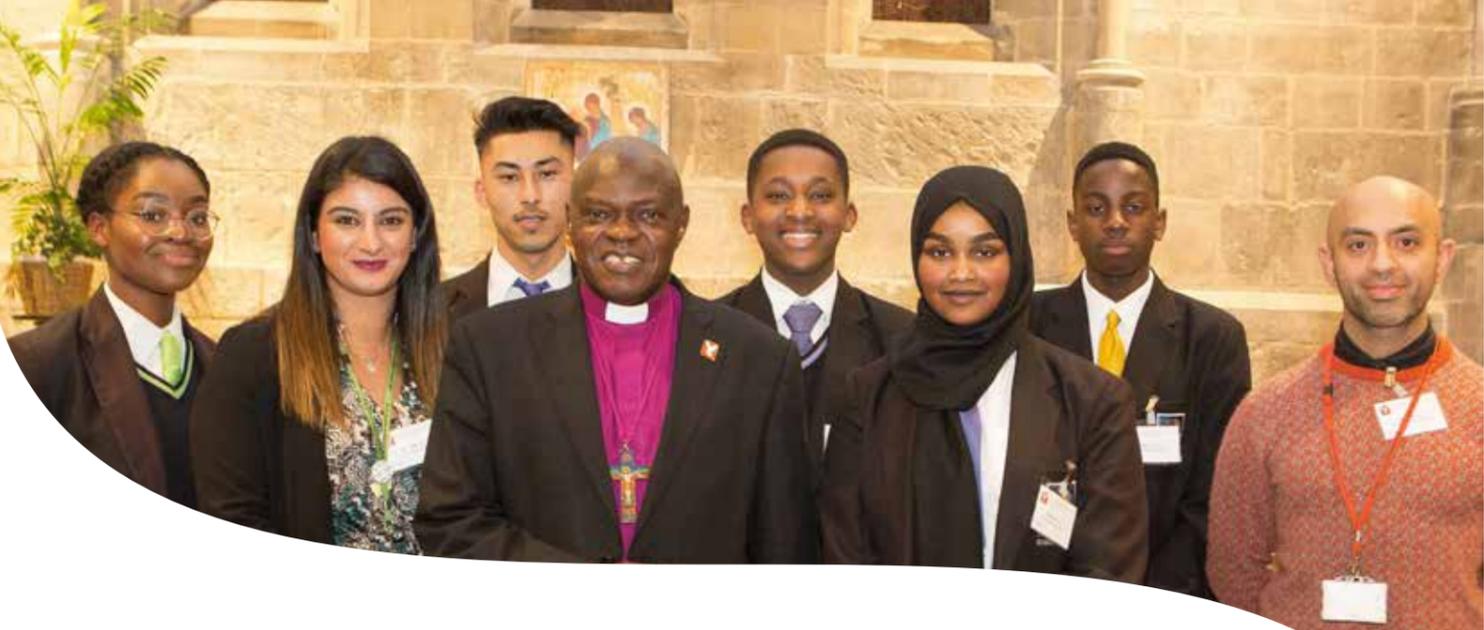


# KEY STAGE 4 & POST 16 YOUNG LEADERS AWARD



THE ARCHBISHOP OF YORK  
YOUTH TRUST  
*Be the change you want to see*



## Archbishop's Welcome

Never before has it been so important for our young people, regardless of their background or faith, to discover the life skills of compassion, patience, self-control, gentleness and leadership. The Youth Trust is helping to raise a generation motivated by such virtues. Young people are the answer to the challenges facing our communities. I believe they have the potential to change our world for the better and, as Mahatma Gandhi described it, 'be the change they want to see'.

With this in mind, in 2008 I launched my youth charity, The Archbishop of York Youth Trust. Our vision is to see every young person equipped and empowered in leadership and character through our Young Leaders Award Programme. Our work with schools enables young people to fulfil their individual potentials, develop key life skills, and, through youth-led social action, foster a desire for justice and a concern for others that will transform lives and communities.



### \*Sentamu Eboracensis



# The Young Leaders Award

## VISION

The Young Leaders Award is a fully resourced leadership and character education programme designed to both enhance and form part of the school curriculum. It offers an exciting opportunity for your young people to:

- Engage in new learning experiences
- Grow in leadership, character and key life skills
- Discover the benefits of helping others



## LEARNING

All teaching materials and resources are provided to allow students to:

- Explore and identify their leadership skills, character virtues and the importance of serving others
- Investigate the stories and impact of great leaders in society
- Examine the role they can play to bring unity to their communities, supporting and looking after the most vulnerable
- Develop the skills required to lead others and work effectively in a team

“Through the YLA students develop their leadership and character skills, which helps them to overcome social barriers and creates a kinder, more resilient generation.”

**YLA Teacher**

## ACTION

As part of the Award students are empowered to 'Be the change you want to see', taking action and serving others in their community through different challenges. Students take part in:

- Individually in the community
- Through team projects in the school community
- Through outreach into the wider community on a local, national or global scale



# Impact

## VISION

Our vision is to support schools in nurturing the leadership skills and character virtues of their pupils and in developing the whole child, mind, heart and soul. Independent research by the University of Gloucestershire has proven that the Young Leaders Award helps foster a growth mindset in young people raising their aspirations and enabling them to see and achieve their full potential.

## MASTERY

Our Award is achievable for all and offers students a wide range of social, personal and educational benefits.

## LEADERSHIP

Develops core Leadership skills including team work, communication, negotiation, creative thinking and initiative. Provides practical opportunities for students to practise implementing these skills.

## CHARACTER

Nurtures core Character virtues, such as compassion, humility, and self-control. Provides opportunities for embedding these values in daily life and school culture.

## GROWTH MINDSET

Inspires independent learning, helping shape future aspirations and development of key life skills. Fosters a 'can do' attitude.

## PERSONAL WELLBEING

Encourages self-awareness and emotional intelligence. Increases students' levels of confidence, resilience and empathy.

## MOTIVATIONAL FOUNDATION

Cultivates a mind-set for helping others through volunteering and practical action. Many students continue their efforts beyond the life of the Award.

## COMMUNITY COHESION

Encourages justice and concern for others; promotes tolerance and respect; and breaks down barriers in our communities. Student actions help positively raise your school profile within the community.



# Young Leaders in Action

Serving the Community



“YLA has helped me learn how to work in a team and negotiate with others.”

**Aimee, 15**

“Getting involved in volunteering projects has developed my confidence and leadership skills.”

**George, 16**



“YLA has taught me that by doing little things we can help and inspire others.”

**Eloise, 15**

“YLA has shown me the importance of looking after the more vulnerable people in my life.”

**Aaron, 16**



# KS4/Post-16 Award

How does it work?



## ACCESSIBLE FOR ALL SCHOOLS

A diverse range of school settings run the Award, both faith and non-faith.



## HOW IS IT DELIVERED?

The resources are flexible and adaptable and can be shaped to fit your school context. The majority of our schools embed the Award in curriculum or enrichment time, which from our experience most benefits students.



## ALTERNATIVE DELIVERY

Some schools successfully run the Award after school. This requires commitment from those delivering and attending.



## TIMESCALE

*Full Course* - Modules 1-6 = 70 hours of guided learning. Typically delivered one hour a week over 2 years.

*Short Course* - Modules 1-3 = 39 hours of guided learning. Typically delivered one hour a week over one year, or one hour a fortnight over two years.



## CURRICULUM LINKS

The Award has clear links to SMSC, Personal Development, SIAMS, PSHE, Citizenship, Character Education and British Values, as well as other cross-curricular links including Literacy and Numeracy.



## WHICH YEAR GROUP?

The full course is run over Years 9-10, Years 10-11 or Years 12-13. The short course is typically run with Year 9, 10 or 12. Differentiation ideas are included in the session plans.

# Award Content

The Award develops students' leaderships skills and character virtues in preparation for life after school and the work place, supporting them to be independent learners. It is modelled on the concept of running a race.

Students look to develop these core skills, before preparing for and carrying out an apprentice style challenge that serves their community and actively demonstrates 'Be the change you want to see'.

## LEADERSHIP

5-10 theory sessions exploring each skill, with activities allowing students to practically develop these skills and improve their teamworking ability.

## PREPARATION

3 sessions planning and preparing for an apprentice style challenge that will develop their leadership and character skills, while supporting their community.

## ACTION

An action week where students carry out their challenge and serve their community.

## REFLECTION

A final session where students reflect on the leadership skills and character virtues they are developing, setting personal targets for moving forward.

## Digital Resource Platform

Our digital resource platform includes access to all the materials and resources needed to deliver the Award, on-screen interactive content, online marking rubrics, digital student work submission and the option for student access to content via tablet or mobiles.



# Module Structure

## YEAR 1

1

Basic Training  
15 Weeks

Communication &  
Team Work

- Be self-aware
- Actively listen
- Communicate effectively
- Co-operate with others

2

Building a Team  
12 Weeks

Conflict Resolution &  
Managing Others

- Be emotionally intelligent
- Give constructive feedback
- Identify team roles
- Negotiate

3

Getting Ready to Run  
12 Weeks

Decision Making &  
Planning

- Develop inquiry skills
- Manage your time
- Think strategically
- Plan and prepare

## YEAR 2

4

Overcoming Hurdles  
10 Weeks

Problem Solving &  
Critical Thinking

- Take the initiative
- Think critically
- Be solution-focused

5

Passing the Baton  
10 Weeks

Coaching &  
Mentoring Others

- Coach and mentor other effectively
- Communicate clearly
- Motivate others

6

Beyond the Finish Line  
10 Weeks

Communication &  
Presentation

- Review, edit and proofread
- Communicate clearly in formal contexts

# Assessment

## MODULES 1-6

Each session provides opportunities to assess learning and the Leadership skills and Character virtues being developed. These include including formative, self, peer and teacher assessment. There is flexibility for schools to apply their own assessment criteria to class work.



## DEVELOPING, ACCOMPLISHED OR EXEMPLARY LEADER

A Teacher Rubric is provided for staff to assess what level of award each student has achieved on completion, which is completed online. The three categories are developing, accomplished, or exemplary leader.



## ACTION, REFLECTION & EVIDENCE

Students complete a Reflection and Evidence Booklet at the end of each module appraising how they have developed in terms of Leadership skills and Character virtues. Students reflect on their preparation, implementation and impact of each Action Project, producing a portfolio. The digital platform allows for all evidence to be completed and submitted online.



## CERTIFICATES & BADGES

A small sample of Reflection and Evidence Booklets are submitted from each category electronically. Students are then awarded the appropriate certificate and Young Leaders Award Badge. We encourage you to hold an Awards ceremony to celebrate students' achievements.



Full Course only  
£24 per learner

Short Course only  
£16 per learner

## Cost

For this cost you are provided with:

### Outstanding schemes of work



Complete sets of session plans and associated resources on our **digital platform**

### Ideas for serving your community



Successful community action examples and ideas

### Delivery guidelines



Comprehensive teacher guidelines to support your planning and delivery

### Team support



Email, phone, online support and training sessions

### School visits



Optional support visits including curriculum planning, teacher training, launch assemblies and awards ceremonies

### Media coverage



Promotional coverage of your good news stories on our website & social media

### Award certificates & badges



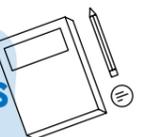
For pupils to receive on completion of the YLA

### Special commendation



Outstanding pupils can receive a special commendation from the Archbishop of York

### Hoodies, pads & pens



Optional and available to purchase from the Youth Trust

# Next steps

**1**

## **APPLY**

Complete the online application form on our website. On receipt of your application you will be invoiced.

**2**

## **ACCESS THE RESOURCES**

On payment of your invoice you will be sent login details for our digital platform. Here you will be able to access all the resources needed to run the YLA, including teacher guidelines to support you.

**3**

## **OPTIONAL TRAINING**

Get in touch with our team for further guidance and support on delivering the Award successfully.

**4**

## **DELIVER THE LAUNCH ASSEMBLY**

Set the scene for the YLA by making a big deal of the launch assembly. We provide everything you will need.

**5**

## **RUN THE AWARD**

Get going! To run a successful Award use the resources to deliver outstanding sessions and get your students engaged in some top quality leadership challenges and community action projects.

“The Award has helped to increase students’ resilience, tolerance and social awareness.”

**YLA Teacher**



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