

Make a card ring with questions to ask your kids while driving to sports, activities, etc. Make up your own cards to expand the deck. Print, cut along dotted lines, hole punch and place on ring or tie together.



Were you kind to someone at school today?

What was the **NICEST** thing someone said to **YOU** today?

Tell me what you did to help someone today!

Did someone do something **NICE** to you today? How did that make you **FEEL**?

Did you **see** any unhappy kids today? How did you **feel** when you saw them? could you have helped?



Let's think of some ways that we can give back & help others.

How do you feel right now?
(Adult: Share how you feel too.)

Make a card ring with questions to ask your kids while driving to sports, activities, etc. Make up your own cards to expand the deck. Print, cut along dotted lines, hole punch and place on ring or tie together.

WHAT WAS THE
HIGHLIGHT
OF YOUR DAY? WHY?

Did you help a
TEACHER or other
adult at school today?

Did someone do
something **NICE**
to you today?
How did that make
you **FEEL**?

Let's think of
some ways that
we can give back
& help others,

Did you **see** any
unhappy kids today?
How did you **feel** when
you saw them? could
you have helped?



**How do you
feel right now?**
(Adult: Share how you feel too.)
