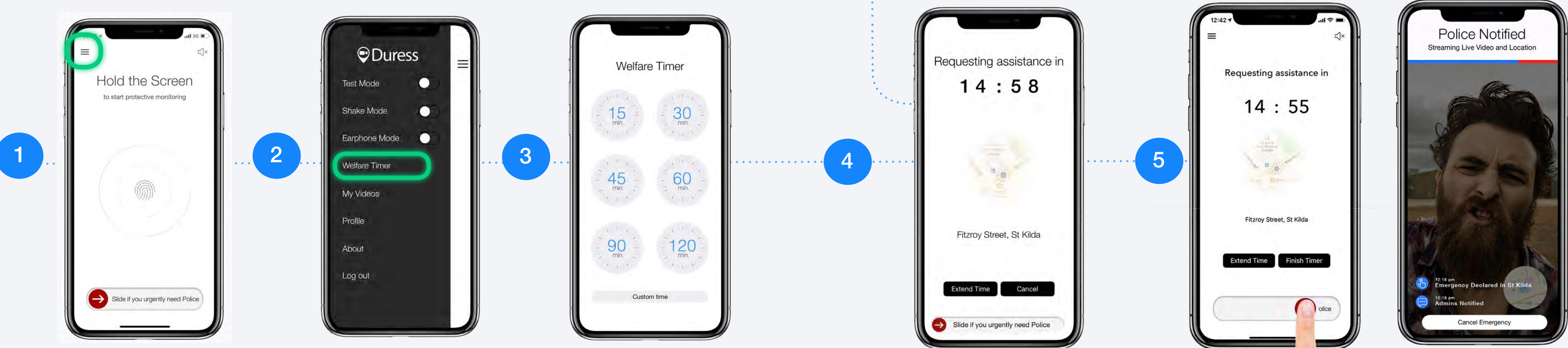


How to use Welfare Timer

(Works across all phones)

Set the welfare timer by selecting a length of time you would like to be monitored for. A alert will sound when time is low. You can choose to extend or cancel the timer if you are now safe. No response will activate Duress.



Step One

In the top left of your screen, you will see the hamburger menu icon. Press this to access your Duress App menu bar.

Step Two

Select 'Welfare Timer' from the menu.

Step Three

Set the welfare timer by selecting one of the preset times on the screen, or press the 'custom time' at bottom of the screen to set your own length.

Step Four

Timer will immediately pin point your GPS location and start the countdown.

Once your timer runs out?

When time is low, a warning sound will alert you to prompt you to either extend the time or cancel timer if you are now safe. Your phone will sound an alert at 1 minute, start vibrating at 30 seconds and will make a sound alert for the remaining 10 seconds.

Extend Time

Press the Extend Time button and choose an amount of time to add or a custom time.

Safe Now?

Press Finish Timer to cancel countdown once you feel safe.

Declaring an Emergency?

Declare an emergency at any time while using the timer by sliding the slider. An emergency will also declare if time runs out and you do not respond.