



## **Dale B.Mortimer, M.D., P.C.**

Physician

General Adult Psychiatry

Child & Adolescent Psychiatry

Diplomate, American Board of Psychiatry & Neurology

### **RESUME**

#### **EDUCATION**

- 1981–85 Medical Degree. Oregon Health Sciences University School of Medicine. Portland, Oregon  
1978–81 Post-baccalaureate program, General Studies. Southern Oregon State College. Ashland, Oregon  
1971–75 Bachelor of Arts degree in Liberal Arts. St. John's College. Annapolis, Maryland

#### **POST-DOCTORAL TRAINING**

- 1988–90 Fellowship in Child & Adolescent Psychiatry. Oregon Health Sciences University. Portland, Oregon  
1986–88 Residency in General Psychiatry. Oregon Health Sciences University. Portland, Oregon  
1985–86 Internship in General Psychiatry. Veterans Administration Medical Center. Portland, Oregon

#### **PROFESSIONAL CERTIFICATIONS**

- Diplomate, American Board of Psychiatry & Neurology (1993)
- National Board of Medical Examiners (1986)

#### **INVENTORY OF APTITUDES AND KNOWLEDGE (Johnson O'Connor Research Center, 2015)**

English vocabulary:	99th percentile
Ideaphoria (flow of ideas):	85th percentile
Number series:	85th percentile
Tonal memory:	85th percentile
Pitch discrimination:	85th percentile
Rhythm memory:	80th percentile
Foresight:	80th percentile
Spatial aptitude:	75th percentile

#### **AMERICAN BOARD OF PSYCHIATRY AND NEUROLOGY EXAM (1990)**

- Psychiatry major (psychiatry): 98th percentile
- Psychosocial Psychiatry: 98th percentile
- Biological Psychiatry: 97th percentile
- Growth & Development: 96th percentile
- Clinical Treatment: 92nd percentile
- Clinical Phenomenology & Diagnosis: 89th percentile
- Psychiatry minor (Neurology): 75th percentile

#### **MEDICAL COLLEGE ADMISSION TEST (1980)**

- Physics: 97.5–99.5th percentile
- Biology: 98–99.7th percentile
- Chemistry: 95–98.8th percentile
- Science Problems: 95–98.1st percentile
- Skills Analysis (Quantitative): 84–92nd percentile
- Skills Analysis (Reading): 72–89th percentile

#### **GRADUATE RECORD EXAM (1976)**

- Quantitative: 760 (97th percentile)
- Verbal: 720 (96th percentile)

### **SCHOLASTIC APTITUDE TEST (1970)**

- Math: 720 (96th percentile)
- Verbal: 659 (90th percentile)

### **MEDICAL LICENSURE**

- State of Washington (active)
- State of Oregon (1986–1991) (inactive)

### **ACADEMIC HONORS**

- OHSU School of Medicine Honors grades in: Clinical Psychiatry Clerkship; Neurology/ Neurosurgery Clerkship; Psychiatry/ Circadian Rhythms Seminar; Nutrition; and Fluids and Electrolytes.
- National Institute on Aging Summer Geriatrics Fellowship. Portland Veterans Administration Medical Center. Portland, Oregon

### **CURRENT ORGANIZATIONAL MEMBERSHIPS**

- St. John's College Alumni Association
- American Academy of Child and Adolescent Psychiatry
- Washington State Council of Child and Adolescent Psychiatry
- Stockford Village Business Association. Vancouver, Washington

### **SPECIAL CLINICAL INTERESTS**

- Individual and group hypnotherapy
- Individual psychotherapy
- Advanced Psychopharmacology
- Attention deficit/ hyperactivity disorder
- Tourette's disorder
- Winter depression and circadian rhythms
- Clinical applications of computer programs
- Medical ethics – especially regarding patients' duties and physicians' rights

### **CLINICAL DRUG TRIAL EXPERIENCES**

- Principle investigator. Post-traumatic stress disorder, phase III, double-blind, placebo-controlled study. SmithKline Beecham (1999)
- Principal investigator. Drug, social phobia, phase III study. SmithKline Beecham (1999–2000)
- Clinical investigator. Major depressive disorder, phase III, double-blind study. Organon (1999–2000)
- Clinical investigator. Generalized anxiety disorder, phase III, double-blind, placebo-controlled study. Pharmacia & Upjohn (1999–2000)
- Clinical investigator. Major depressive disorder resistant to drug, phase III study. (1999-2000)
- Clinical investigator. Attention deficit hyperactivity disorder, double blind, placebo controlled, parallel-group study. (1999–2000)
- Clinical investigator. Attention deficit hyperactivity disorder, double blind, placebo controlled, study of modified release methylphenidate. (1999–2000)

### **ADMINISTRATIVE EXPERIENCES**

- CEO, Chairman, and President, Dale B. Mortimer, M.D., P.C. (1991 – present)
- Program consultation to the Chief Administrator, Josephine County Mental Health Clinic (1987–1988)
- Administrative assistant. Southern Oregon State College. Honors Program. Ashland, OR (1978–1981)

## ACADEMIC CLINICAL TEACHING APPOINTMENTS

- Clinical Assistant Professor of Family Medicine/ Psychiatry. College of Osteopathic Medicine of the Pacific. Teaching psychiatric assessment/treatment to family practice medical residents. (1990-1997)
- Volunteer clinical teaching faculty. Department of Psychiatry. Oregon Health Sciences University. Portland, Oregon. Teaching psychiatric assessment/treatment to psychiatric residents and child & adolescent psychiatry fellows (1990-1997)

## SELECTED PUBLICATIONS

- Mortimer DB, "They usually don't outgrow it: summary of recent outcome studies of common childhood-onset psychiatric disorders." *Report of the Stockford Village Business Association*. 2005
- Mortimer DB, "Successful treatment of ADHD in an adult with comorbidities using cognitive behavioral therapy plus high-dose methamphetamine HCl." *Current Concepts Series: Innovations in Health Care: CNS Disorders Case Studies*. Access Medical Press. 2004
- Mortimer DB. "Letter to the Editor: On the proper way to legally and ethically terminate the physician-patient relationship." *Washington State Department of Health Update*. Summer 2000
- Mortimer DB, "Successful treatment of an adolescent with co-occurring attention deficit/ hyperactivity disorder and social phobia: case report." *SPREAD the News*. 1999; 1:4-5
- George RA, Mortimer DB, "Identification and medical treatment of attention deficit hyperactivity disorder (ADHD) in the juvenile justice setting." *The ADHD Report*. 1998;6 (December)
- Mortimer DB, George RA, "Identification and treatment of incarcerated men with attention deficit disorder." *International Journal of Corrective and Social Psychiatry*. 1997; 43:1
- Mortimer DB, "Attention deficit/ hyperactivity disorder in correctional settings." Editorial. *The Newsletter of the Caucus of Psychiatrists Practicing in Criminal Justice Settings*. 1997;4:1-2
- Mortimer DB, "The Caucus will be developing a mission statement." *The Newsletter of the Caucus of Psychiatrists Practicing in Criminal Justice Settings*. 1995
- Mortimer DB, "History and treatment efforts for a prison special management unit: the psychiatrist's role in the Special Management Unit." *International Journal of Offender Therapy & Comparative Criminology*. 1993;37:2
- *Lab Manual for General Biology*. Southern Oregon State College. Ashland, Oregon. 1980
- Mortimer DB, "The Boy Who Didn't Mind His Mother" (book, illustrated). Mrs. Jespersen's Morning Kindergarten Class. 1958-9

## SELECTED PRESENTATIONS, SEMINAR LEADING, AND COLLOQUIA PARTICIPATION

- "Using John Hollands's *Self-Directed Search* to Help Clarify Vocational Options." Presentation to students, alumni and college staff during the Career Networking Breakfast, St. John's College Homecoming Weekend. Annapolis, Maryland (2012)
- "The Titanic Effect: on the sinking of medicine in general, and psychiatry specifically." Presentation to the Clark County Medical Society Executive Committee. Vancouver, Washington (2012)
- "Attention Deficit/Hyperactivity Disorder (ADHD) and stimulants: clinical update." Presentation to pharmacists of the Portland Society of Pharmacists. Portland, Oregon (2002)
- "Depression in children and adolescent students: How school psychologists can help." Presentation to the school psychologists of Educational Service District #112. Vancouver, Washington (2002)
- Seminar leader for Eva Brann's essay "Intellect and Intuition." St. John's College Portland-Vancouver Area Alumni Reading Group. Vancouver, Washington (2001)
- Seminar leader for Eva Brann's essay "Telling Lies." St. John's College Portland-Vancouver Area Alumni Reading Group. Vancouver, Washington (2001)
- Seminar leader for Sun Tzu's book *The Art of War*. St. John's College Portland-Vancouver Area Alumni Reading Group. Vancouver, Washington (2001)

- Seminar leader for Eva Brann's essay "The Roots of Modernity." St. John's College Portland–Vancouver Area Alumni Reading Group. Vancouver, Washington (2001)
- Seminar leader for Eva Brann's essay "The Second Power of Questions." St. John's College Portland–Vancouver Area Alumni Reading Group. Vancouver, Washington (2001)
- Seminar leader for Lao Tsu's book *Tao Te Ching*. St. John's College Portland–Vancouver Area Alumni Reading Group. Vancouver, Washington (2000)
- "Responsible use of psychostimulants in medical practice settings." Presentation to the SW Washington Pharmacist Association. Vancouver, Washington (2000)
- Seminar leader for Eva Brann's essay "Mere Reading." St. John's College Portland Alumni Chapter. Vancouver, Washington (2000)
- Seminar leader for Judith Martin's book *Miss Manners' Basic Training: The Right Thing to Say*. St. John's College Portland–Vancouver Area Alumni Reading Group. Vancouver, Washington (2000)
- Seminar leader for Eva Brann's "A Tiny Essay on Taking Offense." St. John's College Portland–Vancouver Area Alumni Reading Group. Vancouver, Washington (2000)
- Seminar participant/discussant. "The moral and political implications of George Eliot's *Middlemarch*." Liberty Fund colloquium (led by St. John's College Annapolis campus tutors, Eva Brann and Samuel Kutler). Annapolis, Maryland (2000)
- "Docs and cops: choices, options and consequences." Joint presentations to eighth grade students on the medical and potential legal consequences of handgun injuries. Vancouver and Evergreen School Districts. Vancouver, Washington (1999–2000)
- "Assessment and treatment of childhood depression." Presentation to the medical residents and attending physicians of Family Medicine of SW Washington. Vancouver, Washington (1999)
- "Medications for Attention Deficit/Hyperactivity Disorder: should I, or shouldn't I?" Public presentation to local chapter of Children, Adolescents, & Adults with Attention Deficit Disorder (ChADD). Vancouver, Washington (1999)
- Seminar leader for Erwin Strauss' essay "The Upright Posture." St. John's College Portland–Vancouver Area Alumni Reading Group. Portland, Oregon (1999)
- "The Pediatric Symptom Checklist." Presentation to the physicians of SW Washington Medical Center Department of Pediatrics. Vancouver, Washington (1998)
- "Safe, effective, and inexpensive approaches to symptom management of Tourette's disorder." Public presentation. Vancouver, Washington (1998)
- "Diagnosis and treatment options for children and adolescents with obsessive compulsive disorder." Public presentation. SW Washington Medical Center. Vancouver, Washington (1997)
- "Adolescent with comorbid attention deficit hyperactivity disorder, obsessive compulsive disorder, and social phobia: now what do I do?" Case conference presentation. Department of Psychiatry. Oregon Health Sciences University Portland, Oregon (1997)
- Presenter: "Juveniles in adult prisons" at the American Psychiatric Association Annual Meeting workshop ("Juvenile offenders: clinical and legal issues"). Manhattan, New York (1996)
- "Psychiatric medications: pharmacokinetics and pharmacodynamics." Presentation to Oregon correctional physicians working in prisons. Oregon Department of Corrections. Salem, Oregon (1996)
- "Transition to a private medical practice: preventing decision overload and professional burn-out." Yearly seminar for the Oregon Health Sciences University child psychiatry fellows and psychiatry staff. Portland, Oregon (1995–1997)
- "Social phobia, social anxiety disorder, and stage fright: what are they, anyway?" Yearly presentation to the high school senior class. Mountain View High School. Vancouver, Washington (1994–1996)
- "Head meds: psychopharmacology for pediatricians." Presentation. Pediatrics Department. SW Washington Medical Center. Vancouver, Washington (1995)

- “Biochemical principles applied in treatment: safe and rational use of psychotropic medications in prison settings.” Presentation to security, medical, nursing, and administrative staff of Oregon Department of Corrections. Leadership Forum. Salem, Oregon (1994)
- “Managing psychiatric crises in correctional facilities: use of emergency medications.” Presentation at the American Psychiatric Association annual meeting. Philadelphia, Pennsylvania (1994)
- “Drug withdrawal syndromes in jails and prisons.” Presentation at the American Psychiatric Association annual meeting. Philadelphia, Pennsylvania (1994)
- “Psychiatric treatment of adult male inmates in a maximum security prison: from play pen to state pen.” Grand Rounds joint presentation to the Oregon Health Sciences University Department of Psychiatry (with prison group therapist Ed Scott, Ph.D., OHSU Department of Psychiatry; and Lieutenant Don Mills, Chief of Security for the Special Management Unit, Oregon State Penitentiary.) Portland, Oregon. (1991)
- “The clinical uses of hypnosis in the emergency department.” Presentation to physicians of the Oregon Health Sciences University Department of Psychiatry. Portland, Oregon (1987)
- How to perform, interpret, and document a mental status exam.” Presentation to the mental health counselors and staff of Josephine County Mental Health Program. Grants Pass, Oregon (1987)
- Seminar leader for public seminars on: Plato’s *Phaedo*; Plato’s *Timaeus*; Aristotle’s *On the Soul*; *The Gospel According to Matthew*; Dante’s *Inferno*; Descartes’ *Meditation on First Philosophy*; Swift’s *Gulliver’s Travels*. Ashland, Oregon (1977–1978)

#### **PAST EMPLOYMENT AND VOLUNTEER POSITIONS**

- Clark County Sheriff’s Office volunteer scenario actor for the Reserve Deputy Sheriff Training Program (2016 – present)
- Beta tester for MedChek (a computerized continuous performance task application program). Oregon Medical Software, LLC. Portland, Oregon (1992 – present)
- Psychiatric consultant to the Executive Committee of the Clark County Medical Society. Vancouver, WA (2012–2014)
- Self-appointed Chairman, Committee on the Promotion of Profit and Joy in Private Practice, Clark County Medical Society. Vancouver, WA (2011–2014)
- Clinical Investigator. Oregon Center for Clinical Investigations. Lake Oswego, Oregon (1999–2000)
- Associate Editor. *The Caucus Newsletter: The Newsletter of the Caucus of Psychiatrists Practicing in Criminal Justice Settings* (1994–1999)
- Consulting psychiatrist. Consultation provided to treatment staff, plus evaluation and treatment of chemically dependent physicians and other substance dependent professionals in a residential treatment setting. Springbrook Northwest, Inc., Newberg, Oregon.(1998)
- Principle psychiatrist, Oregon Department of Corrections. Salem, Oregon. Evaluation and treatment of over 1,400 men and women inmates from 16 to 84 years of age in Oregon State Penitentiary’s Special Management Unit, and other maximum- and medium-security prisons. Hostage negotiation. Psychiatric consultation to: general medical staff; mental health therapists; inmates’ families; correctional officers, administrative staff and prison superintendents; Oregon State Hospital administration; parole board, consulting psychologists; Oregon Attorney General; Oregon State Highway Patrol; The Oregon Psychiatric Association Legislative Committee; and The American Psychiatric Association’s Committee on Psychiatric Services in Jails and Prisons. (1990–1997).
- Attending psychiatrist for in-patient, acutely and chronically dangerous, children and adolescents at both Holladay Park Medical Center, and Cedar Hills Hospital. Portland, Oregon (1990–1993)
- Consulting psychiatrist. Assessment and treatment of in-patient, substance-dependent adolescents at Turnaround Chemical Dependency Treatment Program Adolescent and Adult Program. SW Washington Medical Center. Vancouver, Washington (1991–1993)

- Psychiatric examiner. Evaluation of combat veterans with claims of Post-Traumatic Stress Disorder. Compensation and Pension Division, Portland Veterans' Administration Medical Center. Portland, Oregon (1991-1993)
- Psychiatric consultant. Oregon Psychiatric Association Committee for Prioritization of Funding for Oregonians with Psychiatric and Substance Use Disorders. The Oregon Health Plan (1992)
- Consulting psychiatrist to Breakthrough Chemical Dependency Treatment Program. The Morrison Center. Portland, Oregon. Evaluation and treatment of adjudicated, chemically dependent adolescents; plus consultation to Morrison Center's professional counseling staff, and proctor parents (1989-1992)
- Consulting psychiatrist. Linn County Mental Health Clinic and Tualatin Valley Mental Health Center. Albany, Oregon and Beaverton, Oregon, respectively. Psychiatric evaluation and treatment of out-patient children, adolescents, and adults. Staff consultation (1990)
- Psychiatrist and officer-of-the-day. Dammasch State Hospital. Wilsonville, Oregon. Medical and psychiatric evaluation and treatment of in-patient adults with predominantly psychotic and bipolar mood disorders; crisis triage of suicidal and homicidal patients; psychiatric stabilization of sexual assault victims; and the occasional minor surgical procedure (1987-1990)
- Psychiatric consultant to the staff of St. Mary's Academy for Girls. Portland, Oregon. (1989-1990)
- Psychiatric consultant to the Child Development Specialist Program for Portland Public Schools. Faubion Elementary School. Portland, Oregon (1988-1989)
- Psychiatric consultant to the Child and Adolescent Treatment Program. Oregon State Hospital. Salem, Oregon. Evaluation and treatment of inpatient, out-of-control, chronically suicidal or homicidal, or otherwise next-to-impossible-to-place-in-the-community children and adolescents. (1988)
- Psychiatric consultant for Josephine County Mental Health Program. Grants Pass, Oregon. Patient evaluation and patient treatment. Consultation to the staff of: Josephine County Jail; Josephine County Mental Health crisis outreach team, children's resource team, mentally retarded/ developmentally disabled children and adult program, staff physicians, and Program Director (1987-1988)
- Clinical research assistant/ special EEG sleep technician for studies of winter depression and its relationship to circadian rhythms and melatonin secretion. Neurology Department. Oregon Health Sciences University Hospitals and Clinics. Portland, Oregon (1982-1986)
- Group hypnosis leader for two groups of highly motivated and hypnotically-talented adults. Weekly sessions. Ashland, Oregon (1979-1981)
- Lab technician IV. Southern Oregon State College Biology Department. Ashland, Oregon (1978-1981)
- Assistant crew boss, slash-burn firing boss, and crew medic during six fire seasons with either the Ranger District's Initial Attack and Suppression crew, or with the Ranger District's tanker crew. Promoted to GS-4 (pay scale). Red card (FFT-2), and Physical Fitness Score of 62. Competency certifications achieved in: criminal fire investigation; 2-215 Firing Boss Methods & Equipment; tree felling; and chainsaw safety and maintenance. US Forest Service. Oakridge and Ashland Ranger Districts. Oregon (1976-1981)
- Volunteer Patient Advocate. Ashland Community Health Clinic. Ashland, Oregon (1979-1981)
- Emergency Medical Technician (Volunteer). Litwiller Ambulance and Funeral Services. Ashland, Oregon (1977-78)
- Volunteer Naturalist's Assistant. Nassau County Museum System. Long Island, New York (1975-76)
- Clerk Typist. Internal Revenue Service. Tillary Street Branch. Brooklyn, New York (1976)
- Free-lance photographer (1971-1975)