

Balloon Sinuplasty



Table of Contents

01	What is Balloon Sinuplasty?	Page 1
02	Is Balloon Sinuplasty Safe?	Page 2
03	How Does Balloon Sinuplasty Work?	Page 3
04	Is Balloon Sinuplasty Right For Me?	Page 4
05	Self-Assessment	Page 5
06	Meet Our Surgeons	Page 6

How Does Balloon Sinuplasty Work?

Balloon Sinuplasty (or balloon sinus dilation) is an in-office treatment option for patients experiencing chronic sinus congestion, chronic sinus infections (sinusitis), or other sinus issues. The procedure utilizes a tiny balloon to open and remodel the sinus cavity, allowing your sinuses to drain and ventilate more effectively.

The procedure typically takes 15 minutes and patients can be back to normal routine often by the next day.



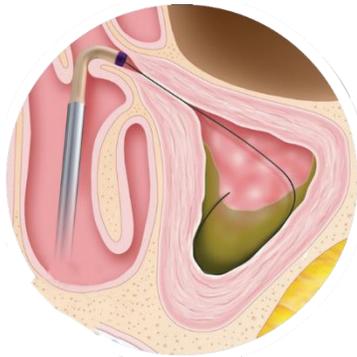
Is Balloon Sinuplasty Safe?

Since its emergence in 2005, Balloon Sinuplasty has been proven to be a vast improvement from sinus surgeries of the past. With no surgical incisions required and no loss of tissue, recovery time is dramatically shorter and complications are few and far between.

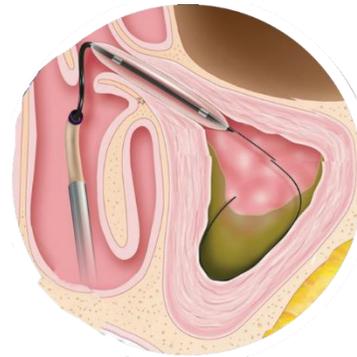
In addition, Balloon Sinuplasty preserves healthy tissue and mucous membranes. Studies on Balloon Sinuplasty have shown a **94% effectiveness** in reducing chronic sinusitis, with a reduction in symptoms being reported within one week of the procedure, and an overall improvement in quality of life. The effects of the procedure were studied one and two years later and were shown to have **lasting effects**.

Since 2005, over 500,000 patients have been successfully treated with balloon sinus dilation.

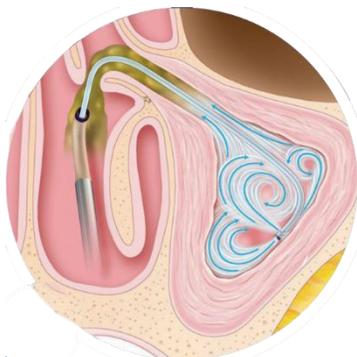
How Does Balloon Sinuplasty Work?



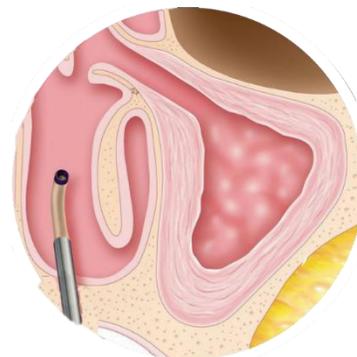
Step 1: the surgeon accesses the sinus using a thin, flexible endoscopic tool.



Step 2: a tiny balloon inflates to open and restructure the blocked sinus passages.



Step 3: the inflamed sinuses are flushed with saline to remove blockage.



Step 4: with cleared sinuses and restructured nasal passages, the procedure is done!

Is Balloon Sinuplasty Right For Me?

What are the benefits of Balloon Sinuplasty?

Patients often report immediate relief from the pain and congestion of their sinus infections. Because it's minimally invasive, most patients are back to work or school the next day, often with no pain. Most report moderate nasal stuffiness for a week

How is Balloon Sinuplasty different from sinus surgery?

Since Balloon Sinuplasty involves no cutting or nasal packing, patients experience less pain and faster recovery than with traditional sinus surgery. Most patients choose to be asleep for the procedure with intravenous sedation, but local anesthesia is also an option. The treatment is performed in the comfort of our dedicated sinus treatment room by a surgeon and team of highly skilled specialists.

Will my insurance cover this type of procedure?

Virtually all insurances cover the procedure, including Medicare. Our insurance specialists will perform a benefits verification and can tell you if you will have any out-of-pocket expense.

Who should get a Balloon Sinuplasty?

If you have significant sinus pressure, nasal congestion, frequent respiratory illness, or even symptoms that seem like year-round allergies, you may be a candidate. Our providers want to understand your specific symptoms, examine the nasal anatomy, and possibly perform a sinus scan to determine the best way to get you feeling great again.



Self-Assessment

If you're still unsure if Balloon Sinuplasty is right for you, take this self-assessment:

- I need to blow my nose frequently.
- I have near-constant nasal blockage.
- I am sneezing every day.
- I have a near-constant runny nose.
- I have a persistent cough.
- I wake up with post-nasal drip frequently.
- I have constant facial pain and/or pressure.
- I have ear pain and ear "fullness".
- I have difficulty sleeping because of my sinuses.
- I wake up feeling tired.
- I've had to take days off of work because of my sinuses.
- I have trouble concentrating because of my symptoms.

If you answered **YES** to two (2) or more of the statements listed above, come in for a sinus consult with our expert team.

Chris Thompson, MD

Founder and Medical Director



Dr. Thompson focuses solely on allergy, sinus and nasal treatment and is considered an expert in all three fields. He is one of a handful of doctors that played an integral role in the development of the cutting-edge sinus procedure, Balloon Sinuplasty.

Dr. Thompson is also experienced with nasal reconstructive procedures and rhinoplasty. He earned his undergraduate degree in Biomedical Engineering from Texas A&M University in College Station and went on to receive his Doctorate of Medicine at the University of Texas Southwestern Medical Center in Dallas. Dr. Thompson completed his residency with the Department of Otolaryngology, Head & Neck Surgery at the University of Texas Medical Branch in Galveston.

Operating Locations:

Austin, TX

Houston, TX

Paul Fulmer, MD

Board-Certified Otolaryngologist



Dr. Fulmer is a Board Certified Otolaryngologist, Head & Neck surgeon who brings over 20 years of experience to our team. He earned a Bachelor of Science degree from Baylor University in 1984 and then went on to receive his Doctorate of Medicine at the University of Texas Medical Branch in Galveston.

Dr. Fulmer completed his residency with the Department of Otolaryngology, Head Neck Surgery at the University of Texas Medical Branch in Galveston. After having a successful ENT practice in Tyler, TX for over 20 years, he decided to begin practicing more specialized treatment for Aspire Allergy & Sinus. He is a Fellow of both the American Academy of Otolaryngology - Head and Neck Surgery and the American College of Surgeons, and is a member of the Texas Medical Association.

Operating Locations:

Waco, TX

San Antonio, TX

Midland, TX

Tracy Byerly II, MD

Board-Certified Otolaryngologist



Dr. Byerly is a Board Certified Otolaryngologist, Head & Neck Surgeon who has been practicing medicine in Texas since 2006. He earned his undergraduate degree in Biology with a minor in Chemistry from Southwestern University in Georgetown, Texas, and went on to receive his Doctorate of Medicine at The University of Texas Medical School in Houston. Dr. Byerly completed his residency with the Department of Otolaryngology, Head & Neck Surgery at The University of Texas Medical School in Houston.

Dr. Byerly takes great care to achieve the results you want from any nasal and sinus treatment you may choose. He has done several thousand nasal and sinus procedures over the course of his career.

Operating Locations:

El Paso, TX

Dallas-Fort Worth, TX

Suresh Raja, MD

Board-Certified Otolaryngologist



Dr. Raja has spent many years of his career specializing in minimally invasive, patient tailored Balloon Sinuplasty Procedure which offers patients an alternative to invasive full endoscopic surgery. He is also a consultant for several Silicon Valley-based biotech companies specializing in producing the tools that are advancing this next golden age of rhinology, including Acclarent (Division of Johnson and Johnson), Intersect (nasal implant technology) and Spirox (nasal exoskeleton implant technology).

Dr. Raja has also been assigned to the Concept team for Acclarent, the world's premier balloon technology company, and looks forward to developing the next prototype. With over 30 years experience, he brings a huge wealth of expertise to our team.

Operating Locations:

Tampa, FL

Orlando, FL

Ready for relief?

Set up your
appointment
today!