

Session 1: Be Rooted Introduction

Teacher Notes

Welcome to the first introductory session of **Be Rooted**. There are five 30-minute sessions in this series with options to extend to a full lesson time. They have been designed to help pupils think about their place in the world and the skills, virtues and actions that they can draw upon to help them stay strong when facing challenges. The follow-on sessions are:

- Be Rooted in Leadership Skills
- Be Rooted in Character Muscles
- Be Rooted in Community Actions
- Be Rooted in Faith Awareness

The sessions are designed to open up discussion with your pupils about each of the topics. You may choose to do all or some of the activities **or** all or some of the sessions. Choose what you think would be helpful for your pupils. At the end of each session plan are ideas for a Take Home Activity.

Archie is our mascot for the KS2 Young Leaders Award and he will guide pupils through each session.

KS2 What does it mean to be rooted?

Learning Objectives:

- To explore what it means to be rooted
- To think about who or what helps you to grow and develop

Learning Outcomes:

- To identify what plants need to grow and develop well.
- To explore who or what helps them to grow and develop.
- To explain what Sadio Mané sees as important for helping others to grow.
- To choose ways in which they would like to grow.
- To investigate further what it means to be rooted.

*** Time: 30 mins + optional 30 mins extension.**

*** Sessions are flexible to be adapted and broken up to fit your timetable as needed. ***

Timings	Learning Activities	Resources
3 mins	<p>Archie's Welcome</p> <p> Share the learning objectives.</p> <p> Archie's Welcome for Week One.</p> <p>Hey Young Leaders, welcome to my lessons on Be rooted. Today we are exploring what this actually means, thinking about the things in our lives that help us to grow and the things that keep us strong and stable, so that we can face any challenge that comes our way. Later on we'll explore what it means to be rooted in leadership skills, character muscles, community actions and faith awareness. I'm looking forward to sharing with you lots of tools to help you be rooted. My motto is 'be the change you want to see'. Let's get started discovering how we can do this.</p>	PPT slide 2
5 mins	<p>Odd One Out?</p> <p> Ask the questions:</p> <p>What do these pictures have in common? Which one is the odd one out?</p>	PPT slide 3

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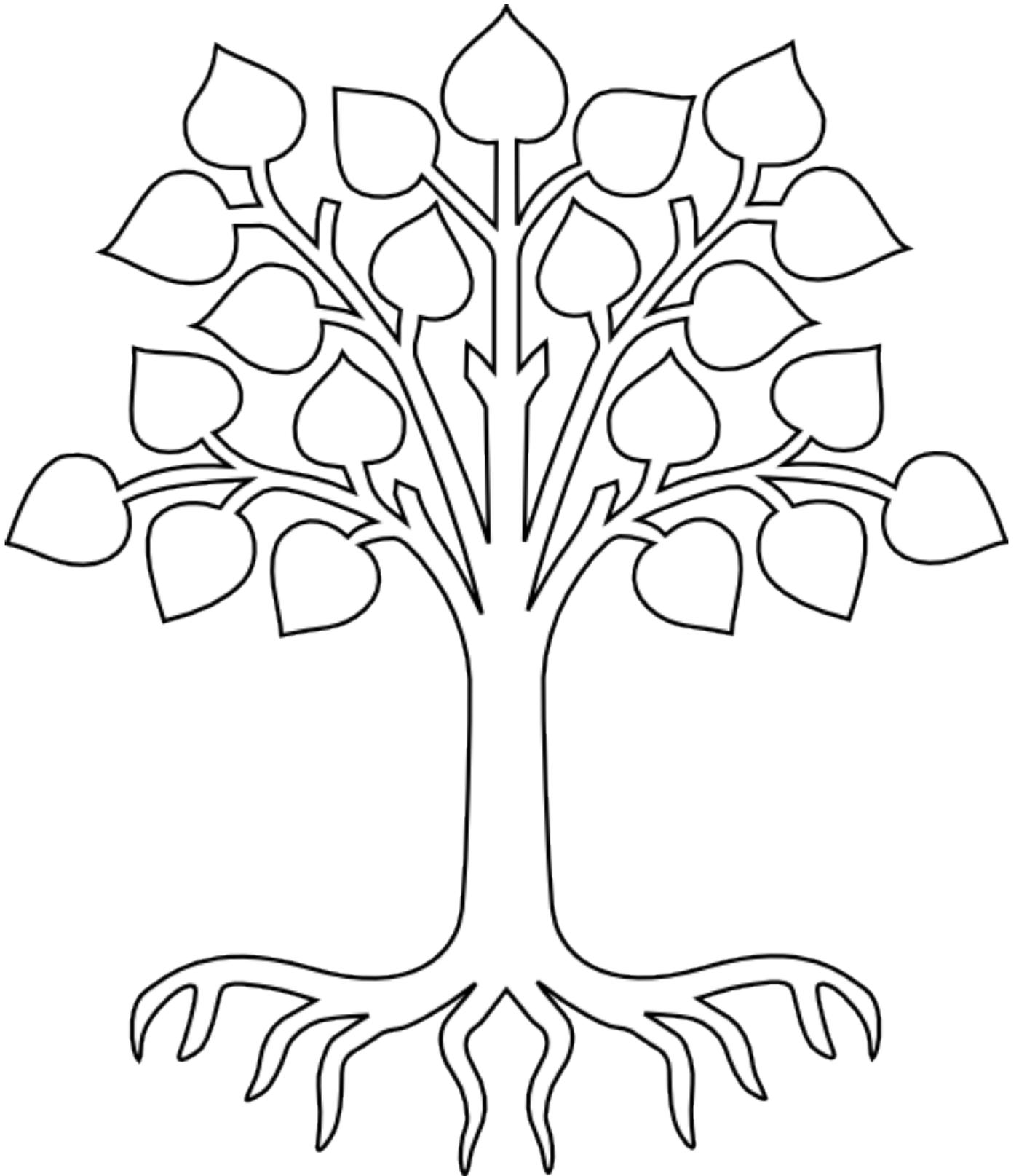
	<p>of wealth and how he wants to use it. More information is provided in the accompanying activity sheet and YouTube clip.*</p> <p> Either individually or a class, read through Sadio Mané's story.</p> <p> Watch the YouTube video which shares how Mané has used his wealth to help others:</p> <p>Link: https://www.youtube.com/watch?v=Ywq2LJzHMQM*</p> <p> Pupils to fill in their ideas for the following questions:</p> <ul style="list-style-type: none"> • What challenges has Mané faced? • What things does he see as important for helping others to grow? <p> Opportunity for pupil feedback</p>	<p>PPT slide 7</p> <p></p> <p>Sadio Mané Activity sheet</p>
15 mins	<p>Using your Roots to Grow</p> <p> Pupils return to their Growing Well Activity sheet. Ask pupils: How would you like to grow?</p> <p>Ideas might include:</p> <ul style="list-style-type: none"> • Their ambitions and hopes • The knowledge, skills and qualities they would like to grow • The kind of person they would like to become <p> Pupils to label the leaves of their tree with their ideas.</p> <p> Partner Talk: Share your tree with your partner. Choose 2 leaves you'd really like to grow. Discuss how your roots might help you grow the leaves on your tree. How could they help you?</p> <p> Why not take a photo of some examples and add it to a YLA display board? Or tweet them @ABYouthtrust.</p>	<p>PPT slide 8</p> <p></p> <p>Growing Well Activity sheet</p> <p>PPT slide 9</p> <p>Camera/ Tablet</p>
	<p>Take Home Activity- Be Rooted...</p> <p> A set of 6 activities are suggested as follow-on homework. There is the option to give PPT slide 10 as a homework, asking pupils to choose an idea to take home, or for staff to select a task and provide further details to help pupils complete the activity.</p>	<p></p> <p>PPT slide 10 as activity sheet.</p>
2 mins	<p>Plenary</p> <p> Either discussing with a partner, sharing as a whole class, or writing ideas on a post-it note, pupils to finish the sentence:</p> <p>Being rooted means...</p>	<p>PPT slide 11</p>

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<p>Strategies for differentiation:</p> <ul style="list-style-type: none"> • Open ended questions used to enable pupils to engage with the lesson content at their own level. • Sadio Mané activity sheet may need the text simplifying or key words explaining. • Pupils may require additional ideas/ examples in the Growing Well activity. • Individual take home activity ideas could be adapted giving pupils further instructions, questions or providing a template for filling in findings or ideas. 																	
<p>Key:</p> <table border="0"> <tr> <td></td> <td>Share Instruction or key information.</td> <td></td> <td>PPT Slides</td> </tr> <tr> <td></td> <td>Task or Activity to engage with.</td> <td></td> <td>Note taking or paper based activity.</td> </tr> <tr> <td></td> <td>Discussion or Class participation.</td> <td></td> <td>Printable activity.</td> </tr> <tr> <td></td> <td>Video or animation to watch.</td> <td></td> <td>Take Home Activity</td> </tr> </table>			Share Instruction or key information.		PPT Slides		Task or Activity to engage with.		Note taking or paper based activity.		Discussion or Class participation.		Printable activity.		Video or animation to watch.		Take Home Activity
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****Please note we cannot be responsible for external sites such as YouTube and it is your responsibility to check these videos beforehand and to make sure you can access them in class for the lesson and that the content is suitable for your pupils.***

Growing Well



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🔍 A premier league football player from Senegal in West Africa who currently plays for Liverpool.

🔍 He is now very wealthy, but it wasn't always this way.

🔍 His home village of Bambali in Senegal is very poor so Mané has done everything he can to give back to his community.

What challenges in life has Mané faced?

What things does he see as important for helping others to grow?



Introducing Sadio Mané



Helping Others to Grow

- He has spent thousands of pounds building a hospital, mosque, football stadium and school in the village.
- He donated money to help the Senegalese health authorities cope with the coronavirus outbreak, as well as equipping children in his village with their own football kit and giving every family money to help them buy essentials.

"My father died because there was no hospital in the village, so I decided to build one." Sadio Mané

- Known for his kindness and down-to-earth attitude, he's been spotted helping to unload crates of water bottles from his team's bus, treated unsuspecting fans and ball boys with gifts and instead of celebrating after winning a big game, was seen scrubbing toilets at his local mosque.
- His attitude towards luxury things is also unusual for someone so wealthy. After being photographed with a cracked iPhone, Sadio Mané said:

"Why would I want ten Ferraris, 20 diamond watches, or two planes? What will these objects do for me and for the world? I was hungry, and I had to work in the field; I survived hard times, played football barefooted, I did not have an education and many other things, but today with what I earn thanks to football, I can help my people."