

Teacher Notes

Welcome to the second session of **Be Rooted**. Like session one, this session is 30-minutes and has been designed to help pupils think about how being a leader can be one of the roots that can help them when facing challenges.

The follow-on sessions are:

- Be Rooted in Character Muscles
- Be Rooted in Community Actions
- Be Rooted in Faith Awareness

The session is designed to open up discussion with your pupils about the topic. You may choose to do all or some of the activities. Choose what you think would be helpful for your pupils. At the end of each session plan is an idea for a Take Home Activity, as well as suggestions for extension activities.

Gracie is our mascot for the KS1 Young Leaders Award and she will guide pupils through each session.

One idea might be to create a Be Rooted wall display with a tree or plant at the centre. Pupils could add their work about leadership to the roots and leaves to show what they have been learning about and what helps them to stay strong.

Resources



PPT Slides on screen.



Be a Leader like Gracie Activity Sheet.

Key



Share Instruction or key information.



PPT Slides on screen.



Task or Activity to engage with.



Note taking or paper-based activity.



Discussion or Class participation.



Printable activity.



Video or animation to watch.



Take Home Activity

Learning Objective

To understand how to be a strong leader.

Activity Outline

- Pupils identify what a leader is.
- Pupils explore what makes a strong leader.
- Pupils identify who is the strong leader.
- Pupils identify where they are a strong leader.
- Pupils apply being a strong leader at home.



Intro

Gracie introduces pupils to the lesson:

Hi Young Leaders, welcome back. Can you remember back to our last lesson on be rooted, about the things that keep us strong and stable and help us to grow, a bit like a tree and its roots? Today we are thinking about being a strong leader. This can be one of our roots, which can help us when we face challenges. Remember that small steps as a leader can make big changes!



Starter: Gracie's Game (5 mins)

I am thinking of someone who...

Choose 3 types of leader to describe to your class. It would be good to choose someone in the class as the third leader to show that you can be young and be a leader.

Other examples could include:

Headteacher- I am thinking of someone who:

- Has an important job
- Looks after lots of children
- Looks after lots of teachers
- Helps children to learn

Football Coach- I am thinking of someone who:

- Looks after a team of 11 players
- Helps teach them new skills
- Helps give them instructions on how to kick a ball
- Helps give them encouragement when playing

Vicar- I am thinking of someone who:

- Help look after people in their town
- Sometimes leads assemblies in school
- Look after people who go to church
- Teaches people stories from the Bible



Take pupil feedback



What is a Leader? (5 mins)

Ask pupils to try and explain what a leader is. A leader is, a person who is...

Session 1: Be Rooted in Leadership



Can they give some examples of someone being a leader?

A leader is a person who is in charge of other people, who guides them and helps them to do their best.

Draw out the point that we can all be leaders, it doesn't matter how old you are.

A Strong Leader? (5 mins)



Share the following opposites with pupils and ask them to choose whether this makes them a strong leader or not a strong leader. Draw out pupils reasoning.

Are they...?

- **Kind** or mean
- Scary or **helpful**
- **Brave** or scared

Do they...?

- **Keep going when facing a challenge** or give up
- Talk or listen
- Work together or on their own



You could use thumbs up, thumbs down/ green and red cards/smiley face, sad face for pupils to show what they think. Some of the traits listed will be a mixture, not everyone can be kind, brave, keep going all the time, but many strong leaders will have these traits. A strong leader will both talk and listen well, work well both in a team and independently.

Who is the Strong Leader? (10 mins)



Ask pupils the question: Who has seen the Disney film Moana? What happens in the story?

Tell pupils the story of Chief Tui and Moana. As you tell the story, click through the images that support the story telling.

I'm going to share with you a story about two characters Chief Tui and his daughter Moana. Chief Tui is in charge of the village of Motunui. He is strong and responsible and wants to help keep the people in his village safe. He can be strict and tough, but he has a kind and loving heart. However, he has become afraid of the sea because it can be dangerous. One day, because of a bad spell, his village runs out of food. Chief Tui is too afraid to go out in the sea and find the heart that will break the spell.

Moana is his daughter. She is 16 and knows that one day she will become Chief of the village and take over from her dad. She is strong, likes to go on adventures and is not scared of the sea. She likes to solve problems and help her village. When the village runs out of food, she decides to go out in the sea to find the heart that would break the spell. She is successful and the village is able to have plenty of food again.



- **I wonder who the strong leader is?**
- **I wonder who you would follow?**



Session 1: Be Rooted in Leadership



 Take pupils ideas.

They are both strong leaders in different ways. Chief Tui is older and wiser and has experience of helping and guiding others, but when facing this challenge has become afraid. Moana also has the skills of a leader. She is good at solving problems and is brave and keeps going, which means she helps save the village. Reinforce the point that young people can be strong leaders too. Their small steps can make big changes. However sometimes they need help and advice from older or adult leaders.



Thinking Time (5 mins)



Are you a strong leader?

Revisit the following opposites with pupils and ask them to choose which they think they are. You may wish to use thumbs up, thumbs down again.

Are you...?

- Kind or mean?
- Scary or helpful?
- Strong or weak?

Do you...?

- Keep going when facing a challenge or give up?
- Talk or listen?
- Work well together or on your own?



Take Home Activity



Provide pupils with the *Be a Leader like Gracie* activity sheet. There is an outline of a hand. Pupils must draw or write 5 small steps they could take to be a strong leader at home. They must then practice putting these into action.

Strategies for Differentiation

- Open ended questions used to enable pupils to engage with the activity at their own level.
- Some pupils may use writing to record their ideas using the activity sheet.

Extension and follow up ideas

Bible Story: Read or show a children's version of David & Goliath. Continue exploring the idea that young people can be leaders:

- **I wonder who the strong leader is?**
- **I wonder who you would follow?**
- **What kind of leader is David?**

Activity: Ask pupils to draw what they think a strong leader looks like. Discuss their ideas.

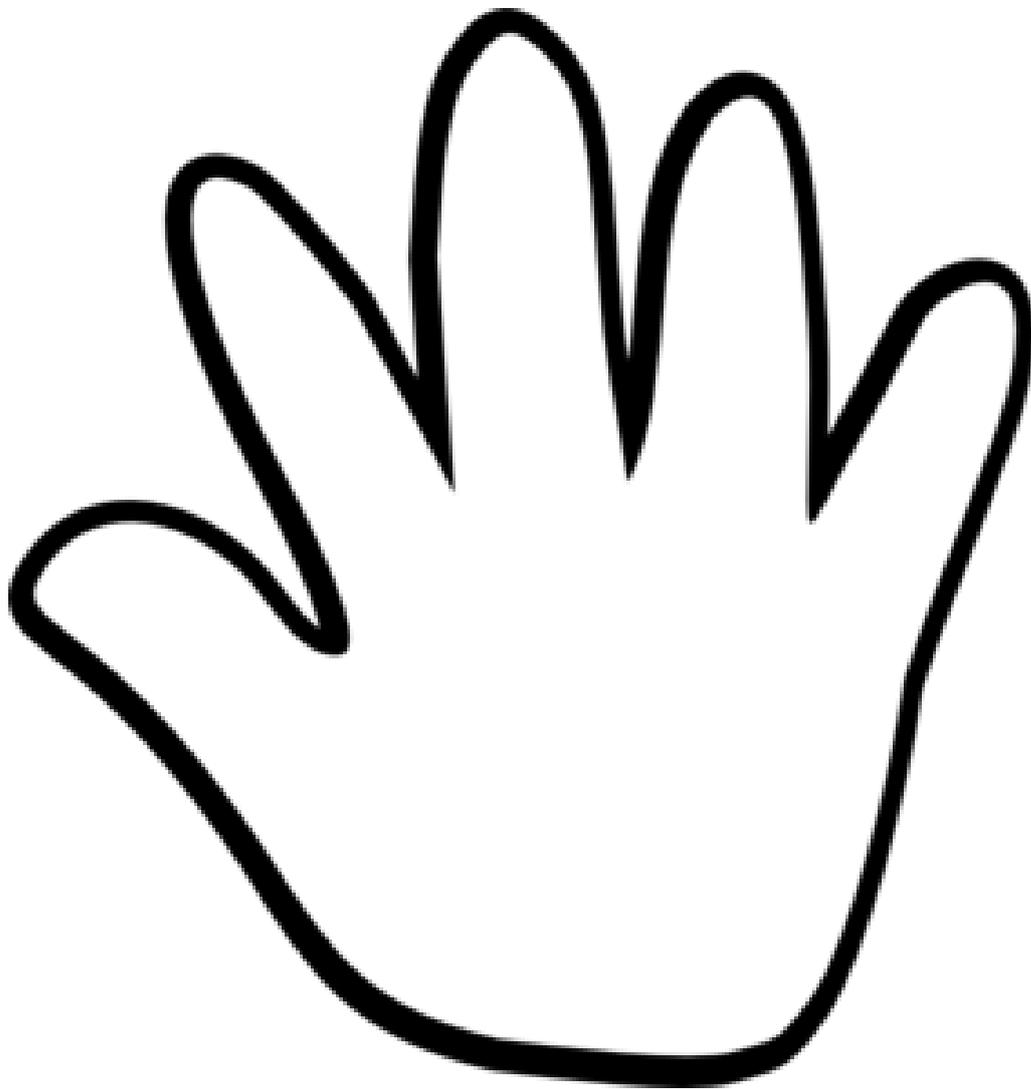


Be a Leader like Gracie Activity Sheet

Where can you be a strong leader at home?

TASK: Write or draw 5 steps you can take to be a strong leader at home.

They could include actions to help around the house or looking after your family.



Small Steps make
Big Changes

NAME: