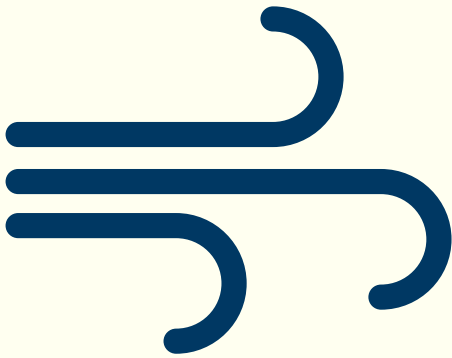


5 tips to survive cedar season!



Get an air purifier for your home

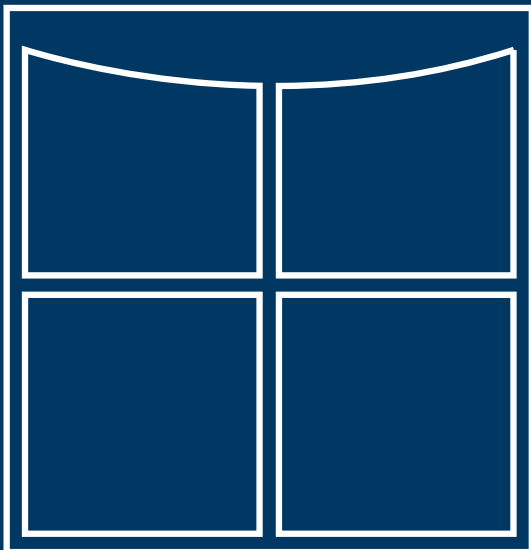
Check pollen count daily



Wash off and change clothes after being outside



Keep windows and doors closed



Treat your allergies through ExACT ImmunoplastySM or allergy drops

